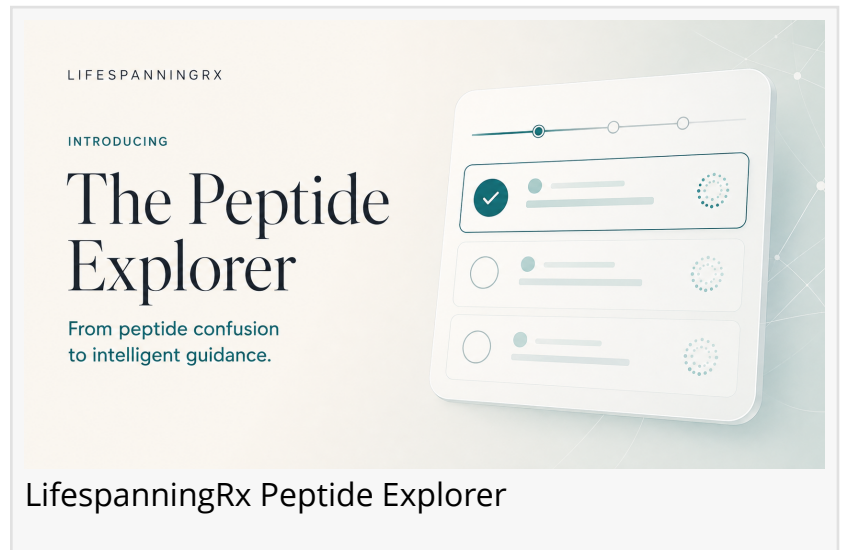


LifespanningRx Launches Peptide Explorer to Support Informed, Clinician-Guided Therapy Discussions

New educational tool helps users organize their health goals and explore up to three therapy candidates before clinical evaluation

MIAMI, FL, UNITED STATES, August 31, 2026 /EINPresswire.com/ --

[LifespanningRx](#) today announced the launch of the [Peptide Explorer](#), an online educational tool designed to help individuals better understand which peptide therapy categories may be relevant to their health and longevity goals.



The Peptide Explorer guides users through a structured questionnaire addressing areas such as energy and metabolism, body composition, recovery, healthy aging, cognitive health, stress, skin and hair, gut support, sexual wellness and physical performance.



Peptides are not the problem. Confusion is."

Jean Fallacara, CEO

Based on the information provided, the system may identify up to three therapy candidates for the user to explore and potentially discuss with a licensed healthcare

professional.

The tool does not diagnose medical conditions, prescribe treatment, recommend dosages or determine medical eligibility.

"Peptides are not the problem. Confusion is," said Jean Fallacara, founder and CEO of LifespanningRx.

"We created the Peptide Explorer to give people a more organized starting point before they

“speak with a healthcare professional.”

Addressing a Growing Information Gap.

Public interest in peptide therapies has increased, but consumers often encounter conflicting information regarding available compounds, intended uses, safety considerations and treatment protocols.

The Peptide Explorer was developed to organize this information around the individual's stated objectives rather than presenting users with an undifferentiated product catalog.

The experience takes approximately five minutes to complete. Users answer questions about their goals, priorities, previous experience and relevant health considerations. The platform then explains why specific therapy categories may be worth further discussion.

According to LifespanningRx, the underlying system evaluates responses across 35 therapy families using 122 routing actions. Safety-related answers may modify, restrict or prevent therapy candidates from being displayed.

Certain responses may instead direct users to seek appropriate medical care.

Education Before Clinical Evaluation

Results generated by the Peptide Explorer are intended solely for educational purposes. Receiving a potential match does not establish medical necessity or confirm that an individual qualifies for treatment.

Any decision to prescribe a therapy, determine its dosage or establish a monitoring plan must be made independently by a licensed healthcare professional following an appropriate medical evaluation.

“Personalization requires guardrails,” Fallacara said.

“The system must be able to identify a potentially relevant direction, but it must also recognize when making a suggestion would not be appropriate.”

Users who wish to proceed after reviewing their results may access additional educational information through the LifespanningRx platform and request a clinician-guided evaluation. When a licensed clinician determines that treatment is medically appropriate, a patient-specific prescription may be submitted to a qualified U.S. compounding pharmacy for fulfillment.

Part of the LifespanningRx Platform

The Peptide Explorer is part of LifespanningRx's broader effort to connect longevity education, digital guidance, clinical evaluation and patient support within one platform.

The company says the tool was developed to help users prepare for more focused conversations with healthcare professionals and to reduce reliance on generic online recommendations.

The Peptide Explorer is available online for free.

About LifespanningRx

LifespanningRx is a health and longevity platform providing educational resources, digital guidance and access to clinician-led evaluations. The platform supports individuals exploring options related to healthy aging, metabolic health, recovery, cellular health and physical performance.

LifespanningRx does not manufacture medications or independently determine whether a therapy is medically appropriate. Treatment decisions are made by licensed healthcare professionals, and prescribed medications are fulfilled by qualified U.S. pharmacies.

Medical Disclaimer: The Peptide Explorer is provided for educational and informational purposes only. It does not diagnose, prescribe, recommend dosages or replace professional medical care. Results do not establish medical necessity or guarantee eligibility for treatment. Any treatment decision must be made by a licensed healthcare professional following an appropriate medical evaluation.

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