

Entourage Barbershop in West Hollywood Appears on KTLA to Discuss Men's Mental Health

WEST HOLLYWOOD, CA, UNITED STATES, August 28, 2026

/EINPresswire.com/ -- After more than 35 years of experience in the industry, [Entourage Barbershop](#) founder Spike Eldib knows the power of the bond that forms between regular clients and their trusted barbers. Today, he is leveraging that bond to promote men's mental well-being through his "Hairapy" program.

In an interview with KTLA 5 News, Eldib described the program as "an open connection between a client and a barber." Entourage's barbers have been trained to listen and support clients when they share their feelings of stress about work, relationships, or any other personal struggles.



Entourage Barbershop Storefront

Because Entourage's barbers are not licensed mental health professionals, Eldib often consults with professional therapists to ensure they give helpful mental health advice to clients. "Everything I say or I do, I go back and I clear with my therapist to see what I did right, what I did wrong," he explained.

Eldib believes the relaxing nature of haircuts naturally facilitates deep and personal conversations that can ease the emotional weight of the struggles men often experience, such as loneliness. A 2025 Gallup poll revealed that young men in America were more likely to feel lonely and stressed than men in other countries. Eldib sees barbershops as a safe, private space to talk through feelings such as these.

"[A man often] wakes up alone. Even if he's married, he's still waking up alone, because he has thoughts that he can't share with his wife for some reason or closest friends," he said in the KTLA 5 News interview. "You go to a barbershop... All of a sudden, all your senses are relaxed... Talking

to somebody—the barber's chair, I think, is the perfect place to break that barrier."

Entourage Barbershop has created the perfect environment for restorative conversations to flourish. With multiple private rooms and spaces where chairs are six feet apart, Entourage keeps those conversations intimate and discreet. A luxurious interior, state-of-the-art equipment, and an acclaimed VIP experience also show that Entourage's service goes above and beyond most barbershops' offerings.

Entourage Barbershop is located on 8601 Sunset Blvd. in West Hollywood, California. To book an appointment, go to EntourageBarbershop.com or call 310-855-8044.

About Entourage Barbershop

Entourage Barbershop opened in 2020 on the Sunset Strip, offering a premium men's grooming experience in the heart of West Hollywood. With ample parking in the rear, a secluded entrance, and an upper-level VIP section, guests can enjoy a private, elevated visit at our West Hollywood barbershop.

Innovative and upscale, Entourage specializes in quality men's grooming, including [precision haircuts](#), fades, hot towel shaves, beard trimming, color, waxing, designs, line ups, and facials. Our West Hollywood location serves clients from across Los Angeles who expect consistency, detail, and a refined experience.

Spike Eldib

Entourage Barbershop

+1 310-855-8044

[email us here](#)



Entourage Barbershop



Entourage Barbershop

Visit us on social media:

[Instagram](#)

[Facebook](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/937900804>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.