

Influential Women Profiles Lynn Brinckmeyer: Distinguished Professor Emerita, Global Educator & Transformational Coach

WOLFFORTH, TX, UNITED STATES, August 26, 2026 /EINPresswire.com/ -- Bringing More Than Three Decades of Experience in Music Education, Leadership, Mentorship, and Personal Transformation

Lynn Brinckmeyer is a Distinguished Professor Emerita at Texas State University and a nationally and internationally recognized educator, speaker, and transformational coach whose career has centered on music education, leadership, mentorship, and helping others pursue lives aligned with their purpose. Across more than three decades, she has built a distinguished career rooted in education while continuing to expand her impact through coaching, speaking, international travel, and transformational work.



Lynn began her career as a public school music teacher before pursuing her doctorate to expand her influence within music education. Over the course of her career, she became deeply rooted in the choral and music education world, preparing future teachers, directing university ensembles, elementary-level choirs, and serving as Artistic Director for the Hill Country Youth Chorus until her departure from Texas State University.

During her tenure in higher education, Lynn served in multiple leadership roles, including Associate Dean at Texas State University. In that capacity, she developed a strong passion for mentoring educators and supporting teachers in helping their students succeed. Her work has consistently emphasized the importance of empowering educators to grow as leaders while strengthening the educational experiences available to students.

Lynn also served as National President of the National Association for Music Education, the

largest music education organization in the United States. Through this national leadership role, she combined her commitment to teaching with advocacy for the arts and the broader music education community.

Her academic and professional work has centered on strengthening music education while empowering educators to recognize and develop their own leadership potential. Today, she continues to bring that perspective to new audiences through her work as an educator, conductor, speaker, and transformational coach. Most recently, Dr. Brinckmeyer conducted the Rutter Gloria at Carnegie Hall in New York City.

Lynn is a certified life and transformational coach with the Brave Thinking Institute, continuing a lifelong commitment to mentorship by helping individuals design and live lives they truly love rather than settling for what feels merely acceptable.

Her approach to transformation is informed by her own experiences of pursuing what she loves and remaining open to new possibilities throughout different stages of her life. For Lynn, personal growth is aligned with professional development. Instead, she sees both as interconnected aspects of becoming the strongest and healthiest version of oneself.

In addition to her coaching and speaking work, Lynn leads international delegations each year. These experiences have broadened her global perspective and deepened her appreciation for cultural learning and shared humanity. Traveling has also reinforced her gratitude for the opportunities and privileges she has experienced in the United States while giving her the opportunity to learn from people around the world.

When Lynn reflects on what she attributes her success to, the first person who comes to mind is her mother. Lynn lost her mother a few years ago, unwavering support her mother had in her remains a defining influence.

When Lynn wanted to become a music teacher, she believed that was possible because her mother was always in her corner, no matter what. Her mother was a divorced mother raising four children, and through her example, she taught Lynn resilience and the importance of doing what she loves.

Rather than settling for a job that would simply be acceptable, Lynn pursued music because it was what she loved. Her mother's unwavering support and the lesson to follow her passion rather than settle became the foundation of much of what Lynn has accomplished.

That philosophy continues to shape Lynn's perspective today. The career she built in music education, the leadership opportunities she pursued, her work mentoring educators, and her transition into coaching and speaking all reflect a willingness to follow meaningful opportunities rather than simply choose what appears safe or acceptable.

The best career advice Lynn has received throughout the years is straightforward but deeply personal: "Do I really love this? If not, what would I REALLY love?"

That question continues to serve as a guiding principle in her professional and personal life. Rather than encouraging people to remain committed to something simply because it is familiar, Lynn believes individuals flourish when they remain curious about whether their work is truly aligned with what they love and what gives them a sense of purpose.

This perspective also informs her work with individuals and organizations. Through coaching, speaking, and transformational work, Lynn seeks to help people move beyond limitation and consider what becomes possible when they create lives that reflect their values, passions, and vision.

Lynn encourages young women entering her field to care about the people they are talking to and listen to them. She believes that learning how to help others begins with genuinely listening, recognizing where people are struggling, and taking the time to learn more about them.

For Lynn, encourages others to care about the other human or humans in the room. She believes that approach can provide tremendous joy and gratitude through the ability to help somebody else.

She recognizes that young students and professionals can sometimes become focused on their own performance when they are in front of others, worrying about questions such as whether they will make a mistake or sound smart. Lynn encourages them to shift their attention away from themselves and toward the people they are serving.

By caring about others, helping and striving to be a person of increase, she believes individuals can discover greater fulfillment and purpose in what they do.

According to Lynn, one of the greatest opportunities in her field today is helping people find their purpose and human connection in a world that can often feel overwhelmed and disconnected.

Within education, as well as other fields and businesses, she identifies burnout, staffing shortages, and the emotional well-being of teachers and students among the significant challenges facing organizations and communities.

At the same time, Lynn sees an opportunity to use music, movement, collaboration, and the arts to build community and transform lives. She believes these tools can help people reconnect with one another while creating environments where individuals can grow and thrive.

In the coaching and speaking world, she has also seen increasing interest in personal growth and mindset work as people seek to create lives aligned with their core values and their vision for a

life they love.

Lynn believes her work across these fields allows her to bridge artistry, leadership, and personal transformation. Through her continued work, she is dedicated to empowering individuals to move beyond limitation and create lives filled with purpose, joy, and impact.

Family remains at the top of Lynn's list of personal values. In fact, family was part of the reason she moved to her current part of Texas and left her university position. At the time, it was necessary for her to step up and help a family member. She is grateful for the gift of her family.

Lynn also values quiet reflection and taking time to go internal, particularly because she describes herself as a people person. Her faith and spirituality provide another important source of connection, helping her reflect on her choices and learn from them as she continues to move forward on what she describes as the spiral of her becoming.

Gratitude is central to her perspective. Maintaining emotional, mental, physical, and spiritual strength is also important to Lynn because she believes helping others begins with taking care of herself. She requires the energy to do what she loves so that she can continue helping others.

Through Brinckmeyer Enterprises and her ongoing speaking engagements, Lynn Brinckmeyer continues to bring together decades of experience in music education and leadership with her passion for coaching, personal transformation, and human connection. Her work remains grounded in a simple but powerful belief: people have the opportunity and potential to pursue lives filled with greater purpose, joy, connection, and possibility.

Learn More about Lynn Brinckmeyer:

Through her Influential Women profile, <https://influentialwomen.com/connect/Lynn-Brinckmeyer> or through her website, <https://findingyourpathinlife.com/>

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