

Cherie L. Davis releases 'The Maps We Make', a Poetry Collection Exploring Trauma, Healing, Service, and Self-Discovery

DURHAM, NC, UNITED STATES, September 2, 2026 /EINPresswire.com/ -- Author and nurse leader Cherie L. Davis recently released '[The Maps We Make: A Poetry Collection](https://www.amazon.com/dp/B0HBJX66CN)' shaped by personal experiences spanning childhood, marriage, healthcare, relationships, recovery, and reflection on the wider world. Organized across seven movements, the collection brings together poems written from real moments and examines how people carry difficult experiences, seek healing, and continue building meaningful lives.

Each poem in *The Maps We Make* stands independently while contributing to a larger emotional narrative. The collection begins with a medical crisis involving Cherie's husband and his failing heart, then moves through memories and experiences that have influenced different stages of her life.

The book is available worldwide via Amazon kindle and paperback editions:

<https://www.amazon.com/dp/B0HBJX66CN>



The Maps We Make: A Poetry Collection by Cherie L. Davis Pic

Mapping Personal Experiences Through Poetry

The early sections of "The Maps We Make: A Poetry Collection" explore uncertainty, grief, childhood trauma, and the lasting impact of family silence. Cherie reflects on the emotional consequences that continued into adulthood.

The collection's structure mirrors the unpredictable nature of memory. Experiences from different periods appear as individual points on a personal map, allowing the poems to explore how past events can remain present in thoughts, relationships, and emotional responses. Mature themes are included throughout the collection, reflecting the personal nature of the

experiences addressed.

Nursing, Responsibility, and Personal Surrender

Cherie also draws upon fifteen years in healthcare. Her poems explore short-staffed shifts, emotionally difficult patient encounters, professional pressures, and concerns about healthcare systems. Nursing becomes part of a broader examination of what it means to care for others while managing private emotional burdens.

Another section explores Cherie's experience with consensual submission within a Dominant/submissive relationship. Poems including Daddy and A Promise of Submission address trust, devotion, vulnerability, commitment, and the mental stillness she associates with consciously releasing control.

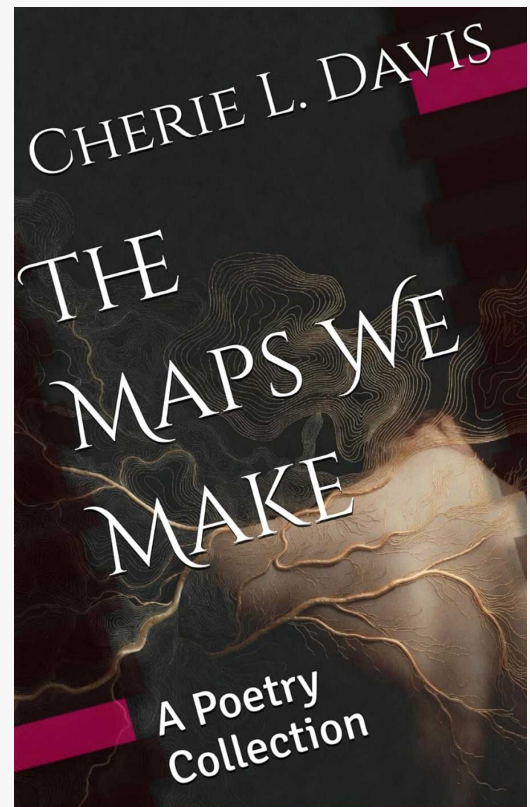
"Writing these poems gave me a place to hold experiences that had lived in my mind and body for years. They reflect fear, love, service, surrender, healing, and the moments when the past still finds its way into the present," said Cherie L. Davis, Author.

An Ongoing Process of Healing

Later poems examine Cherie's experiences with therapy, EMDR, writing, boundaries, and self-love. The collection also addresses recurring anxiety, depression, flashbacks, grief, and nights when an active mind makes rest difficult.

As the collection progresses, its perspective expands beyond personal history. Cherie reflects on mass shootings, the influence of screens on human interaction, changing social bonds, and concerns about how people connect with and care for one another.

These themes contribute to the central idea behind *The Maps We Make*: a person's internal map continues developing through experiences, relationships, choices, setbacks, and moments of understanding. Here is a recent article published



The Maps We Make: A Poetry Collection by Cherie L. Davis Pic 7



The Maps We Make: A Poetry Collection by Cherie L. Davis Pic 8

[about the author.](#)

About Cherie L. Davis

Cherie L. Davis is an author and nurse leader whose writing explores resilience, identity, healing, leadership, and human experience. Her memoir, *Through the Fire: A Journey of Trauma, Healing, and Self-Discovery*, examines survival and reclaiming oneself after trauma.

Her book *Ninety Seconds: What Nursing Taught Me Between Breakdowns and Bad Shifts* draws upon fifteen years in healthcare and shares experiences involving patient care, professional challenges, compassion, humor, and lessons from life in scrubs.

Through her work, Cherie examines experiences people often carry privately and the ways reflection can help create understanding and meaning.

Cherie L. Davis

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The Maps We Make: A Poetry Collection by Cherie L. Davis Pic 9



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