

Python Huntress Amy Siewe Launches Hunting Bravery Podcast

NAPLES, FL, UNITED STATES, August 20, 2026 /EINPresswire.com/ -- New show explores the courage to take life's biggest leaps through conversations with entrepreneurs, scientists, authors and change-makers. First four episodes now available.

Renowned python hunter, conservationist and motivational speaker Amy Siewe is inviting listeners on a different kind of hunt with the launch of her new podcast, Hunting Bravery. The first four episodes are now available across leading podcast platforms, including Apple Podcasts, Spotify, Amazon Music, and YouTube, and on pythonhuntress.com.



Renowned python hunter, conservationist and motivational speaker Amy Siewe is inviting listeners on a different kind of hunt with the launch of her new podcast, Hunting Bravery.

Known internationally as "The Python Huntress," Siewe has built a career by embracing uncertainty, overcoming fear and pursuing an unconventional calling. With Hunting Bravery, she applies those same lessons to everyday life, helping listeners confront the internal fears, limiting beliefs and self-doubt that often stand between them and the life they want to live.

"People often assume bravery means being fearless," said Siewe. "I've learned that bravery is choosing to move forward even when fear is present. Whether you're chasing a dream, changing careers, healing from adversity or simply trying to become a better version of yourself, every one of us is hunting something. This podcast is about giving people permission and practical tools to take that next brave step."

The podcast combines candid conversations with accomplished guests, Amy's personal experiences and actionable insights that encourage listeners to build courage one decision at a time. Rather than celebrating extraordinary heroics, Hunting Bravery explores the quiet moments that define lives and the difficult conversations, career pivots, personal reinventions

and daily choices that require courage.

The show's guiding philosophy is that bravery is not a personality trait, but a skill that can be practiced and strengthened. The inaugural lineup features guests whose personal and professional journeys offer unique perspectives on courage:

Episode 1: Todd Durkin (<https://www.linkedin.com/in/todddurkin>) – Courage in Motion
International fitness coach, author and motivational speaker Todd Durkin explores how physical discipline builds mental resilience, why consistency is one of the bravest choices people can make and how embracing discomfort creates lasting personal growth. Together, Durkin and Siewe examine how strength, discipline and purpose help people navigate life's greatest challenges.

Episode 2: Dr. Navin Goyal (<https://www.linkedin.com/in/navingoyalmd/>) – The Underdog Mindset

Physician, entrepreneur and investor Dr. Navin Goyal shares lessons from medicine, business and leadership, demonstrating how resilience, authenticity and embracing uncertainty help people transform setbacks into opportunities for growth. Listeners are encouraged to rewrite limiting narratives and trust their own path forward.

Episode 3: Dr. Julie Wilkes (<https://www.linkedin.com/in/julie-wilkes/>) – The Science and Soul of Bravery

Neuroscientist and author Dr. Julie Wilkes explains what happens inside the brain when fear takes over and why courage can be intentionally developed. The episode offers practical strategies for rewiring fear-based thinking, understanding the brain's survival mechanisms and building resilience through consistent daily habits.

Episode 4: Eric Pennington (<https://www.linkedin.com/in/ericpennington1/>) – Emotional Intelligence as Bravery

Spirit of EQ Managing Partner Eric Pennington discusses the relationship between emotional intelligence and courage, explaining why self-awareness, thoughtful responses and emotional honesty are essential to building resilience, strengthening relationships and leading authentically.

Future episodes will feature entrepreneurs, athletes, conservationists, authors, leaders and everyday people whose stories demonstrate that bravery comes in many forms. The series is designed to inspire listeners to challenge fear, embrace change and pursue lives of greater purpose through practical, relatable conversations.

New episodes of Hunting Bravery will be released regularly and are available at www.pythonhuntress.com, Apple Podcasts, Spotify, Amazon Music, YouTube, Podcast Addict, Podchaser, and Pocket Casts.

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About Amy Siewe

Amy Siewe, widely known as "The Python Huntress," is an invasive python hunter, conservationist, educator and motivational speaker who has built a career by pursuing an unconventional path with courage and purpose. Through television appearances, speaking engagements and now the Hunting Bravery podcast, she encourages others to overcome fear, embrace uncertainty and take bold steps toward the life they're meant to live.

About Hunting Bravery

Hunting Bravery explores what it means to act bravely, beyond heroics and headlines. Through Amy Siewe's lived experiences as a python hunter and conservationist, and candid conversations with guests who've chosen the harder, truer path, the podcast reframes bravery as a daily practice, rather than a personality trait. Hunting Bravery teaches the mindset shifts required to escape comfort-zone traps and "take the leap" to build a life of personal contentment. It features real stories and experiences that exemplify the bravery in all of us, and advice for living brave, purpose-filled lives.

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