

NASP's PREPaRE Program Helps Schools Strengthen Crisis Preparedness, Response, and Recovery

Research-backed school safety framework equips educators and mental health professionals to prepare for crises and support students and staff.

BETHESDA, MD, UNITED STATES, August 24, 2026 /EINPresswire.com/ -- As schools nationwide prioritize safety, crisis preparedness, and student mental health, the National Association of School Psychologists (NASP) is highlighting PREPaRE, its comprehensive framework for helping schools prevent and prepare for crises, respond effectively when emergencies occur, and support the recovery of students and staff.

Developed specifically for K–12 school settings, PREPaRE integrates school safety and crisis management with psychological and mental health supports. The framework is detailed in The PREPaRE Model, Third Edition, a two-volume book set available from NASP.

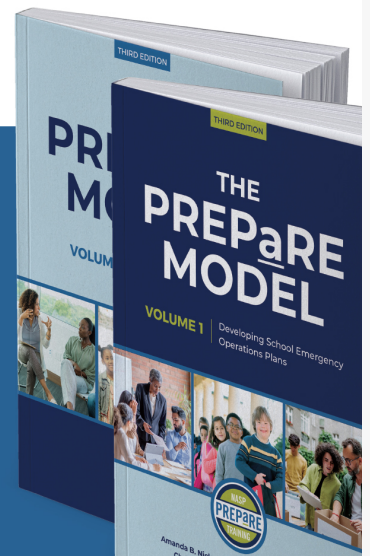
“Effective school crisis preparedness is about much more than knowing what to do in the first few minutes of an emergency. Schools need systems that support prevention, coordinated response, and psychological recovery for the entire school community,” said Stephen E. Brock, PhD, NCSP, co-author of PREPaRE. “PREPaRE gives schools a practical, research-informed framework for building those systems before a crisis occurs, so they can better protect and support students.”

A Comprehensive Approach to School Crisis Preparedness

School crises can range from natural disasters and accidents to violence, deaths, and other

Do You Know How to HANDLE CRISES?

Learn to assess the psychological impact of a crisis, reaffirm safety, deliver multitiered supports, and strengthen your emergency plans.



www.nasponline.org/preparebooks

School crises demand preparation, coordination, and an evidence-based response. The third edition of the PREPaRE Model provides practical guidance to help school teams strengthen emergency planning, assess the psychological impact of crises, and deliver a

events that can significantly disrupt a school community. PREPaRE helps schools establish systems for addressing these events before they happen, rather than relying on decisions made during an emergency.

Designed for school mental health professionals, administrators, educators, school resource officers, and multidisciplinary crisis teams, PREPaRE addresses both physical and psychological safety.

The third-edition books cover two complementary areas:

- Volume 1 focuses on comprehensive school safety and crisis planning, including prevention, protection, mitigation, response, and recovery.
- Volume 2 focuses on crisis intervention and recovery, including trauma-informed and multitiered approaches to meeting psychological needs following a crisis.

Together, the volumes provide school and district professionals with practical guidance for strengthening crisis preparedness, coordinating response, and supporting recovery.

In addition to the PREPaRE books, NASP offers PREPaRE workshops in the United States and internationally, providing school professionals with training in the model's crisis prevention, preparedness, response, and recovery practices. More than 75,000 professionals worldwide have been trained through PREPaRE workshops, helping schools and districts build the knowledge and skills needed to put the model's principles into practice.

Learn more and purchase the PREPaRE two-volume set:

<https://apps.nasponline.org/resources-and-publications/book-store.aspx>

Learn more about PREPaRE workshops:

<https://www.nasponline.org/professional-development/prepare-training-curriculum>

Experts Available for Media Interviews

PREPaRE authors are available for interviews on school crisis prevention, preparedness, response, and recovery, including the role of mental health in school safety, common gaps in crisis preparedness, supporting students and staff following traumatic events, and what schools can do now to strengthen their readiness.

About the National Association of School Psychologists

The National Association of School Psychologists (NASP) is a professional association representing more than 24,000 school psychologists, graduate students, and related professionals throughout the United States and around the world. As the world's largest organization of school psychologists, NASP works to advance effective practices to improve students' learning, behavior, and mental health. Learn more at www.nasponline.org.

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