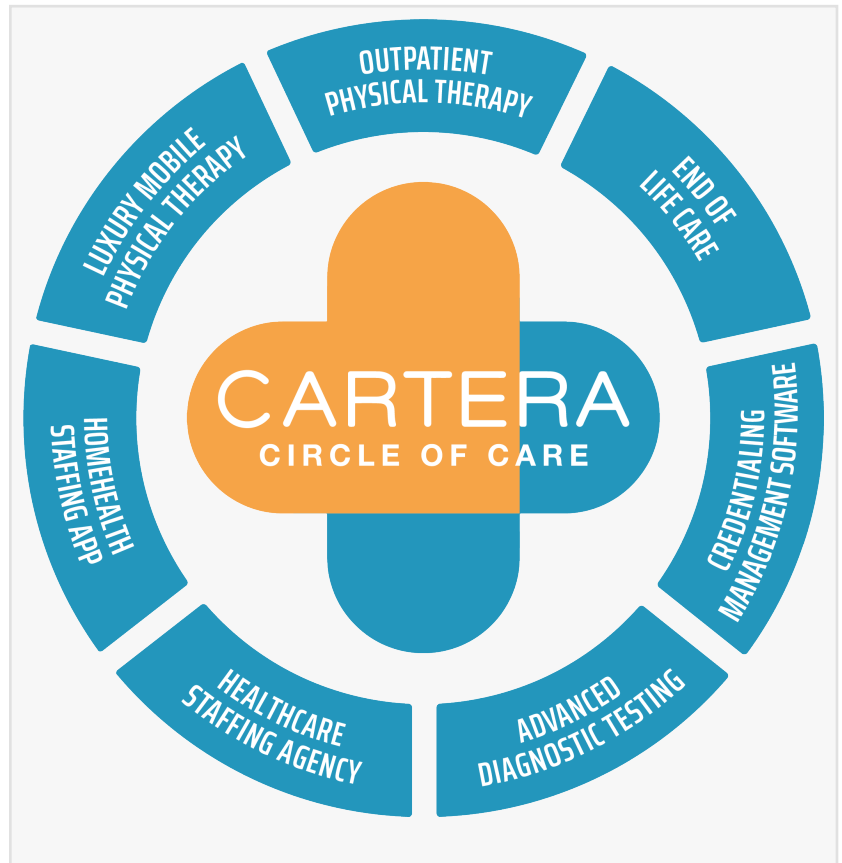


Cartera Health Achieves Rare Milestone: Three Companies Named to 2026 Inc. 5000

White Orchid Hospice, Sterling PT & Wellness, and Sterling Staffing Solutions Earn Spots on the National List in a Rare Three-Company Sweep

HOUSTON, TX, UNITED STATES, August 26, 2026 /EINPresswire.com/ -- Cartera Health today announced that all three of its operating companies have been named to the 2026 Inc. 5000 list, the annual ranking of the fastest-growing private companies in America. The list is the most prestigious ranking of the nation's most successful independent and entrepreneurial businesses, recognizing companies that have achieved remarkable growth while driving innovation, creating jobs, and shaping the future of the economy. Past honorees include companies such as Microsoft, Meta, Chobani, Oracle, and Patagonia.



The 2026 placements are:

[White Orchid Hospice — No. 1,407](#), with 251 percent three-year revenue growth. The company also appeared on the 2025 list at No. 1,815, climbing more than 400 positions year over year.

[Sterling Physical Therapy & Wellness — No. 4,109](#), with 56 percent three-year revenue growth. The company was previously named No. 128 on the 2025 Inc. Regionals: Southwest list.

[Sterling Staffing Solutions — No. 4,300](#), with 49 percent three-year revenue growth. The company is a repeat honoree, having appeared on the Inc. 5000 in 2016, 2017, 2018, 2019, 2024, and 2025.

“This list measures one thing: growth over three years. There is no nomination and no committee — only results. That is why this recognition belongs to our clinicians, nurses, recruiters, and front-office teams rather than to any strategy we wrote down. Healthcare is delivered one patient, one family, and one shift at a time, and three years of doing that well is what a ranking like this is actually made of. What makes this year different is that all three companies did it at once. Physical therapy, hospice, and staffing are three very different businesses with three very different pressures, and seeing each of them recognized nationally in the same year tells me the operating discipline is holding across the portfolio, not just in one corner of it.”

— Dr. Sterling Carter, PT, DPT, President and Chief Executive Officer, Cartera Health

This year’s Inc. 5000 recognizes a new class of companies redefining what growth looks like. From AI and advanced manufacturing to healthcare, consumer products, and professional services, these businesses are expanding their impact, creating jobs and proving that entrepreneurial ambition continues to fuel the U.S. economy. Among the 5,000 companies on the list, the median three-year revenue growth rate was 130%, and those companies have collectively added more than 627,208 jobs to the U.S. economy over the past three years.

For the full Inc. 5000 list, honoree company profiles, and a searchable database by industry and location, please visit: www.inc.com/inc5000.

“Every company on the Inc. 5000 has a story of perseverance, smart decision making, and a refusal to sit still,” says Mike Hofman, editor-in-chief of Inc. “Their growth reflects more than strong financial performance — it reflects creativity, resilience, and the customer focus required to build companies that make a lasting impact. We congratulate all honorees on this significant achievement.”

Inc. will celebrate the honorees at the 2026 Inc. 5000 Conference & Gala, taking place October 14–16 in Dallas, Texas, and the top 500 will be listed in the Fall issue of Inc. Magazine.

Inc. 5000 List Methodology

Companies on the 2026 Inc. 5000 are ranked according to percentage revenue growth from 2022 to 2025. To qualify, companies must have been founded and generating revenue by March 31, 2022. They must be U.S.-based, privately held, for-profit, and independent — not subsidiaries or divisions of other companies — as of December 31, 2025. (Since then, some on the list may have gone public or been acquired.) The minimum revenue required for 2022 is \$100,000; the minimum for 2025 is \$2 million. As always, Inc. reserves the right to decline applicants for subjective reasons.

About Cartera Health

Cartera Health is a Sugar Land, Texas-based healthcare organization focused on improving access to quality care across the continuum of healthcare. Founded as a master brand in 2020,

Cartera Health brings together operating companies across outpatient rehabilitation, hospice and palliative care, healthcare staffing, and related healthcare services. Its companies share a commitment to putting patients and families at the forefront while supporting the clinicians, employees, and communities they serve. Learn more at www.carterahealth.com.

About White Orchid Hospice

Founded in 2015 and headquartered in Sugar Land, Texas, White Orchid Hospice provides compassionate, patient-centered hospice and end-of-life care to patients and families in the comfort of their homes. Its interdisciplinary care teams provide comprehensive clinical and supportive services designed to address the physical, emotional, and spiritual needs of patients while helping ease the demands placed on caregivers. Guided by a commitment to treating every patient and family with empathy and a "hospice heart," White Orchid Hospice works to make the hospice experience as comfortable and supportive as possible. Learn more at www.whiteorchidhospice.com.

About Sterling Physical Therapy & Wellness

Founded in 2008, Sterling Physical Therapy & Wellness is a multi-location outpatient physical therapy practice serving the Greater Houston area from clinics in Bellaire, Stafford, Sugar Land, Cinco Ranch/Katy, and Missouri City. The practice specializes in orthopedics and sports medicine, including post-operative rehabilitation, chronic pain management, neck and back care, return-to-work programs, and ergonomic assessment. Learn more at www.sterlingtherapy.com.

About Sterling Staffing Solutions

Founded in 2011 and headquartered in Sugar Land, Texas, Sterling Staffing Solutions provides cross-discipline staffing for home health agencies, hospices, hospitals, rehabilitation facilities, and long-term care organizations. The company places physical therapists, occupational therapists, speech-language pathologists, nurses, and medical social workers throughout Texas and beyond. Learn more at www.sterlingstaffingsolutions.com.

About Inc.

Inc. is the leading media brand and playbook for the entrepreneurs and business leaders shaping our future. Through its journalism, Inc. aims to inform, educate, and elevate the profile of its community: the risk-takers, the innovators, and the ultra-driven go-getters who are creating the future of business. Inc. is published by Mansueto Ventures LLC, along with fellow leading business publication Fast Company. For more information, visit www.inc.com.

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