

Louisville and Radcliff Pain Clinic Integrates Radiofrequency Ablation to Reduce Patient Reliance on Daily Medication

Kentuckiana Pain Specialists is using advanced nerve procedures to help chronic pain patients find lasting relief without relying on daily pills.

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Kentuckiana Pain Specialists, led by board-certified physician [Dr. Ajith Nair](#), is expanding its use of Radiofrequency Ablation (RFA) to treat chronic back and neck pain. The goal of this rollout is straightforward: give patients a way to achieve long-term relief without having to rely on daily oral medications.



Interventional Pain Management in Louisville & Radcliff, KY

Healthcare providers nationwide are actively looking for better alternatives to long-term opioid prescriptions. Kentuckiana Pain Specialists is addressing this locally by focusing on the physical source of the pain instead of just masking the symptoms. RFA works by using highly precise, image-guided heat to temporarily stop specific irritated nerves from sending pain signals to the brain.

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We are doing everything in our power to ease medication dependence. Our core values drive us to push for proper, root-cause care first and only rely on daily pills when absolutely necessary.”

Dr. Ajith Nair

“We always want to find and treat the mechanical root of a patient's pain,” said Dr. Ajith Nair, founder and medical director of the practice. “By focusing on advanced interventional procedures like RFA, we can offer months of sustainable relief. This helps patients avoid the side

effects, tolerance issues, and dependency risks that come with taking daily oral medications.”

The procedure itself is minimally invasive and performed entirely in an outpatient setting. There are no incisions, and recovery time is very short. Patients dealing with chronic arthritis in their

neck or lower back are often the best candidates for RFA, especially if they have already seen positive results from diagnostic nerve blocks.

Bringing these advanced techniques to the forefront allows the clinic to push a whole-person approach to care. It ensures patients across Jefferson and Hardin counties have access to effective, non-pharmacological pain management options.

About Kentuckiana Pain Specialists Serving the Louisville and Radcliff communities, Kentuckiana Pain Specialists provides comprehensive interventional pain care. Led by Dr. Ajith Nair, the practice specializes in advanced neuromodulation, targeted injections, and non-opioid pain therapies. The practice also operates a Joint Commission accredited ambulatory surgery center dedicated to safe, high-quality outpatient care.

For more information or to request an appointment, visit kentuckianapainspecialists.com.

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