

ClearSK Doctors Say Combining Researched Treatments Requires Individual Clinical Assessment

ClearSK doctors say patients increasingly ask whether two researched treatments can be used together during their first consultation.

SINGAPORE, SINGAPORE, August 27, 2026 /EINPresswire.com/ -- FOR IMMEDIATE RELEASE

Doctors say the most common question at consultation today isn't which treatment to get — it's whether two researched treatments can be used together.

SINGAPORE — Doctors at ClearSK say one question is coming up more frequently across its Singapore clinics than any single treatment name: whether two specific treatments a patient has researched can be used together, rather than which one treatment to choose.

ClearSK doctors say this reflects a broader shift in how patients prepare for consultations, often having already compared treatments online before deciding what to ask about in person.

"A common misconception is that asking about combining treatments means wanting more treatment than necessary. In practice, it's usually the opposite — patients are trying to understand which of their concerns each treatment actually addresses before committing to anything. Whether combining is appropriate always depends on the individual's concerns and clinical assessment," said Dr Shiau Ee Leng, Co-Founder and Group Medical Director of ClearSK.

Most patients researching aesthetic treatment online encounter more than one option addressing concerns adjacent to their own, which can make it difficult to tell, without clinical input, whether two treatments are complementary, redundant, or unrelated.

Device-based treatments, such as [lasers](#) and [radiofrequency-based technologies](#), are designed to work at specific depths of tissue, addressing concerns such as pigmentation, redness, or texture depending on the technology.

Injectable treatments are designed to deliver a specific substance into a targeted layer of skin or tissue, addressing concerns such as hydration, volume, or muscle-related movement, depending on the formulation used.

Because these categories are designed around different, non-overlapping mechanisms, a doctor may confirm that two treatments researched separately are, in fact, addressing different concerns and may be considered together. This determination is made individually, rather than assumed from general information alone.

At ClearSK, combination treatment plans are developed following a doctor-led consultation, with suitability for each treatment assessed separately based on individual presentation. As with any aesthetic treatment, outcomes and suitability vary from person to person, and specific results are not guaranteed.

About ClearSK

ClearSK is a doctor-led aesthetic clinic group that is 17+ years trusted in Singapore, offering personalised, doctor-designed treatments across multiple clinic locations islandwide. Across its clinic network, more than 200,000 treatments and procedures have been performed, supporting patients with a wide range of skin and aesthetic concerns. Doctors draw from more than 100 treatment selections across skin, face, body and hair growth to develop personalised treatment plans based on each individual's clinical presentation. This approach is applied consistently across ClearSK's multiple clinic locations in Singapore.

Note: This release is intended for general informational purposes and does not constitute medical advice. Individual treatment outcomes vary and should be discussed with a qualified doctor.

Read more: [Why Combination Approaches Are Used in Aesthetics](#)

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