

Pioneer Behavioral Health Expands to Illinois, Led by Program Director Joshua McPhail

A mental health program has opened in Arlington Heights, built on the same clinical model as Pioneer's Joint Commission-accredited programs in Massachusetts.

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[Behavioral Health](#), which provides structured outpatient mental health treatment, was built by people for whom this work is personal, and its

expansion into Illinois is no exception. Joshua McPhail, one of Pioneer's leaders, is launching the organization's first location outside Massachusetts in Arlington Heights, a return to the state where he grew up.

“

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Joshua McPhail, Program Director

As program director, McPhail is bringing the same clinical model that earned Pioneer's Longmeadow and Oxford, Massachusetts programs The Joint Commission's Gold Seal of Approval, a nationally recognized standard of quality, safety, and excellence in behavioral health care. He has spent more than a decade working in mental health and substance-use treatment, and launching the program in the state he calls home adds something to the work for him.

“Coming home to Illinois to open Pioneer’s first program outside Massachusetts is personal for me,” McPhail said. “Too many people believe their only choices are a weekly therapy appointment or a hospital stay. Pioneer offers another path: a structured program where adults can do meaningful work, build real skills, and move forward with greater confidence and stability.”

McPhail has spent that time supporting individuals facing mental health and substance-use



Pioneer Behavioral Health Logo

challenges. Known for a thoughtful, challenge-based approach, he helps clients recognize their own strengths, work through obstacles, and build lasting resilience, not just manage symptoms. He's committed to a treatment environment built on hope, empowerment, and meaningful change, the same values that shaped Pioneer's Massachusetts programs.

The facility, at 1655 N. Arlington Heights Road, Suite 100E, treats adult men and women through two levels of care:

- Full-Day: PHP (Partial Hospitalization Program)
- Half-Day: IOP (Intensive Outpatient Program)

The program treats anxiety, depression, trauma and PTSD, bipolar disorder, borderline personality disorder, dissociative disorders, OCD, ADHD, and other mental health conditions. It offers compassionate, evidence-based care to help people overcome these struggles. Personalized programs include therapy, psychiatric and medication support, case management, and discharge planning. Evidence-based therapies include CBT, DBT, trauma therapy, and individual and group sessions. The program opens with capacity for 40 participants.

Pioneer's Executive Director Jared Stanley, a licensed alcohol and drug counselor, veteran, and person in long-term recovery, will stay closely involved in the Arlington Heights launch as Pioneer's third location, and its first in Illinois, gets underway.

The Arlington Heights location offers easy access from across the northwest suburbs, with a space designed to feel welcoming rather than clinical.

About Pioneer Behavioral Health

Pioneer Behavioral Health is a voluntary, non-emergency outpatient program providing structured treatment for adults facing mental health challenges, combining individualized treatment planning, evidence-based therapies, psychiatric support, and case management within a therapeutic community. The organization operates Joint Commission-accredited programs in Longmeadow and Oxford, Massachusetts; Arlington Heights is its third location and first in Illinois.

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