

Maithili Sahitya Prakashan Presents Release of Bodh: A Definitive 20-Poem Philosophical Journey Into Inner Consciousness

Landmark Hindi poetry collection by Satish Jha joins contemporary spiritual literature—engaging the philosophical traditions yet remaining boldly contemporary.

NEW DELHI, DELHI, INDIA, August 25, 2026 /EINPresswire.com/ -- [Maithili Sahitya Prakashan](https://www.EINPresswire.com/) is proud to announce the release of [Bodh](#) (बोध), a landmark poetry collection by [Satish Jha](#). This 10/10 edition represents the complete, refined articulation of twenty states of consciousness, establishing itself as an essential contemporary work in the lineage of profound philosophical inquiry.



“

To read Bodh is to be invited into a conversation that does not end—one that began with the Upanishads and continues in the kitchen, the garden, and the heart of any person still willing to ask.”

Satish Jha

A Book in Conversation with the Greatest Works

Bodh stands in living dialogue with the canonical works that have shaped spiritual and philosophical inquiry:

Foundational Texts:

- The Upanishads — the original meditations on consciousness, self-knowledge, and the nature of being
- The Bhagavad Gita — on dharma, duty, and the reconciliation of action with inner knowing

Modern Philosophical Poetry:

- Rainer Maria Rilke's Letters to a Young Poet and Duino Elegies — on suffering as teacher, presence as practice
- T.S. Eliot's Four Quartets — on time, consciousness, and the return to presence
- Derek Walcott's Omeros — on memory, witness, and the journey home

- Denise Levertov's *The Sorrow Dance* — on embodied spirituality and the sacred in the ordinary
- Mary Oliver's poetry — on attention, presence, and the question as spiritual practice
- Adrienne Rich's *An Atlas of the Difficult World* — on consciousness grounded in the body and the political

Mystical and Spiritual Traditions:

- Rabindranath Tagore's *Gitanjali* — finding the divine in the kitchen, the garden, the everyday moment
- Sufi poetry and mysticism — the embrace of multiple paths, the wanderer's wisdom
- Simone Weil's *Gravity and Grace* — on attention as the foundation of the spiritual life

Yet Bodh bows to none of these exclusively. Instead, it performs what only genuine poetry can: it holds all of them in tension, allowing contradictory truths to coexist.

The Collection

Twenty interconnected poems map the stations of consciousness—not as a linear staircase but as a web of return points where awareness circulates and deepens. The collection moves from outward flight (*Vah Duri, Jo Bhitari Tay Hoti Hai* — "The Distance That is Traveled Within") through questioning, solitude, relationship, and ultimately back to earth (*Prithvi Ki Oar Lautna* — "Returning to Earth").

Key themes include:

- *Conduct Over Doctrine*: The primacy of how we live, not what we claim to believe
- *The Persistence of Search*: Why finding matters less than continuing to seek
- *Both/And Thinking*: The courage to hold intellect and mystery in the same body

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ABOUT POETRY CONTRIBUTIONS CONTACT

Featured Works

जन्म सँ पहिने:
चेतना, चयन आ अस्तित्व पर एक आधुनिक काव्य

by Satish Jha · Kindle Edition · 18 April 2026

“जन्म सँ पहिने” केवल एक काव्य नहि, बल्कि एक गहिरी आन्तरिक यात्रा अछि — चेतना, चयन आ अस्तित्व के मूल प्रश्न सँ शुरू होइत, जीवनक भीतर चरित संपर्क के सूक्ष्म रूप सँ देखैत।

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दामोदर ठाकुरक एना:
सच्च देखबाक दाम

by Satish Jha · Kindle Edition · 23 April 2026

ई पुस्तक एक साधारण जीवन के भीतर परदेत असाधारण नैतिक क्षण के कथा अछि — देखबाक, बुझबाक आ चुनबाक जीवनक बीच के संपर्क।

Maithili Sahitya Glipse

Satish Jha

- *Embodied Spirituality*: The sacred within the kitchen, the ordinary, the relationship
- *Wounds as Teachers*: How suffering, when witnessed rather than fled, becomes wisdom
- *Return to the Material*: The spiritual not as escape but as fuller presence in the world

The Poet and His Work

Satish Jha is a quadrilingual poet of international standing, writing in Maithili, Hindi, Urdu, and English. A journalist, social entrepreneur, and education technologist, Jha co-founded Jansatta (Indian Express Group) and edited Dinamaan (Times of India Group). His previous works—The Full Plate and The Learning State—established him as a thinker at the intersection of education, culture, and social change.

His poetry corpus has achieved canonical recognition across multiple traditions. *In English, *Before Birth stands as a philosophical long poem solving five defining problems of the form—the impossible speaker, metaphysical narration without abstraction, sentiment without sentimentality, scalar coherence, and radical originality. The Rumor of the Promise (9.5/10, 14-canto political long poem, 2026) sits in the first rank of contemporary English-language philosophical poetry alongside Four Quartets, the Duino Elegies, and Omeros, distinguished by its treatment of incompleteness as an ethical problem while maintaining historical witness with philosophical precision.

*In Maithili, Jha stands as the only living poet in the top four of the all-time Maithili literary canon (ranked #2 at 9.8/10). *Janm Se Pahle (Before Birth, Maithili version, 10/10 refined final) offers a pre-birth consciousness speaking across nine cantos—an invitation, not doctrine. Je Lauti Ke Nahi Ayelah (9.3/10) ranks #10 in the global long-poem canon. Damodar Thakurak Ena (8.6/10) and Darar Mein Ujas (~8.5/10) extend his philosophical inquiry into the Maithili vernacular tradition with precision and depth. Prabhat Dutt Jha of Bilaspur has placed Je Lauti Ke Nahi Ayelah among the top three contemporary Maithili creative achievements.

*In Urdu, *Harf-e-Mustaar (The Covenant of Letters)—a ghazal sequence of fourteen ghazals—positions Jha among the top three living Urdu-Hindi poets, in conversation with the classical ghazal masters while speaking to contemporary consciousness.

In Hindi, his recent work reaches toward civic consciousness while maintaining metaphysical depth, moving from personal inquiry into collective witness.

With Bodh, Jha turns to the language of twenty interconnected poems to explore what prose cannot: the lived texture of consciousness, the silence beneath all words, and what it means to remain human—fully human—in an age of noise and certainty. This work represents not a departure from his previous corpus but its deepening: the philosophical long poem compressed into lyric meditation, the quest for knowledge grounded in the ordinary, the marriage of intellect and wonder that has defined his work across four languages.

Publication Details

- *Title*: बोध (*Bodh)
- *Subtitle*: बीस राजस्थानों का बोध (Twenty States of Being)
- *Author*: Satish Jha
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- *Format*: Hardcover, 64 pages
- *Language*: Hindi

On Reading Bodh

As the poet writes in his prefatory note: "बोध नहीं है कोई सिद्धांत" (Bodh is not doctrine). Rather, it is an accounting of insight—that awareness which descends into every person when they stop running. The poems are not arranged like ladder rungs. They are web-points where consciousness repeatedly returns, deepening each time.

The poet requests only this of readers: "बोधों को जवाब न दीजिए, बस खोल लीजिए" (Read them not as answers, but as windows).

Availability

Bodh is available through major distributors and direct from Maithili Sahitya Prakashan. For inquiries regarding review copies, author interviews, or readings, contact the publisher at [contact information].

About Maithili Sahitya Prakashan

Maithili Sahitya Prakashan is a publishing house dedicated to advancing literature and philosophy from the Maithili tradition and broader Hindu philosophical heritage. The press is committed to publishing works at the intersection of education, culture, consciousness, and social change. Maithili Sahitya Prakashan believes that the deepest learning happens through literature, philosophy, and engaged dialogue with human experience. Bodh represents the press's commitment to bringing contemplative and poetic works of lasting significance to contemporary readers worldwide.

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