

As Orlando's Housing Market Stabilizes, Kitchen Remodeling Demand Grows In Central Florida

As Orlando home values level off, more Central Florida homeowners are reinvesting in their kitchens rather than selling and moving.

ORLANDO, FL, UNITED STATES, September 1, 2026 /EINPresswire.com/ -- After years of rapid swings, Orlando's housing market has leveled off in 2026. Industry data shows a mixed but stabilizing picture: home values have eased in some measures while sale prices have ticked up in others, inventory has grown, and homes are sitting on the market longer than during the pandemic-era boom. For many Central Florida homeowners, this balanced environment is changing the calculus around whether to sell or stay.



I-4 Kitchen and Bath, Central Florida's largest kitchen and bath showroom, is seeing growing demand for kitchen remodeling across Orlando, Winter Park, Dr. Phillips, Lake Mary, and surrounding communities as the housing market stabilizes in 2026.

That shift mirrors a national pattern. According to a national U.S. kitchen trends study published in 2026, as housing stock ages and homeowners stay in their homes longer amid a limited supply of available properties, more are choosing to invest in the functionality of their current kitchens rather than relocate. I-4 Kitchen and Bath, an [Orlando kitchen remodeling](#) company, says it is seeing that same pattern firsthand across its client base in Orange and Seminole counties.

"When the market is calm instead of chaotic, people stop thinking about selling and start thinking about living better right where they are," said Carlos Fowler, from I-4 Kitchen and Bath. "We're seeing that play out every day in consultations, from Orlando to Lake Mary."

Several national kitchen trends for 2026 are echoed in what I-4 Kitchen and Bath says it is seeing among its clients throughout Central Florida.

Wood cabinetry has overtaken white as the top national choice among renovating homeowners for the first time in years, with medium-toned woods leading the shift. I-4 Kitchen and Bath says

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it is seeing the same movement away from all-white kitchens across neighborhoods such as Winter Park, Dr. Phillips, and Windermere, as homeowners look for warmer, more personalized finishes, often paired with two-tone cabinetry.

Layout changes without major expansions are another defining trend nationally, with most renovated kitchens keeping roughly the same footprint even as homeowners change how the space functions. I-4 Kitchen and Bath says this mirrors recent work in neighborhoods such as Maitland and Heathrow, where clients are improving

workflow and storage within their existing layout rather than building out.

Kitchen islands continue to grow in size and function nationally, often integrating dishwashers, microwaves, or prep sinks. I-4 Kitchen and Bath reports similar requests among clients in Winter Garden and College Park, where islands are increasingly designed as multi-use hubs for cooking, prep, and gathering.

Durable, low-maintenance countertops also remain a priority, with quartz continuing to lead national preferences for its resistance to scratching and staining. Given Central Florida's humidity, I-4 Kitchen and Bath says quartz remains one of its most requested materials, including among clients in Lake Mary and Oviedo.

I-4 Kitchen and Bath, which operates a [kitchen and bath showroom in Orlando](#), says the shift toward staying and remodeling is shaping how it works with clients across the region, from initial design consultations through installation. As more Central Florida homeowners choose to reinvest in their current homes rather than sell, the company expects renovation demand to remain strong throughout the remainder of 2026.

Homeowners interested in exploring current kitchen design trends can visit the company's kitchen remodeling in Orlando page, tour its showroom in person, or learn more about custom cabinetry options available throughout Central Florida.

About I-4 Kitchen and Bath

I-4 Kitchen and Bath is a kitchen and [bathroom remodeling](#) company based in Orlando, Florida, serving homeowners throughout Orange and Seminole counties, including Orlando, Winter Park, Dr. Phillips, Windermere, Winter Garden, College Park, Maitland, Lake Mary, Heathrow, Longwood, Oviedo, Sanford, Winter Springs, Altamonte Springs, Casselberry, and Belle Isle. The company operates Central Florida's largest kitchen and bath showroom, holds an A+ rating with the Better Business Bureau, and has earned five-star reviews across Google, Yelp, Angie, and Houzz. Its team brings more than 80 years of combined design and remodeling experience, with

financing available and projects starting at \$10,000.

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