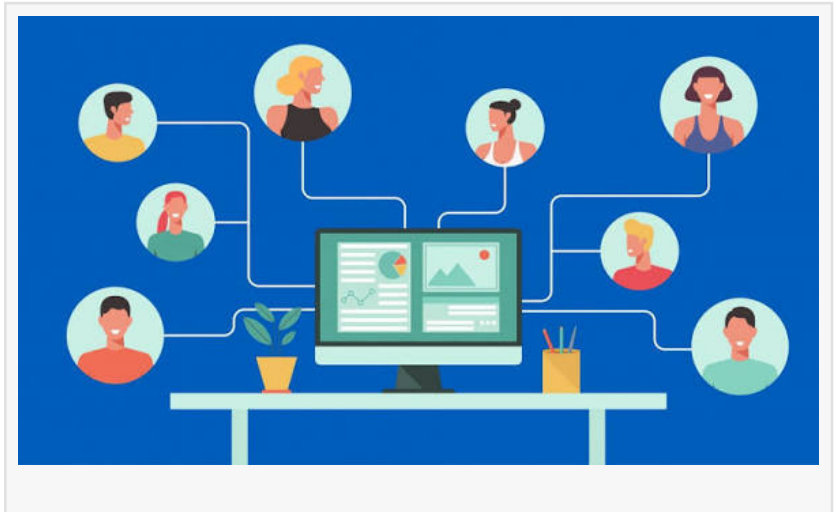


Controlio Highlights Growing Role of Workplace Tech in Driving Productivity and Smarter Workforce Management in 2026

NY, UNITED STATES, August 21, 2026 /EINPresswire.com/ -- [Controlio](#), a workforce productivity and employee monitoring software provider said it will continue to work towards helping organizations better understand how their employees spend their hours at work, how to identify productivity trends and how to make better decisions about their workforce.



Businesses are increasingly finding new ways to enhance efficiency with AI and digital workplace tools taking a prominent role in most productive tasks. The study by the St. Louis Fed revealed that employees who adopted Generative AI reported saving [5.4% of their work hours](#), which amounts to about 2.2 hours of work time per week for a 40-hour work week. The average time saved by all workers, including those who did not use generative AI, was 1.4% of total hours.

But, for businesses, it isn't enough to just assume where the time is being saved, it's also important to understand where it is still being lost. Knowing the work patterns, usage of applications and web pages, workloads, and employee activity is vital for organizations.

Controlio aims to deliver that visibility via workforce productivity analytics, time tracking, activity monitoring over apps and web, performance trends, and workload insights. It allows organisations to analyse their productivity trends by person and team and work in an office, remote and hybrid environment.

"Organizations must have trusted information to see the effect of the technology on their business," said a Controlio spokesperson. By transforming work into information, companies can pinpoint inefficiencies, streamline workflows and make better decisions about organizing work.

The platform allows organisations to analyse productivity patterns on a per-person and per-

team basis, thus helping to identify activities that [use less time](#) and tasks that could be more efficiently completed by employees in different ways so that they can work in the office, remotely and in hybrid settings.

As more employees turn toward AI, it's more important than ever to know how they are using technology in the workplace. The St. Louis Fed research concluded that AI adopters who use generative AI more often reported higher levels of time saved and estimated that the aggregate productivity impact of time saved was 1.1%.

Controlio seeks to enable companies to capitalize on these productivity opportunities made possible by technology by offering objective workforce data. Instead of relying on guesswork on employee activities or manual time tracking, businesses can leverage real-time data to optimize workflows, balance workloads and find bottlenecks.

It's cloud-based and on-premises, and supports businesses in various industries and workforce structures. Controlio also offers a free trial and online demo for businesses looking to test out its workforce monitoring and productivity functionality.

About Controlio

Controlio is a workforce productivity and employee monitoring solution that enables organisations to track productivity, understand employee activity, manage working time and to see the productivity of their office, remote and hybrid teams. It offers productivity analytics, time tracking, app and website tracking, workload analytics, performance trends, behavior alerts, and optional screen recording.

Learn more about Controlio at Controlio.

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