

Why 'Even Skin' Is Actually Two Different Problems, Say Singapore Doctors

Doctors say patients often treat tone and texture as one skin problem, when the two involve completely different layers of skin.

SINGAPORE, SINGAPORE, August 27, 2026 /EINPresswire.com/ -- Doctors say patients often treat tone and texture as one skin problem, when the two involve completely different layers of skin.

As more Singapore patients arrive at consultations having already researched their skin concerns online, doctors at ClearSK say a growing number now describe "uneven skin" with more precision — separating tone from texture, rather than treating the two as one complaint.

ClearSK doctors say this shift has changed how consultations begin, with patients increasingly asking whether pigmentation and skin texture can be addressed within the same visit, or whether they require different approaches entirely.

"A common misconception is that even-looking skin comes from a single change. Tone and texture involve different layers of the skin, so we assess them separately during consultation. Whether one treatment or more than one is appropriate depends on the individual's concerns and clinical assessment," said Dr Shiau Ee Leng, Co-Founder and Group Medical Director of ClearSK.

Skin tone and skin texture change through different mechanisms. Tone is largely governed by melanin distribution near the skin's surface, while texture reflects the condition of deeper tissue, including collagen levels and pore appearance. These changes have different origins, and a doctor may consider addressing both within the same treatment plan where clinically appropriate.

[Pico Laser](#) uses picosecond laser energy designed to target pigment particles, helping them break down so they may fade over a course of sessions. Pico Laser works on tone and does not directly address the deeper structural changes associated with texture.

A [collagen-stimulating injectable](#) is designed to activate the skin's own fibroblasts, gradually rebuilding collagen and supporting hydration over a series of sessions. This works at the deeper, dermal layer of the skin and does not correct surface pigmentation.

Because tone and texture arise from different layers of the skin, addressing one concern does not necessarily change the other. Where both are identified during assessment, a doctor may discuss whether both approaches should be considered within a single, sequenced treatment plan.

At ClearSK, treatment plans combining Pico Laser and a collagen-stimulating injectable are developed following a doctor-led consultation, with suitability for each treatment assessed separately based on individual presentation. As with any aesthetic treatment, outcomes and suitability vary from person to person, and specific results are not guaranteed.

About ClearSK

ClearSK is a doctor-led aesthetic clinic group that is 17+ years trusted in Singapore, offering personalised, doctor-designed treatments across multiple clinic locations islandwide. Across its clinic network, more than 200,000 treatments and procedures have been performed, supporting patients with a wide range of skin and aesthetic concerns. Doctors draw from more than 100 treatment selections across skin, face, body and hair growth to develop personalised treatment plans based on each individual's clinical presentation. This approach is applied consistently across ClearSK's multiple clinic locations in Singapore.

Note: This release is intended for general informational purposes and does not constitute medical advice. Individual treatment outcomes vary and should be discussed with a qualified doctor. Collagen-stimulating injectables are administered by a doctor in Singapore.

Read more: [Pico Laser and Collagen Booster](#)

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