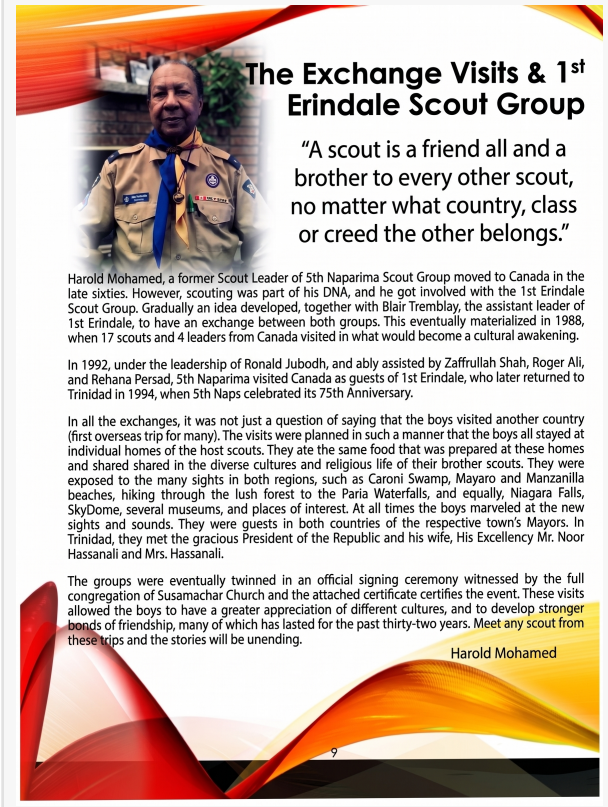
Trinidad-Born Author to Launch New Memoir Reflecting on His Journey from Diamond Village to Canada

CANADA, September 9, 2026 /EINPresswire.com/ -- Harold Mohamed, born in Trinidad in 1944 and now retired after four decades in the workforce, is preparing to share his life story with the people who mean the most to him: his family, his friends, and the generations still to come.



Harold wrote the book, 'A Life Shaped by Many Hands,' for his children, his grandchildren, and their children, so that his story is not lost the way so many family stories are.

"My initial intention for writing this book was to give an account of the various phases of my life," Mohamed says. "To leave some details of my background and life's journey, for my children and grandchildren."

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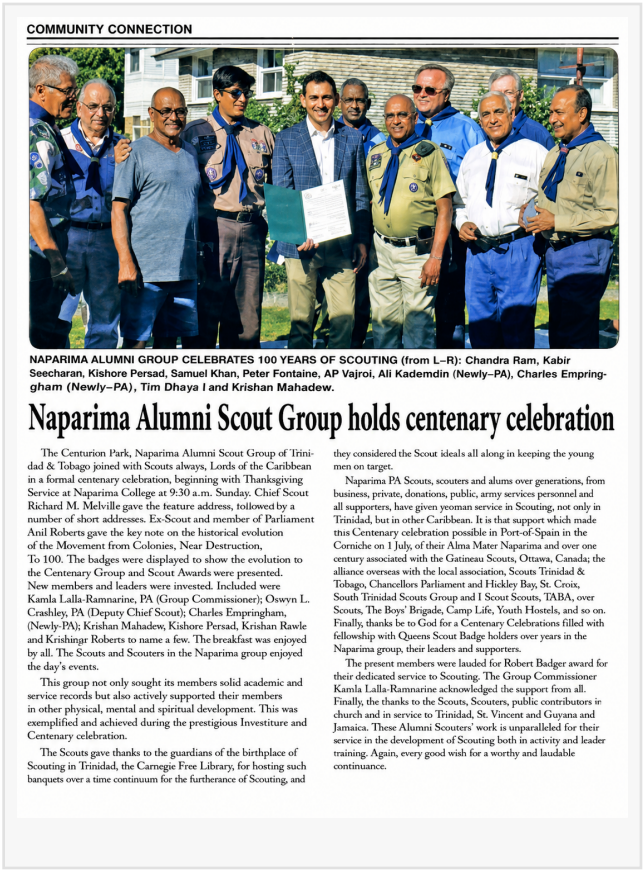
Harold Mohamed was born on March 24, 1944, at San Fernando General Hospital in Trinidad. He's the fourth of seven children born to Daisy and Yousuff Mohamed. He grew up in Diamond Village, where he was raised by an entire community rather than one household. His childhood was full of card games, sing-alongs, and the kind of hospitality that made every neighbour feel like family.

That sense of community runs through the whole book, including the friends, teachers and church mentors from his early years. Harold also writes about his friendship with Samuel Sudama, whom he met on his first day of school. That friendship has lasted 73 years.

It was also in these early years that Harold discovered Scouting, and he joined the Fifth Naparima Scout Troop in San Fernando. That discovery would go on to shape the rest of his life

and introduce him to many exciting experiences. He camped across Trinidad and Tobago, hiked the Great Northern Range, explored the Aripo Caves, and eventually earned his Scout Wood Badge, becoming a member of the First Gilwell Scout Group in England. Decades later, he would still be active in Scouting on the other side of the world. He led the First Erindale Scout Group in Canada for eight years and organised exchange trips that brought Trinidadian and Canadian scouts together, including hosting Trinidad's own Fifth Naparima Scouts on Canadian soil.



COMMUNITY CONNECTION

NAPARIMA ALUMNI GROUP CELEBRATES 100 YEARS OF SCOUTING (from L–R): Chandra Ram, Kabir Seecharan, Kishore Persad, Samuel Khan, Peter Fontaine, AP Vajroi, Ali Kademdin (Newly–PA), Charles Empringham (Newly–PA), Tim Dhaya l and Krishan Mahadew.

Naparima Alumni Scout Group holds centenary celebration

The Centurion Park, Naparima Alumni Scout Group of Trinidad & Tobago joined with Scouts always, Lords of the Caribbean in a formal centenary celebration, beginning with Thanksgiving Service at Naparima College at 9:30 a.m. Sunday. Chief Scout Richard M. Melville gave the feature address, followed by a number of short addresses. Ex-Scout and member of Parliament Anil Roberts gave the key note on the historical evolution of the Movement from Colonies, Near Destruction, To 100. The badges were displayed to show the evolution to the Centenary Group and Scout Awards were presented. New members and leaders were invested. Included were Kamla Lalla-Ramnarine, PA (Group Commissioner); Oswyn L. Crashley, PA (Deputy Chief Scout); Charles Empringham, (Newly-PA); Krishan Mahadew, Kishore Persad, Krishan Rawle and Krishingr Roberts to name a few. The breakfast was enjoyed by all. The Scouts and Scouters in the Naparima group enjoyed the day's events.

This group not only sought its members solid academic and service records but also actively supported their members in other physical, mental and spiritual development. This was exemplified and achieved during the prestigious Investiture and Centenary celebration.

The Scouts gave thanks to the guardians of the birthplace of Scouting in Trinidad, the Carnegie Free Library, for hosting such banquets over a time continuum for the furtherance of Scouting, and they considered the Scout ideals all along in keeping the young men on target.

Naparima PA Scouts, scouters and alums over generations, from business, private, donations, public, army services personnel and all supporters, have given yeoman service in Scouting, not only in Trinidad, but in other Caribbean. It is that support which made this Centenary celebration possible in Port-of-Spain in the Corniche on 1 July, of their Alma Mater Naparima and over one century associated with the Gatineau Scouts, Ottawa, Canada; the alliance overseas with the local association, Scouts Trinidad & Tobago, Chancellors Parliament and Hickley Bay, St. Croix, South Trinidad Scouts Group and I Scout Scouts, TABA, over Scouts, The Boys' Brigade, Camp Life, Youth Hostels, and so on. Finally, thanks be to God for a Centenary Celebrations filled with fellowship with Queens Scout Badge holders over years in the Naparima group, their leaders and supporters.

The present members were lauded for Robert Badger award for their dedicated service to Scouting. The Group Commissioner Kamla Lalla-Ramnarine acknowledged the support from all. Finally, the thanks to the Scouts, Scouters, public contributors in church and in service to Trinidad, St. Vincent and Guyana and Jamaica. These Alumni Scouters' work is unparalleled for their service in the development of Scouting both in activity and leader training. Again, every good wish for a worthy and laudable continuance.

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Before leaving Trinidad, Harold trained as a craft apprentice at the Texaco Oil Refinery in Pointe-à-Pierre. He spent ten years there learning mechanical and instrumentation technology. These skills carried him through the rest of his working life.

In 1969, he left Trinidad for Canada, leaving behind many relatives and friends. He writes about that decision throughout the book. He began work at Kodak Canada, where he stayed for 34 years, while attending night school at Ryerson University for sixteen years to become a certified Engineering Technologist.

Through it all, he kept building community wherever he went, from playing on the Kodak soccer team to raising a family of his own in Mississauga, Ontario, where he now enjoys retirement and the company of his four grandchildren.

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'A Life Shaped by Many Hands' closes with a chapter written directly for young people, in Trinidad and everywhere else. Harold reflects on why leaving home is no longer the only answer it once seemed to be, and encourages young readers to focus on what really matters, such as education, real friendships, and thinking big rather than getting caught up in small things.

The book centers on unity among people of different backgrounds. Harold describes it as a thank-you to everyone who was part of his life.

"This book tells the story of a person born in a small village and raised by that village," Harold explains, "and how that upbringing carried me through a whole new life on the other side of the

world."

For Harold's family, 'A Life Shaped by Many Hands' documents where they come from and the journey he made on their behalf.

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'A Life Shaped by Many Hands' will be launched soon as an ebook.

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