

Food and Fangs Serves Up Vampire Romance, Culinary Rivalry, and a Story of Reclaiming Life

Sayla Masse blends paranormal romance, fine dining, humor, and found family in a story about choosing humanity, community, and love after hardship.

NEW YORK CITY, NY, UNITED STATES, August 25, 2026 /EINPresswire.com/ -- Author Sayla Masse combines paranormal romance, culinary drama, and emotional resilience in *Food and Fangs: A Monster Hotel Story*, following Cassandra, known as Cooky, a centuries-old vampire and gifted chef who can create extraordinary meals but can no longer taste them. After enduring a painful past under the control of a cruel French vampire, Cooky now commands the kitchen of a luxury woodland hotel in Montauk. Cooking remains her connection to humanity, allowing her to create pleasure for others even when she cannot experience the flavors herself.

Cooky's carefully managed existence changes when celebrated French chef Jean Claude arrives at the hotel under false pretenses. His presence immediately disrupts both her kitchen and emotional defenses, creating a fierce culinary rivalry accompanied by sharp banter and growing attraction. Yet *Food and Fangs: A Monster Hotel Story* reaches beyond romantic tension. Jean carries secrets of his own, while Cooky must confront desires and vulnerabilities she has spent decades suppressing. Against a backdrop of demanding dinner services and supernatural hotel life, their relationship becomes part of a larger story about second chances and connection.

Masse created *Food and Fangs: A Monster Hotel Story* from her love of food and vampires, while using both to explore how people who create art are not always able to enjoy what they make. Cooky's inability to taste transforms that idea into a defining part of her existence. Despite what has happened to her, she continues pursuing the craft she loves and uses it to create a safe space for others. Her persistence reflects the book's deeper message that being hurt or broken does not erase a person's worth or capacity to offer kindness and support.



Food and Fangs by Sayla Masse

While written with adult fans of paranormal and monster romance in mind, *Food and Fangs: A Monster Hotel Story* also emphasizes community, found family, humor, resilience, and self-determination. Masse deliberately works with familiar vampire conventions while overturning expectations surrounding them. Cooky rejects the monstrous identity imposed upon her and instead clings to humanity through cooking, even though she cannot consume the meals she creates. Vivid descriptions of food therefore carry emotional significance, representing longing, creativity, memory, and her refusal to abandon the parts of herself that still bring meaning.

Sayla Masse places Cooky's agency at the heart of *Food and Fangs: A Monster Hotel Story*. Romance and attraction are important elements, but the protagonist's journey ultimately centers on her ability to reclaim herself rather than wait for someone else to rescue her. Through kitchen rivalry, supernatural complications, found family, and an unconventional love story, Masse presents strength as something supported by community but ultimately chosen by the individual. The result is a playful yet emotionally grounded story about continuing to create, care, and love even when life has taken something precious away.

The book is available at:

<https://a.co/d/0cOnxkv6>

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