

Doctor-Led Singapore Clinic Explains Why Sagging Skin and Expression Lines Need Different Assessments

ClearSK doctors explain why tissue laxity and expression lines involve different structures needing different treatment approaches after assessment.

SINGAPORE, SINGAPORE, August 27, 2026 /EINPresswire.com/ -- In Singapore's year-round warm climate, facial ageing concerns can remain part of patients' aesthetic conversations throughout the year. Patients often associate facial ageing with sagging skin alone, but doctors at [ClearSK](#) say expression lines caused by repeated muscle movement are a separate concern that may require a different treatment approach following an individual assessment.

ClearSK doctors say consultations commonly involve patients asking whether a single treatment can address multiple visible signs of facial ageing. They note that tissue laxity and dynamic expression lines involve different anatomical structures and are assessed separately before treatment options are discussed.

"A common misconception is that visible facial ageing can always be traced back to one underlying change. Tissue laxity and expression lines involve different anatomical structures, so we assess them separately during consultation. Whether one treatment or more than one is appropriate depends on the individual's concerns and clinical assessment," said Dr Shiau Ee Leng, Co-Founder and Group Medical Director of ClearSK.

Facial ageing involves more than one process at once. Tissue may gradually lose structural support over time, while expression lines develop through repeated muscle movement. These changes have different origins and involve different anatomical structures, and a doctor may consider addressing both within the same care plan where clinically appropriate.

[Korean HIFU](#) uses high-intensity focused ultrasound that is designed to deliver targeted energy to deeper tissue layers, including the SMAS (superficial musculoaponeurotic system), the structural layer that supports the skin and underlying tissue. This is designed to stimulate a collagen response that may contribute to gradual tissue tightening over time. Korean HIFU works on tissue structure and does not address expression lines caused by muscle movement.

[Wrinkle reduction injections](#) containing botulinum toxin (prescription-only medicine) are designed to temporarily reduce activity in selected facial muscles associated with dynamic

expression lines, such as those formed through frowning, raising the eyebrows or squinting. This may reduce repeated folding of the overlying skin over time. Effects are temporary, and maintenance treatment may be discussed where clinically appropriate.

Because tissue laxity and dynamic expression lines arise through different processes, addressing one concern does not necessarily address the other. Where both are identified during assessment, a doctor may discuss whether different treatment approaches should be considered within the same treatment plan.

At ClearSK, treatment plans combining Korean HIFU and wrinkle reduction injections are developed following a doctor-led consultation, with suitability for each treatment assessed separately based on individual presentation. As with any aesthetic treatment, outcomes and suitability vary from person to person, and specific results are not guaranteed.

About ClearSK

ClearSK is a doctor-led aesthetic clinic group that is 17+ years trusted in Singapore, offering personalised, doctor-designed treatments across multiple clinic locations islandwide. Across its clinic network, more than 200,000 treatments and procedures have been performed, supporting patients with a wide range of skin and aesthetic concerns. Doctors draw from more than 100 treatment selections across skin, face, body and hair growth to develop personalised treatment plans based on each individual's clinical presentation. This approach is applied consistently across ClearSK's multiple clinic locations in Singapore.

Note: This release is intended for general informational purposes and does not constitute medical advice. Individual treatment outcomes vary and should be discussed with a qualified doctor. Wrinkle reduction injections containing botulinum toxin are a prescription-only medicine in Singapore.

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