

MagicBody Outlines Four-Stage Exam and Passing Standards for Its In-Person Regular Pilates Instructor Certification

11-week, 55-hour course: three practical exams, a 20-question written exam with a pass mark of 80 out of 100, three assignments and a 20-minute teaching exam.

SEOUL, SOUTH KOREA, August 22, 2026 /EINPresswire.com/ -- MagicBody (International Rehabilitation Pilates Association Co., Ltd., CEO Jaemin Seo) has laid out the four exam stages and the passing standards for the Pilates instructor certification in its in-person regular course.

People looking into instructor training frequently ask about the exams, MagicBody said. Tuition and course length are well documented, but exam procedures differ from one

organization to the next and are hard

to check beforehand. What happens to a student who does not pass, and whether a degree in exercise science is required, are common concerns as well.

The standards cover students in the 11-week, 55-hour in-person regular course. The exam runs in four stages, opening with three practical exams and continuing through one written exam, three assignments and one final teaching exam. A student must clear all four stages before the certificate is issued.

MagicBody's Pilates instructor qualification is listed as a registered private qualification, number 2017-003943, in the Private Qualification Information Service operated by the Korea Research Institute for Vocational Education and Training. It is registered under the name Pilates Instructor (in Korean, 피라테스 강사), and the International Rehabilitation Pilates Association manages the



A student practices a Reformer exercise at the MagicBody training studio. MagicBody has set out the four exam stages and passing standards for the Pilates instructor certification in its in-person regular course.

qualification. The refund policy, completion requirements and course schedule are on the official website.

Students take one practical exam each on the Mat, the Reformer and the Cadillac. In each exam the course instructor picks 10 exercises at random, and the student must perform at least seven of them correctly. The Chair and the Barrel are not part of the practical assessment.

The written exam is held once, in the later part of the course. It has 20 multiple-choice questions with four options each, and a student must score 80 or more out of 100 to pass. Questions come from five areas: anatomy, pathology, Pilates kinesiology, class sequencing and professional ethics. MagicBody gives students an exam guide and an outline of the question areas beforehand.

There are three assignments. The first is to write a teaching script for a mat exercise the student chooses. The second is to record the student teaching a client with that script and submit the video. The third is to write a 50-minute Pilates sequence based on the course material.

Students take the final teaching exam on the last day of the course. They teach the seven exercises that make up the first 20 minutes of the 50-minute sequence they wrote and submitted, as they would in an actual class.

A student who does not pass arranges a new date with the course instructor and takes the exam again. MagicBody said it charges nothing extra for the exams or the retakes. The company also said attendance and repeated practice matter enough that it advises against enrolling when a student expects three or more absences.

MagicBody pointed to hiring practices as its reason for putting the teaching exam last. Jaemin Seo, CEO of MagicBody, said, "Studios almost never look at the name of the association when they hire an instructor. They usually run a teaching test." He explained, "Studios decide based on whether a candidate can show on the spot why the exercises come in that order, and how they would run the class for a client in a given condition." Seo said the purpose of the certification exam is "to check whether someone has the skills to work as an instructor in the field."

The curriculum also places the teaching exam in the final week. In Week 11 students take that exam and receive the certificate. The same week covers studio work arrangements and job openings, resume and cover letter writing, interview preparation, and one-on-one coaching for interviews and teaching.

About MagicBody

MagicBody is a specialist rehabilitation Pilates instructor training brand operated by the International Rehabilitation Pilates Association Co., Ltd. Founded in 2012 and led by chief executive Jaemin Seo, it has trained 6,438 instructors over 14 years and has built up instructor-

training records across that period, with graduates working in 36 countries. It runs an 11-week, 55-hour in-person regular course and issues the registered private qualification "Pilates Instructor" (registration No. 2017-003943, managed by the International Rehabilitation Pilates Association). The refund policy, completion requirements and course schedule are on the official MagicBody website (www.magicbodypilates.co.kr).

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