2026 Health and Wellness Awards Winners and Finalists Announced by Altaris Business Awards



DONCASTER, UNITED KINGDOM, September 8, 2026 /EINPresswire.com/ -- Altaris Business Awards is pleased to announce the winners and finalists of the 2026 Health and Wellness Awards. This year's results recognise organisations working across employee wellbeing, mental health support, community health, retreats, spa services and recreation.
The recipients demonstrate the different forms that effective wellbeing provision can take. Their work includes developing workplace cultures in which people feel able to seek support, improving access to specialist services, creating welcoming spaces for health education and providing restorative experiences shaped around individual needs. Together, they reflect a broad and considered approach to physical, mental and social wellbeing.

Altaris Business Awards 2026 Health and Wellness Awards Winners
- GRS Roadstone - Best Workplace Wellness Initiative
- Healthy Habitz Ltd - Community Impact Award
- ADHD Direct Ltd - Best for Mental Health Support
- Holidays with Heart Limited - Wellness Retreat of the Year
- Fah Lanna Spa - Wellness Spa of the Year
- H Care Wellness & Recreation - Health and Wellness Rising Star

Altaris Business Awards 2026 Health and Wellness Awards Finalists
- Sure Hope Counseling Clinic - Best for Mental Health Support
- H Care Wellness & Recreation - Best Workplace Wellness Initiative, Wellness Spa of the Year
- The Abundance Coach Ltd - Health and Wellness Rising Star

Supporting Wellbeing in Different Settings
The 2026 Health and Wellness Awards reflect an understanding that wellbeing cannot be

reduced to a single service or initiative. Meaningful support may involve improving workplace culture, helping people navigate complex health needs, strengthening community connections or creating environments that encourage rest and recovery.

Across the results, a consistent theme is the importance of listening to people and designing support around their circumstances. The winners and finalists have approached this through education, accessibility, professional development, thoughtful service design and sustained investment in the communities they serve.

Altaris Business Awards congratulates all winners and finalists. Their achievements demonstrate the value of credible, people-focused work in supporting healthier individuals, workplaces and communities.

To learn more about the 2026 Health and Wellness Awards, please contact Altaris Business Awards.

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