Mindful MITATE Tea Ceremony Comes to Hotel Chinzanso Tokyo’s Japanese Garden: A Tranquil Tea Experience

This new intimate cultural experience explores Japanese aesthetics and mindfulness through a tea ceremony led by ceramic artist and tea master Shota Yamada.

The Mindful MITATE Tea Ceremony experience, right in front of the historic three-story pagoda at the Chinzanso garden, will also be held during spring, coinciding with the cherry blossom season.

TOKYO, JAPAN, August 27, 2026 /EINPresswire.com/ -- Hotel Chinzanso Tokyo introduces the Mindful MITATE Tea Ceremony, a new cultural experience for overnight guests. Hosted by Shota Yamada, an internationally recognized ceramic artist and tea master, the activity takes place in the hotel's seasonal garden amid historic landmarks, and includes English-language support. As a highlight of the experience, the hotel will open the area in front of its three-story pagoda, a nationally registered tangible cultural property that is not normally accessible to guests.

During the session, participants will first select a tea bowl at one of the garden’s traditional teahouses, Zangetsu, examine it carefully, and share their impressions as Mr. Yamada guides the conversation. The group will then move outside to the lawn in front of the three-story pagoda where guests observe Mr. Yamada prepare tea before trying it themselves. Depending on the weather and timing of the experience, participants may also encounter the hotel's multilayered mist installation, Tokyo Sea of Clouds – YAKUMO –.

The experience centers on "mitate," a Japanese aesthetic concept of viewing an object and discovering personal meaning in it—reflecting a shared approach between Mr. Yamada and Hotel Chinzanso Tokyo, both of whom draw on Japanese traditions while presenting them in ways that resonate with contemporary audiences. The lawn, opened exclusively for this activity,

sits right in front of the hotel's three-story pagoda, a nationally registered tangible cultural property.

“This new activity offers insight into the subtle nuances of the Japanese tea ceremony tradition while encouraging participants to reflect on their own perspectives," explains Tomohiko Chihiro, General Manager of Hotel Chinzanso Tokyo. “We are excited to collaborate with Shota Yamada and offer our guests this one-of-a-kind experience."

The Mindful MITATE Tea Ceremony experience inside of the Zangetsu teahouse at Hotel Chinzanso Tokyo.

Media representatives interested in tours or official photos may contact the press office at chinzanso_pr@tam-tam.co.jp.

Details:

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> *Tomohiko Chihiro, General Manager of Hotel Chinzanso Tokyo*

• Reservations open in mid-September for the approximately 60–90 minute activity, available from October to December 2026 and again from March to June 2027.
• Visit the official website for details and reservations.

About Hotel Chinzanso Tokyo
Hotel Chinzanso Tokyo is one of the city’s most iconic luxury hotels with over 70 years of history. The property includes 265 guest rooms/suites, eight restaurants, an executive lounge, 38 meeting/banquet rooms, and a full-service spa with a Japanese onsen. Its award-winning garden has a wide variety of botanicals, including approximately 100 cherry trees and 1,000 camellia trees. The standout feature of the garden is the ‘Tokyo Sea of Clouds,’ a recreation of the natural phenomenon that can usually only be found in the mountainous regions of Japan. The hotel is owned and managed by Fujita Kanko Inc., a publicly-traded tourism industry corporation headquartered in Tokyo.

For more information, please visit:
https://hotel-chinzanso-tokyo.com/

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