

The Pilates Journal Expo Set to Bring the Global Pilates Industry Together in Miami This September

The global Pilates industry will come together from 11–13 September 2026 as The Pilates Journal Expo Miami returns.

MIAMI, FL, UNITED STATES, August 27, 2026 /EINPresswire.com/ -- The global Pilates industry will come together from 11–13 September 2026 as [The Pilates Journal Expo](#) Miami returns, bringing a weekend of world-class education, business insights and industry networking to the Loews Miami Beach Hotel.



A Pilates instructor on a Pilates mat

Following the success of recent Expo events, Miami continues the Expo's growth as one of the world's leading gatherings for the Pilates profession, attracting instructors, studio owners, educators, suppliers and wellness brands from across the United States and internationally.

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The Pilates industry is evolving rapidly. The Expo creates a place where instructors, studio owners, educators and brands can connect, build relationships and help shape the future of the profession.”

CJ Zarb

The event combines hands-on workshops, thought-provoking business discussions, networking opportunities and a major industry exhibition, showcasing many of the companies shaping the future of Pilates.

Attendees will experience:

- Workshops led by internationally recognised Pilates educators
- Business panels focused on studio growth, leadership and the future of the industry
- Networking opportunities with studio owners, educators

and industry leaders

- An interactive Expo Hall featuring the latest equipment, technology and business solutions
- Exclusive product launches, demonstrations and event-only offers

Industry's Leading Brands on Display

The Expo will feature many of the biggest names in Pilates, fitness and wellness, including Balanced Body, Merrithew, Technogym, Mariana tek, Mindbody, ABC Fitness, TRX, Polestar Pilates, Your Reformer, Total Gym, Naboso, MoveActive, Stakt and more, alongside a growing number of emerging brands bringing new ideas and innovation to the industry.

World-Class International Education

The education programme features an impressive line-up of internationally respected presenters including Maria Leone, Tracey Mallett, Kristin McGee, Andrea Speir, Samantha Wood, Dr Emily Splichal, Michelle Leach, Nicky Lal and Jenna Hansen, delivering sessions spanning movement, rehabilitation, performance, programming and business.

Founder of [The Pilates Journal](#) and Expo organiser CJ Zarb says the event has become much more than a conference.

"The Pilates industry is evolving rapidly, and there's never been a greater need for professionals to come together, share ideas and learn from one another. The Expo creates a place where instructors, studio owners, educators and brands can connect, build relationships and help shape the future of the profession."

With sessions covering education, leadership, business strategy and studio operations, the Expo supports professionals at every stage of their Pilates career.

Looking Ahead

Following Miami, The Pilates Journal Expo heads to Los Angeles in January 2027, before returning to Australia for the Sydney Expo from 19–21 February 2027, continuing its mission of connecting the global Pilates community across three major international events each year.

Event Details

- Miami: 11–13 September 2026 – Loews Miami Beach Hotel, Florida, USA
- Los Angeles: January 2027** dates announced soon
- Sydney: 19–21 February 2027 – Manly Pacific MGallery, Sydney
- Website: www.pilatesjournalexpo.com

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