

Clinique MIKA Expands Medical Aesthetics Services and Professional Education in Montreal

Founder Kara Gomes Champions Inclusive Care and Natural Enhancements for Diverse Skin Tones

MONTREAL, QUEBEC , CANADA, August 26, 2026 /EINPresswire.com/ -- [Clinique MIKA](#), a Montreal-based medical aesthetics and wellness brand, has expanded its operations to two locations and established [Institut MIKA](#), a professional education division. Under the leadership of founder Kara Gomes, the clinic emphasizes a philosophy of natural enhancement and inclusive care, catering to a wide range of skin types and tones through advanced aesthetic technologies.

Over the past seven years, Kara has cultivated Clinique MIKA into a prominent brand, driven by a personal commitment to addressing the specific needs of diverse skin tones, including darker and Black skin. This commitment has led to significant investments in advanced platforms, such as [Candela technologies](#), designed to safely and effectively treat various concerns across all skin types. Kara's expertise in this field has also earned her recognition as a Candela Key Opinion Leader.

The comprehensive services offered by Clinique MIKA include medical aesthetics, laser treatments, skin rejuvenation, injectables, and body contouring, alongside wellness programs. The launch of Institut MIKA further extends the brand's mission by providing professional education to train the next generation of medical aesthetics professionals. Kara's entrepreneurial background, including her past appearance on CBC's *Dragons' Den Canada* for a previous venture and a follow-up episode detailing Clinique MIKA's growth, underscores her dedication to business innovation and client-centered care.



Kara Gomes

"Aesthetics can be about much more than appearance—it can help people feel seen, supported and confident expressing who they are," said Kara Gomes, Founder of Clinique MIKA. This principle guides the clinic's approach, focusing on enhancing natural beauty while fostering an environment where clients feel understood and valued, regardless of their background or identity.

For more information about Clinique MIKA's services or Institut MIKA's professional education programs, visit www.cliniquemika.com. Clinique MIKA is a Montreal-based medical aesthetics and wellness brand dedicated to providing natural enhancements and inclusive care using advanced technologies, also offering specialized training through Institut MIKA.

Kara Gomes

Clinique MIKA

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