

Oasis Recovery Center Details Medical Detox Program in South Florida

The Fort Myers center runs medically supervised withdrawal management with clinical staff on hand around the clock before clients step into ongoing care.

FORT MYERS, FL, UNITED STATES, August 27, 2026 /EINPresswire.com/ -- Most people who walk into a treatment center have already tried to quit on their own at least once. That attempt tends to end the same way, somewhere around day two, when the withdrawal symptoms get bad enough that using again starts to look like the reasonable option. Oasis Recovery Center, a drug and alcohol rehab in Fort Myers, Florida, built its detox program around that stretch of time.

The center's [medical detox in South Florida](#) provides supervised withdrawal management in a monitored setting, with staff available 24 hours a day. Medical professionals prescribe medication when symptoms call for it and when underlying health problems surface, which they often do once the substance is out of the picture. The end goal of the phase is stabilization, physically and emotionally, so a person can participate in therapy rather than white-knuckle through it.

Why Detox Gets Handled as Medical Care

Withdrawal is not uniform. What it looks like depends on the substance, how long the dependency has been running, and whatever else is going on with the person's health. It ranges from deeply uncomfortable to medically serious, and nobody can tell in advance which version a given person is going to get. Supervision is what keeps the serious version from becoming an emergency. Staff track how someone is doing as it happens and adjust when the plan stops matching what the body is doing.

Clinical programming at Oasis falls under Jennifer Barletta, LMHC-QS, the center's clinical director, with medical review from Dr. Samuel Amen.

What Happens After the Substance Clears

Detox settles the physical dependency. The reasons the substance was there in the first place are still sitting where they were, which is why the center treats detox as an entry point rather than a standalone service. Clients move from detox into [residential treatment](#) or into partial hospitalization and intensive outpatient programming, depending on what their situation and

their stability allow. Each plan is written for the individual. Counselors work with the client on what was driving the use, and that work shapes which level of care comes next.

Clients carrying a mental health diagnosis alongside the substance use go into [dual diagnosis care](#), where the depression or anxiety or bipolar disorder gets worked at the same time as the addiction. Handling one and scheduling the other for later is how people end up back in detox a second time.

Oasis Recovery Center accepts most major commercial insurance plans including Blue Cross Blue Shield, Cigna, Magellan Healthcare and Tricare, and self-pay. The admissions team verifies benefits before a client commits to a program.

The facility is located at 3625 Hidden Tree Lane, Fort Myers, FL 33901, and admissions staff are available 24 hours a day.

About Oasis Recovery Center

Oasis Recovery Center is a drug and alcohol rehab in South Florida offering compassionate, evidence-based addiction treatment. Programs include medical detoxification, residential treatment, partial hospitalization (PHP), intensive outpatient (IOP), and dual diagnosis care. All calls are confidential. For more information, visit oasisrecovery.com

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