



Within Health Announces the 5th Annual Within Summit, Taking Place October 6–9, 2026

Virtual conference offers free attendance and CE-accredited tracks, bringing together clinicians, researchers, and advocates to advance eating disorder care.

FL, UNITED STATES, August 25, 2026 /EINPresswire.com/ -- Within Health, a leader in remote eating disorder treatment, today announced the 5th annual Within Summit, a virtual conference taking place October 6–9, 2026, with free general attendance and paid tracks offering up to 12 Continuing Education credits. The four-day event will bring together clinicians, researchers, care communicators, and advocates for a week of continuing education, roundtable discussions, and cross-disciplinary conversation focused on building a more inclusive future for eating disorders and mental health care.

Since its founding, Within Summit has grown into one of the field's most anticipated gatherings, drawing speakers and attendees from organizations including Project HEAL, the National Alliance for Eating Disorders, UCLA Resnick Neuropsychiatric Hospital, Massachusetts General Hospital, and Harvard Medical School, alongside coverage from outlets such as The New York Times, Forbes, and The Washington Post.

"Within Summit was born out of a simple belief: that real progress in eating disorder care happens when clinicians, families, media, and advocates are in the room together, learning from one another," said Dr. Wendy Oliver-Pyatt, Co-Founder, CEO, and Chief Medical Officer of Within Health. "Five years in, this Summit has become a place where everyone in our space comes together to challenge old assumptions and build a more compassionate, accessible standard of care for everybody, everywhere."

This year, Within Summit is gathering the brightest minds across healthcare, grassroots advocacy, and media for a transformative, interdisciplinary event. For too long, systemic disparities, socioeconomic barriers, and identity-based stigma have dictated who gets access to life-saving recovery and Within Summit exists to help create a more inclusive path forward. Through insightful educational panels, dynamic discussions, and collaborative sessions, the 2026 Within Summit will dissect how eating disorders intersect with broader health inequities and diet culture, examine the media's power in shaping public perception, harness the energy of non-profits, and build actionable, equitable strategies to transform the healthcare landscape.

"Reaching our fifth year is a testament to how much this community has grown," said Abhilash Patel, Co-Founder and President of Within Health. "What started as an effort to open up access to high-quality eating disorder education for clinicians, care communicators, and students has become a genuine vantage point for the field."

About Within Summit 2026

Within Summit exists to encourage continued education and collaboration between care providers and care communicators, working toward a more inclusive clinical experience for everybody, everywhere. The 2026 program will feature keynote sessions, integrated roundtables, and track-specific content across three core areas:

- Continuing Education: evidence-based treatment modalities and multidisciplinary care approaches for healthcare professionals and students
- Care Communicators: media literacy, safe content creation, and the role of design and technology in the future of care, designed for families, students, media, and communications professionals
- Payers & Systems: sessions for payers, insurers, health systems, providers, and consumer tech and wellness organizations

Continuing Education: Up to 12 CE credits will be available to attendees pursuing continuing education, with programming approved in conjunction with CE Learning Systems and recognized by the American Psychological Association and the New York State Education Department's State Boards for Social Work, Mental Health Practitioners, and Psychology.

Registration

Registration for Within Summit 2026 is now open. General attendance is free for individuals not seeking Continuing Education credit. Attendees pursuing CE credit can register for \$150, which includes access to all eligible sessions, documentation of participation, and an official CE certificate for up to 12 credits.

To register, visit: <https://within-health.ce-go.com/within-summit-2026>

For more information on speakers, tracks, and the full agenda, visit withinsummit.com.

About Within Health

Within Health (withinhealth.com) is a physician-founded, clinically led, and intentionally designed fully remote eating disorder treatment provider. The program delivers comprehensive, personalized care at enhanced Partial Hospitalization (PHP) and Intensive Outpatient (IOP) levels through integrated therapy, remote patient medical monitoring, advanced nutrition support, and individualized meal interventions. Named a Forbes Top Startup Employer in 2025 and 2026,

Within maintains an average clinical staff tenure of over two years and a turnover rate of just 3.24%, significantly lower than industry standards. With proprietary technology, evidence-based protocols, and consistently strong clinical outcomes, Within sets the benchmark for accessible, effective, and lasting eating disorder treatment. To learn more about Within and its mission, visit <https://withinhealth.com>.

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