

Lifting Alone May Not Address Every Sign of Facial Ageing, Says ClearSK

ClearSK doctors explain why tissue laxity and facial volume loss are different concerns needing different treatment approaches after individual assessment.

SINGAPORE, SINGAPORE, August 27, 2026 /EINPresswire.com/ -- Patients often associate facial ageing with sagging skin alone, but doctors at ClearSK say tissue laxity and facial volume loss are two separate concerns that may require different treatment approaches following an individual assessment.

The clinic says consultations increasingly involve patients asking whether one treatment can address multiple visible signs of facial ageing. Doctors note that lifting and volume loss are different anatomical concerns and are assessed separately before any treatment plan is discussed.

"Facial ageing doesn't always present as one concern. Tissue laxity and facial volume loss can involve different changes, so during a consultation, we look at which concerns are actually present before discussing whether one treatment or a combination approach may be appropriate," said Dr Shiau Ee Leng, Co-Founder and Group Medical Director of ClearSK.

Facial ageing involves two distinct and independent processes: (1) the gradual loss of tension in deeper tissue layers, which may cause softening and descending of the jawline and lower face, and (2) the depletion of fat compartments and collagen scaffolding beneath the skin, which may cause the cheeks and temples to appear flatter or less defined. These are separate concerns with different anatomical origins, and a doctor may consider addressing both within the same care plan where clinically appropriate.

[Korean HIFU](#) uses high-intensity focused ultrasound designed to deliver targeted energy to deeper tissue layers, including the SMAS (superficial musculoaponeurotic system), the structural layer that supports the skin and underlying tissue. This is designed to stimulate a collagen response that may contribute to gradual tissue tightening over time. Korean HIFU is designed to work on tissue structure and does not restore lost facial volume.

[Volume-restoring filler](#) approaches generally fall into two categories: collagen-stimulating injections, which are designed to prompt the body's own collagen production and may build gradual structural support over a series of sessions, and dermal fillers, which are designed to

restore volume more directly by placing a biocompatible gel material at the treatment site. Both approaches address facial volume and shape rather than tissue laxity or structural descent, and the appropriate choice depends on an individual's presentation and treatment goals.

Tissue laxity and volume loss are independent concerns, but some patients present with both at the same time. Because tissue laxity and volume loss are separate concerns, addressing one does not necessarily address the other. Where both are identified during assessment, a doctor may discuss whether different treatment approaches should be considered as part of the same treatment plan.

At ClearSK, treatment plans combining [Korean HIFU and volume-restoring fillers](#) are developed following a doctor-led consultation, with suitability for each treatment assessed separately based on individual presentation. As with any aesthetic treatment, outcomes and suitability vary from person to person, and specific results are not guaranteed.

About ClearSK

ClearSK is a doctor-led aesthetic clinic group that is 17+ years trusted in Singapore, offering personalised, doctor-designed treatments across multiple clinic locations islandwide. Across its clinic network, more than 200,000 treatments and procedures have been performed, supporting patients with a wide range of skin and aesthetic concerns. Doctors draw from more than 100 treatment selections across skin, face, body and hair growth to develop personalised treatment plans based on each individual's clinical presentation. This approach is applied consistently across ClearSK's multiple clinic locations in Singapore.

Note: This release is intended for general informational purposes and does not constitute medical advice. Individual treatment outcomes vary and should be discussed with a qualified doctor.

Read more: [Korean HIFU and volume-restoring fillers](#)

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