

Influential Women Spotlights Ruth N. Noemi Ribeiro: A 35-Year Healthcare Career Fueled By Resilience And Compassion

ORLANDO, FL, UNITED STATES, August 28, 2026 /EINPresswire.com/ -- A Dedicated Patient Navigator and Published Author Turning a Lifetime of Perseverance and Personal Experience Into Support for Others

Orlando, Florida — Ruth N. Noemi Ribeiro is a seasoned healthcare professional with more than 35 years of experience in the medical field and currently serves as a Remote Patient Navigator at Eon Health. Throughout her career, Ruth has remained committed to patient care, healthcare support, and helping people navigate challenging circumstances with greater clarity and confidence. Her professional journey reflects a deep sense of resilience, strengthened by family, faith, determination, and a lifelong belief that quitting is never an option.



Ruth began her healthcare career at just 18 years old in Manhattan, where she worked with Harold Riskin, then president of the American Diabetes Association. That early experience provided Ruth with an important foundation in patient care and chronic disease support and helped establish the direction of a career she would continue to build for more than three decades.

Rather than stepping away from healthcare as her career developed, Ruth continued expanding her knowledge and responsibilities. She received Registered Nurse training through Brooklyn Tech Career College and completed Medical Assistant training at Mandl School of Allied Health Careers, where she specialized in laboratory procedures including venipuncture, blood counts, urinalysis, and glucose monitoring. She also studied nursing and office administration at

Kingsborough Community College.

Ruth's professional background encompasses both clinical and administrative responsibilities supporting patients and healthcare providers. Her previous experience includes working as a Medical Assistant at MetroHealth Inc., where she continued developing the practical skills and patient-centered approach that have remained central to her career.

Today, as a Remote Patient Navigator at Eon Health, Ruth coordinates patient files and reports, schedules exam reminders, communicates with providers regarding care plans, and helps ensure patients receive clear health instructions. Working remotely has allowed her to continue serving patients while bringing the organizational skills, medical knowledge, and compassion she has developed throughout her career to every interaction.

For Ruth, the decision to remain in healthcare has always been connected to her desire to help others. She takes pride in never stepping away from the medical field and in continuing to move forward through every challenge. Her career represents more than professional longevity; it reflects her determination to keep learning, serving, and growing regardless of the obstacles in her path.

That same resilience has shaped another important part of Ruth's life: her journey as a published author.

Beyond healthcare, Ruth has transformed deeply personal experiences into written stories. As a survivor of domestic violence, she felt compelled to share her journey in hopes of inspiring and supporting other women. Writing became another way for Ruth to connect with others and demonstrate that difficult experiences do not have to define the rest of a person's life.

Her late father played an especially important role in encouraging Ruth to pursue this part of her journey. He affectionately called her "the doctor" and proudly told others that he had a doctor in the family. More importantly, he consistently encouraged Ruth to become the best version of herself.

Before his passing, Ruth's father encouraged her to write her book. Although Ruth initially struggled with self-doubt and questioned whether she was good enough to become an author, she ultimately followed his encouragement. She published her first book, *A Witch's Perfume*, which blends elements of her personal journey with her interests in magic and herbalism and is intended to leave a lasting impression on readers much like the lingering scent of perfume.

Ruth's accomplishments as an author have continued to grow. She was honored with the prestigious 2026 Evergreen Award as Best Women's Inspirational Fiction Author in the United States and received the 2026 International Impact Book Award as a Distinguished Author. Her deeply moving work, *Midnight Survivor: The Creative Resurrection of Ruth N Ribeiro and the Rise of Monarch Enchanted*, also earned the Booky Award for Best Ensemble Cast, recognizing the

impact of its compelling characters and storytelling.

Ruth has continued to receive recognition for both her literary accomplishments and the inspiring story behind her work. As a Prestige Member of Influential Women Magazine, she has been celebrated for her professional achievements, resilience, and commitment to empowering others. Her journey has also been highlighted in The Insider Magazine and featured in USA News, further bringing attention to the heartfelt perspective and personal experiences that influence her writing.

Her literary journey continues to flourish. Following the completion of *Midnight Survivor: The Monarch's Flight*, Ruth went on to complete her third book, *Amber's BOS*. She is now writing her next novel, *Invisible Witch*, continuing to create stories shaped by imagination, life experiences, resilience, and a desire to inspire readers.

Writing has become one of Ruth's proudest accomplishments alongside her more than three-decade medical career. Through her growing body of work, she hopes to share meaningful stories, encourage others through the challenges of life, and create connections with readers. Her continued dedication to writing reflects her determination to evolve as an author while using her experiences and creative voice to empower others.

At the foundation of Ruth's success is a simple but powerful philosophy: never give up. Ruth attributes everything she has accomplished to refusing to quit, even when she faced circumstances that made her question herself.

Her father was her greatest inspiration in developing that mindset. Ruth remembers how deeply he believed in her and how his confidence in her helped her believe in herself. Even when Ruth felt intimidated by other authors or questioned whether anyone would listen to her books, she pushed through the self-doubt.

Her father's influence extended beyond his role within their family. Ruth describes him as a humble and strong pastor who made a significant contribution to his community. She and her father shared an especially close relationship, and Ruth called him Pedro, distinguishing their relationship from the way her siblings addressed him.

One childhood experience particularly illustrates the relationship they shared. After Ruth moved from Puerto Rico to St. Croix, U.S. Virgin Islands, she found herself in an unfamiliar environment and experienced bullying at school. Her father came to the school to advocate for her and stood firmly by his daughter when a teacher defended another student. For Ruth, the experience demonstrated that her father would always protect her and have her best interests at heart.

Even after his passing, Ruth continues to encounter people who remember her father as one of the strongest yet most humble individuals they knew. His influence on his family and community remains an important part of Ruth's story.

Ruth carries his most important lesson forward in the advice she offers to young women: never give up and never assume they cannot accomplish something. She encourages women to push through self-doubt rather than allowing it to determine what they can achieve.

Her own journey serves as an example. Ruth once believed she was not capable of becoming an author, yet she ultimately published her work and earned recognition for her contributions to inspirational fiction. She encourages women to pursue what matters to them, do everything they can to reach their goals, and refuse to let fear become a permanent barrier.

Ruth believes that moments when someone feels as though they are breaking can actually represent a period of transformation. For her, those difficult moments can be the beginning of discovering strength and opening new possibilities.

Family remains the most important value in Ruth's personal life. She believes so much of her story and inspiration comes from the people closest to her. Ruth expresses gratitude for the role her family has played in shaping her life, including her sons and their father.

Her sons are now 33 and 23, and while they are grown men, Ruth still sees them as her children. She particularly values the conversations she shares with them, discussing everything from spiritual matters to everyday subjects and asking for their perspectives on life, the future, and the choices they would make.

Ruth also recognizes the importance of balance. She views life as something that must be carried carefully, explaining that if too much is placed on one side, the other side will tilt. Maintaining balance between her professional responsibilities, family, personal interests, and creative pursuits is therefore essential to her sense of fulfillment.

As Ruth continues into the next chapter of her career and creative life, she hopes to expand her connection with other women, share more of her experiences, and use her story to encourage those who may be facing their own difficult circumstances. Her future plans include continuing her writing, sharing the lessons behind her journey, and inspiring others through both her professional and personal experiences.

After more than 35 years in healthcare, the publication of her first two books, and growing recognition as an author, Ruth's journey continues to demonstrate the power of perseverance. From caring for patients to telling stories shaped by resilience, she remains committed to helping others recognize their own strength, embrace their possibilities, and keep moving forward.

Learn More about Ruth N. Noemi Ribeiro:

Through her Influential Women profile, <https://influentialwomen.com/connect/ruth-ribeiro> or

through her website, <https://www.monarchenchanted.com/>

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