

Influential Women Highlights Mirna Orihuela, MBA: Regional Healthcare Leader Driving Strategy And Care Transformation

PASADENA, CA, UNITED STATES, August 26, 2026 /EINPresswire.com/ -- Bringing More Than a Decade of Healthcare Leadership Experience to Advancing Operational Excellence, Integrated Care, and the Development of Future Leaders

Mirna Orihuela, MBA, is a regional healthcare leader based in the Los Angeles metropolitan area with more than a decade of experience driving enterprise strategy, operational transformation, and care continuum innovation. She currently serves in a leadership role at a large healthcare system, where she oversees post-acute care strategy and regional operations, focusing on improving access, strengthening partnerships, and aligning system-wide performance across complex healthcare networks. Her expertise spans enterprise growth strategy, network optimization, and the design of scalable operating models that reduce variation and improve patient outcomes across post-acute, home-based care, and population health environments.



Throughout her career, Mirna has built a strong record of leading large-scale restructuring and operational improvement initiatives across healthcare systems. She has directed regional centralization efforts, developed standardized workflows, and implemented infrastructure solutions such as centralized communication systems and SharePoint-based operational tools to support multi-market coordination.

Her earlier leadership roles in post-acute and transitional care included expanding provider networks, improving referral efficiency, and developing cross-functional care coordination models that significantly increased access and continuity of care. She is widely recognized for her ability to translate complex system challenges into actionable strategies that deliver measurable

organizational impact.

Mirna's professional journey has been shaped by a commitment to understanding how different components of healthcare work together. Her experience across post-acute care, home-based care, population health, and broader healthcare operations has given her a perspective focused not only on individual departments, but on the connections between them.

A central part of her leadership work involves strengthening the systems and partnerships that support patients throughout the healthcare continuum. By examining how different levels of care interact, Mirna works to identify opportunities to improve communication, reduce fragmentation, and create more coordinated approaches to patient care.

Her experience leading regional centralization initiatives and operational improvements has also reinforced the importance of creating structures that can support organizations across multiple markets. Through standardized workflows and operational infrastructure, she has helped support greater coordination and consistency within complex healthcare environments.

Mirna's approach combines strategic thinking with practical implementation. Her work is focused on translating complex organizational challenges into actionable strategies while maintaining an emphasis on access, continuity, collaboration, and patient-centered care.

Mirna attributes her success to relationship-building, curiosity, resilience, and consistently showing up for opportunities. Throughout her career, networking, mentorship, and a genuine willingness to learn from others have played a significant role in her professional growth and leadership journey.

She believes that staying open to new experiences and building meaningful connections have been key drivers of both her personal and professional development. Her career reflects the importance she places on relationships, collaboration, and remaining receptive to opportunities that can contribute to continued growth.

The best career advice Mirna has received has come from the many mentors who have guided her throughout her healthcare journey. Their guidance reinforced the importance of staying adaptable, leading with integrity, and continuously learning. They also taught her that success is built through strong relationships, collaboration, and the willingness to embrace new challenges with confidence and humility.

Sometimes people overthink opportunities because they feel unprepared, intimidated, or afraid of failing. But Mirna has learned that many doors open simply because a person was willing to be present, participate, and take the first step. This has led her to leadership opportunities, mentorships, professional organizations, speaking engagements, and experiences that helped shape who she is today.

A person does not need to have everything figured out before taking action.

Mirna encourages young women entering healthcare leadership to focus on building strong relationships, networking intentionally, and showing up for opportunities even when they feel uncertain. Confidence and growth develop through consistent participation, visibility, and a willingness to learn.

She also believes it is important to stay curious, seek out mentors, and trust that every experience—even the challenging ones—contributes to growth as a leader.

For Mirna, professional development is not limited to formal education or job responsibilities. The relationships professionals build, the experiences they embrace, and the willingness to step into unfamiliar situations can all contribute to leadership development.

Her own career demonstrates the value of participating, connecting with others, and remaining open to opportunities. Through her leadership, mentorship, education, and professional service, she continues to support the development of individuals who are preparing to take on greater responsibilities within healthcare.

One of the biggest challenges in healthcare today is fragmentation across different levels of care, departments, and operational structures, which can create communication barriers and impact continuity of patient care.

One of Mirna's passions has been helping bridge those gaps by understanding how each part of the healthcare continuum works together. When leaders understand the full patient journey, they can create more coordinated, patient-centered solutions.

At the same time, Mirna sees tremendous opportunities to improve collaboration, streamline care continuum strategies, and build stronger integrated healthcare systems that better support both patients and providers.

By strengthening communication and alignment across teams, the industry has the potential to redesign more efficient, patient-centered care experiences. Mirna's work reflects her belief that meaningful improvement requires leaders to look beyond individual departments and understand how the entire healthcare continuum connects.

In her work and personal life, Mirna values integrity, leadership, mentorship, curiosity, and community impact. Integrity is the foundation of everything she does. She believes leadership is not just about results—it is about how those results are achieved and how people are treated along the way.

No title or accomplishment means much if a person loses their values in the process.

Mirna is committed to supporting others in their professional growth while contributing to systems and relationships that strengthen healthcare delivery and organizational culture. She believes these values guide how she leads, how she works with others, and how she creates meaningful impact in her field.

Education, leadership development, and empowering individuals from underrepresented communities to pursue leadership opportunities are especially important to Mirna, and they continue to shape both her personal fulfillment and professional purpose.

In addition to her executive leadership, Mirna is deeply committed to mentorship, education, and professional service. She serves in leadership and advisory capacities within organizations such as the American College of Healthcare Executives and contributes to healthcare leadership development initiatives through teaching at the university level and volunteer work.

She is an alumna of California State University, San Bernardino and has received multiple honors recognizing her influence in healthcare leadership, including emerging leader awards and industry recognition for her impact on care delivery systems.

Passionate about developing future healthcare leaders, Mirna continues to focus on advancing into senior executive level roles where she can shape enterprise care models and strengthen how health systems evolve to meet growing demands in healthcare delivery.

Through her combination of relationship-building, strategic leadership, curiosity, and commitment to integrity, Mirna Orihuela continues to approach healthcare leadership with a focus on meaningful collaboration and long-term impact. Her career reflects a belief that stronger healthcare systems are built not only through operational strategy, but through people, partnerships, mentorship, and a willingness to continually learn and adapt.

Learn More about Mirna Orihuela:

Through her Influential Women profile, <https://influentialwomen.com/connect/Mirna-Orihuela>

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