

NEW CHILDREN'S BOOK "TEDDY BEARS DON'T TEXT" URGES KIDS TO DISCONNECT AND REDISCOVER THE MAGIC OF LISTENING

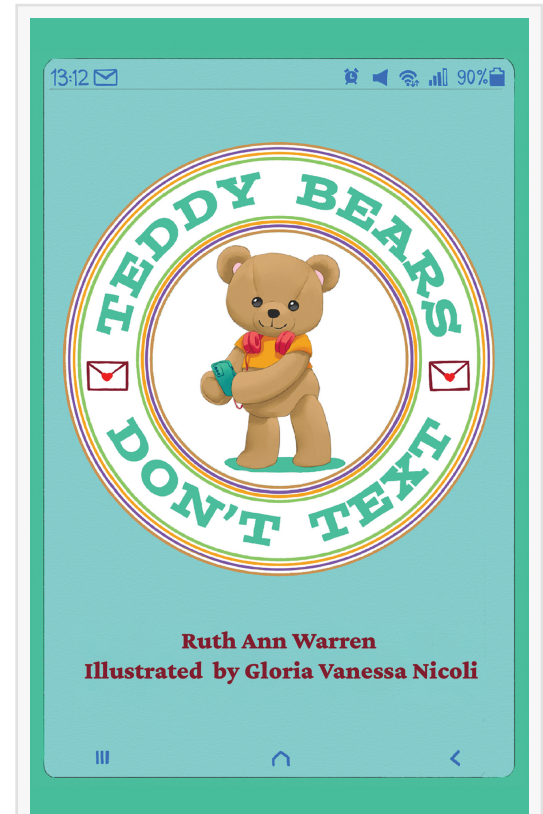
Ruth Ann Warren's visually playful picture book turns the smartphone format upside down to teach the value of being present.

NEW YORK, NY, UNITED STATES, September 5, 2026 /EINPresswire.com/ -- [Spines](#) announces the release of "Teddy Bears Don't Text," a new children's book by Ruth Ann Warren that playfully addresses the modern challenge of screen time. Utilizing the familiar visual of a smartphone interface, this imaginative tale encourages children to disconnect from digital distractions and embrace the magic of active listening.

In an era where digital communication often overshadows genuine, face-to-face interaction, "Teddy Bears Don't Text" offers a refreshing counter-narrative for young readers. The book cleverly juxtaposes the aesthetic of a modern text messaging app with vibrant, swirling illustrations of dancing teddy bears, sports equipment, and holiday word art. Warren's narrative reveals how a cherished teddy bear "listens" to the world—whether it is hearing "the sound of you making music with your feet" while dancing or tuning into the "play by play" of a child's favorite sport.

"Teddy Bears Don't Text" is not just a storybook; it is a vital conversation starter for modern families. As screen time becomes an increasingly dominant force in early childhood, Warren's book serves as a gentle, artistic intervention. It does not scold or demonize technology. Instead, it offers a visually appealing alternative, highlighting how these silent plush companions are fully present for holiday celebrations, absorbing the sounds of joy and smiling back. Ultimately, the story leads children to a powerful, emotionally resonant realization: "Remember Teddy Bears Don't Text. They Listen With Their Eyes And Heart."

The Highlights:



Teddy Bears Don't Text by Ruth Ann Warren

- Subversive Storytelling: Transforms the ubiquitous digital texting interface into a creative canvas for mindfulness and present-moment awareness.
- Engaging Visuals: Pairs colorful, dynamic artwork with simple, profound text to keep early readers captivated while conveying a deeper emotional lesson.
- Empowering Message: Concludes with an interactive prompt, inviting children to put the book down, listen to their surroundings, and discover their own "Listen magic."

"I wanted to take the very format that often isolates us and use it to remind children that the most beautiful moments in life aren't found on a screen," says author Ruth Ann Warren. "When we learn to truly listen to the world around us, just like our teddy bears do, that is when we find real, tangible magic."

"Teddy Bears Don't Text" is [available now](#) in print-on-demand format.

About the Author:

Ruth Ann Warren is a New York-based children's author and former art teacher dedicated to creating stories and activities that foster childhood imagination. Bringing a unique perspective shaped by her background in arts education and a successful career in the corporate confectionery industry, Warren crafts highly visual, heartfelt books that engage both parents and children alike.

Book Details

- Title: Teddy Bears Don't Text
- Author: Ruth Ann Warren
- Publisher: Spines
- ISBN: 9798895699263
- Availability: You can find this book at [Barnes & Noble](#) and major retailers worldwide

Published with Spines, the world's first tech-driven publishing platform.

Yehuda Niv

Spines

+1 561-810-3364

[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/937603457>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.