

# Author Cherie L. Davis Crafts Poetry Inspired by Life, Memory and Resilience in 'The Maps We Make'

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/EINPresswire.com/ -- Author and nurse leader Cherie L. Davis presents [The Maps We Make: A Poetry Collection](#), a deeply personal collection that explores experiences of trauma, love, grief, healthcare, anxiety, healing, and resilience. Written from real moments in the author's life, the collection follows an emotional journey through seven movements and gives readers an intimate view of how memory, relationships, service, and recovery can shape a person over time.

## Availability

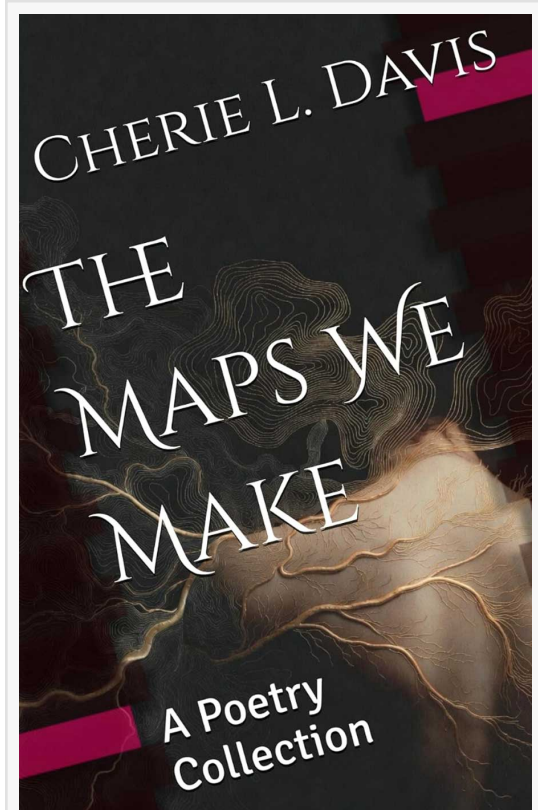
The Maps We Make: A Poetry Collection is available in Kindle and paperback editions on Amazon:

<https://www.amazon.com/Maps-We-Make-Poetry-Collection-ebook/dp/B0HBJH7JDN/>

## A Life Traced Through Seven Movements

"The Maps We Make: A Poetry Collection" begins during a frightening period involving Cherie's husband and his failing heart. Hospital tests, uncertainty, and the possibility of loss create the starting point for a collection that gradually travels through other defining experiences. The poems revisit difficult childhood experiences and the family silence that followed. They examine the lasting presence of those experiences and the ways trauma can continue to surface through anxiety, depression, flashbacks, grief, and sleepless nights. Each poem stands independently, while the collection as a whole forms a larger emotional map. Its structure reflects the unpredictable movement of memory and the way experiences from different periods of life can remain connected.

Nursing, Trust, and the Many Forms of Strength



The Maps We Make: A Poetry Collection by Cherie L. Davis Pic 1

Cherie also draws upon her experience in fifteen years in healthcare. Poems centered on nursing explore demanding shifts, short staffing, patients who leave lasting impressions, and the emotional responsibility of caring for people during vulnerable moments. Another part of the collection examines trust, vulnerability, and the experience of navigating deeply personal relationships. The poem “Threads of Strength” explores this territory through themes of trust, vulnerability, mutual support, love, and emotional healing.

“These poems came from real days and experiences that stayed with me. Writing gave me a place to hold the fear, grief, love, anxiety, healing, and everything that existed between those moments. Each poem became part of the map I was making as I lived it,” said Cherie, Author of *The Maps We Make*.

### An Honest Look at Healing and the World Beyond

The later poems explore the continuing work of recovery, including therapy, EMDR, boundaries, self-love, and the conscious practice of choosing joy. They also acknowledge the return of anxiety, flashbacks, depression, and difficult memories even after meaningful progress has been made.

The collection eventually widens its perspective to contemporary social concerns. Dependence on screens, declining human connection, and the fraying of social bonds become part of its broader reflection on what people experience individually and collectively. Some poems contain mature content, reflecting the personal experiences and subjects addressed throughout the collection. Here is a recent article published [about the book](#).

### About Cherie L. Davis

Cherie L. Davis is an author and nurse leader whose work explores resilience, identity, leadership, healing, and the complexities of human experience. Her memoir, *Through the Fire: A Journey of Trauma, Healing, and Self-Discovery*, explores survival and the



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process of reclaiming oneself after trauma. Her book *Ninety Seconds: What Nursing Taught Me Between Breakdowns and Bad Shifts* draws on fifteen years in healthcare and combines humor, compassion, personal experience, and lessons from life in scrubs.

In *The Maps We Make*, Cherie turns to poetry to document love, grief, childhood wounds, nursing, anxiety, relationships, resilience, and healing.

Cherie L. Davis

Author and Nurse Leader

[cherieldavis@authorbook.me](mailto:cherieldavis@authorbook.me)

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