

Providence House Spotlights Family-Centered Women's Program That Lets Mothers Keep Their Children Close During Recovery

WATFORD CITY, ND, UNITED STATES, August 26, 2026 /EINPresswire.com/ -- For many mothers struggling with addiction, the fear of losing time with their children keeps them from ever walking through a treatment center's doors. Providence House is working to remove that barrier with a women's program built specifically for pregnant and parenting women, one that lets mothers stay close to their children while they focus on recovery.

A Program Designed Around the Whole Family

Traditional treatment models often require total separation from daily life, an approach that can be especially difficult for mothers of young children. Providence House's women's facility takes a different route. Its on-site nursery and family-centered services allow a mother in residential treatment to remain present for her child's daily routine, rather than choosing between getting help and staying involved as a parent.

The program pairs that access with counseling and group therapy focused on the realities of parenting through recovery, including rebuilding routines, addressing guilt, and repairing relationships strained by active addiction.

"We hear from women constantly that not knowing who will care for their kids is the single biggest reason they delay treatment," said a Providence House representative. "Keeping mothers and children together isn't just more compassionate. It gives women one less thing to worry about, so they can put their full energy into recovery."

Why Family-Centered Treatment Matters

Providers who work with mothers in recovery have increasingly pointed to abrupt separation as a source of added trauma for both parent and child, one that can undermine the very treatment meant to help. Programs that keep families together during residential care have reported stronger engagement and higher completion rates as a result.

Providence House's women's program is available at its Minot, North Dakota facility, [alongside residential treatment](#), social detox, day treatment, and both intensive and low-intensity outpatient services, all grounded in a 12-step approach to recovery.

About Providence House

Providence House provides residential and outpatient addiction treatment for men, women, and families across North Dakota, with facilities serving the Minot and Watford City areas. The organization's mission is to offer a safe, private, and therapeutic environment for individuals

recovering from substance use disorder, including specialized support for pregnant and parenting women.

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