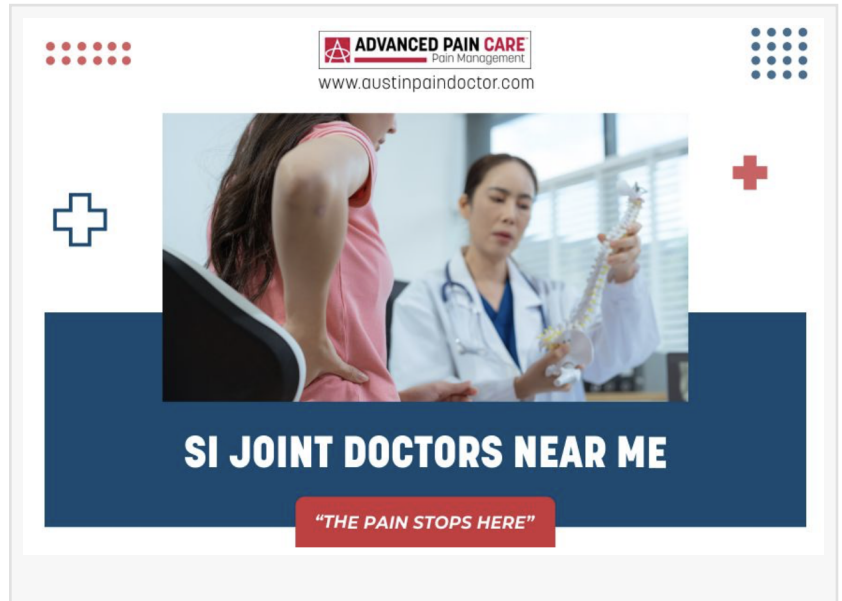


Advanced Pain Care Highlights How Sacroiliac Joint Fusion Surgery Can Provide Long-Term Relief for Chronic SI Joint Pain

AUSTIN, TX, UNITED STATES, August 24, 2026 /EINPresswire.com/ -- Persistent low back, hip, buttock, or pelvic pain can make it difficult for people to determine what is causing their discomfort. The sacroiliac (SI) joint may be an important source of chronic pain and decreased mobility for many patients. Advanced Pain Care is continuing to expand its treatment offerings to help patients receive specialized care for SI joint pain in Central Texas.



The SI joints are located between the lower spine and pelvis, joining the upper body to the pelvis. These joints act as a link between the upper and lower body during standing, walking, and other daily activities. Patients experiencing SI joint inflammation, irritation, or damage may develop pain that interferes with daily life, work, exercise, and quality of life.

Individuals searching for pain management professionals for SI joint pain can access specialists knowledgeable about SI joint issues. Advanced Pain Care places significant emphasis on investigating the origin of pain and designing treatment programs specific to the needs of each patient.

There are several reasons SI joint pain can develop. Discomfort in this area may be caused by injury, arthritis, changes related to pregnancy, repetitive stress, or previous spinal surgery. Symptoms can sometimes resemble those of other lower back or hip issues, which is why proper evaluation is important for accurate treatment. Advanced Pain Care provides a full range of treatment options for SI joint concerns. Treatment can include conservative care, directed injections, physical therapy referrals, medication management, or other interventional pain procedures, depending on the patient's condition, medical history, and response to prior treatments.

The aim of an individualized treatment program is to help patients manage pain while maximizing movement and function. Diagnostic testing can help identify whether the SI joint is the source of a patient's pain. This process supports future treatment planning and helps ensure care is aligned with the patient's condition. When pain persists despite non-surgical treatment, more advanced options may be considered. For select patients, sacroiliac joint fusion may be an option when the SI joint is determined to be a major contributor to chronic pain and other treatments have not provided relief.

For appropriate candidates, a minimally invasive approach may be used. Treatment and procedure selection vary depending on symptoms, imaging results, general health, and prior treatments. Before undergoing a procedure, patients are encouraged to consult a qualified medical provider about the advantages, disadvantages, and recovery period involved. As advanced treatment options for SI joint problems become more available in Central Texas, demand continues to grow for specialized pain care personalized to each patient. Rather than relying on a single method, pain specialists assess each patient's situation to determine the most appropriate strategy based on individual needs.

Before undergoing sacroiliac joint fusion surgery, patients are encouraged to obtain a complete medical assessment. A specialist can evaluate whether the SI joint is the source of pain and whether surgery is an appropriate option. Treatment decisions are always based on the patient's medical history, diagnosis, symptoms, and response to non-surgical therapies. Advanced Pain Care encourages patients experiencing ongoing SI joint pain to seek professional evaluation to help prevent chronic pain. An early assessment can help determine the cause of symptoms and clarify available treatment options.

For more information: <https://austinpaindoctor.com/si-joint-fusion-austin-tx>

About APC

Advanced Pain Care in Austin, TX delivers comprehensive, patient-centred treatment for chronic pain conditions. The multidisciplinary team specializes in Pain Management, Rheumatology, Neurosurgery, Neurology, Opioid Stewardship, Behavioural Health, Physical Therapy, and Pharmacy services. Through evidence-based, minimally invasive solutions and coordinated care, Advanced Pain Care helps patients reduce pain, restore function, and improve overall quality of life.

Media Relations

Advanced Pain Care

Central_clinic@advancedpaincare.us

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