

Solace Psychology & Wellness Honoured with 2026 Canadian Choice Award for Excellence in Psychology Services

Canadian Choice Award proudly recognizes Solace Psychology & Wellness as a 2026 award winner in the Psychology Services category.

EDMONTON, ALBERTA, CANADA, August 27, 2026 /EINPresswire.com/ -- [Canadian Choice Award](#) proudly recognizes [Solace Psychology & Wellness](#) as a 2026 award winner in the Psychology Services category, celebrating the clinic's commitment to clinical excellence, compassionate care, and meaningful community impact.



Congratulations Solace Psychology & Wellness

Based in Alberta, Solace Psychology & Wellness has built a reputation for providing high-quality, client-centred care through an integrated approach to mental health and wellness. Serving children, teens, adults, couples, and families, the practice brings together a collaborative team of fully registered and regulated health professionals who work closely together to deliver seamless, wraparound support tailored to each client's unique needs.

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Winning the Canadian Choice Award is an incredible honour for our team at Solace Psychology & Wellness.”

*Vanessa Goodchild, Founder
of Solace Psychology &
Wellness.*

What sets Solace Psychology & Wellness apart is its commitment to combining evidence-based care with a warm, welcoming environment where clients feel genuinely supported and empowered. The clinic's practitioners are extensively trained in leading therapeutic

approaches, including Eye Movement Desensitization and Reprocessing (EMDR), Dialectical Behaviour Therapy (DBT), and Cognitive Behavioural Therapy (CBT), ensuring clients receive research-backed care designed to create lasting positive change.

A particularly unique aspect of the practice is Kids Calm Cove, a dedicated play therapy space designed specifically for children. Through play, creativity, and art, children are provided with a safe and supportive environment to process emotional experiences, build resilience, and develop healthy coping skills.

"Winning the Canadian Choice Award is an incredible honour for our team at Solace Psychology & Wellness and a meaningful reflection of the passion, integrity, and clinical excellence that go into the work we do every day," said Vanessa Goodchild, Founder of Solace Psychology & Wellness. "This award represents the dedication of our entire team, from our practitioners to our support staff, who are deeply committed to providing exceptional, evidence-based care to children, adults, couples, and families."

The recognition reflects not only the quality of care delivered by the clinic but also the trust that clients, families, and referral partners place in the organization. Since receiving the award, Solace Psychology & Wellness has experienced increased visibility within the community and strengthened its position as a trusted provider of mental health and wellness services.

"For us, this recognition is not just about the award itself; it is about the trust our community places in us and the lives we have the privilege of being part of," Goodchild added. "It validates the vision we had in creating a collaborative, high-standard wellness practice and inspires us to continue raising the bar in the quality of care, innovation, and support we provide for the families we serve."

Beyond the clinic, Solace Psychology & Wellness is committed to creating meaningful impact throughout the community. By offering low-cost counselling options, the organization helps remove financial barriers to care and increase access to essential mental health services. The team also participates in school wellness initiatives, community education programs, fundraising events, and charitable activities that support local families and organizations.

One of the practice's most significant accomplishments this year was the expansion of its services through the opening of a second Alberta location. This milestone allows Solace Psychology & Wellness to extend its reach and provide high-quality, integrated care to even more individuals and families across the province.

The organization also continues to demonstrate its commitment to giving back through charitable contributions, including support for the Stollery Children's Hospital Foundation. These efforts reflect the clinic's belief that strong communities are built through both exceptional care and meaningful community involvement.

Looking ahead, Solace Psychology & Wellness remains focused on expanding access to high-quality mental health and wellness services while continuing to strengthen its collaborative model of care. With a growing team, expanding footprint, and unwavering commitment to excellence, the organization is well-positioned to support even more individuals and families in

the years to come.

The Canadian Choice Award recognizes businesses across Canada that demonstrate excellence in customer satisfaction, innovation, and community impact. Solace Psychology & Wellness' recognition reflects its dedication to helping individuals and families thrive through compassionate, evidence-based care and a commitment to building healthier communities.

A Celebration of Excellence in Canadian Businesses

Canadian Choice Award is a trusted symbol of business excellence across Canada. Each year, it celebrates businesses that stand out for their innovation, dedication, and positive impact, honouring the businesses Canadians know, trust, and support most. The organization is driven by a passion for supporting small and medium-sized businesses and helping them gain meaningful recognition within their communities.

With a growing national presence and an expanding vision, Canadian Choice Award continues to evolve its platform to serve both businesses and consumers better. The organization is actively exploring new initiatives to deepen engagement, strengthen community connections, and create additional opportunities for Canadian businesses to grow and be discovered.

About Solace Psychology & Wellness

Solace Psychology & Wellness is an Alberta-based multidisciplinary wellness practice dedicated to providing comprehensive, evidence-based care for children, teens, adults, couples, and families. Through a collaborative team of regulated health professionals, the organization offers integrated mental health, wellness, and preventive care services designed to support the whole person. Known for its client-centred approach, commitment to clinical excellence, and welcoming environment, Solace Psychology & Wellness continues to help individuals and families build resilience, improve well-being, and thrive.

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