

Spiritual Healer Neva Rayne of Living Joyously Recently Featured on Close Up Radio

SARASOTA, FL, UNITED STATES, August 31, 2026 /EINPresswire.com/ -- Neva Rayne, a seasoned energy healer, has dedicated herself, both personally and professionally, to the study and exploration of the healing arts. Her passion is centered on personal development and spiritual growth. And through that gateway, Neva has served many people, guiding them through their personal struggles and spiritual evolvment.

Neva shares: every client comes with their own story and their own history, and behind it all is energy. Simply energy -- energetic patterns and frequencies. Listening with an attentive and compassionate ear Neva explains the basics to her clients.



Energy is either flowing or it's not. When it's not, we often refer to it as "being stuck". We even say, "I feel stuck" or "I can't get going" We feel this in our bodies. Energy is designed to move. That is its nature. However, it's our responsibility to determine the quality of our life force energy. That's where energy healing comes in.

And that's where Neva enters people's lives.

Those who have suffered enough, those who have angered enough, those who have cried enough, those who can't seem to get ahead, those with chronic anxiety and worry, those who are simply frustrated with themselves and/or with the way things are, and know there's a better way -- those are the ones who are ready for change -- and those are the ones who wholeheartedly have both feet on the path.

Energy is invisible. When it's imbalanced or unsupportive, we refer to this as being "discordant" or "disruptive". We can see this in our repeated struggles or negative habits.

Truth is always there. We look in the mirror; we shave or fix our hair; however, there is a deeper level of showing up that needs to be addressed. Once we walk out the door, life becomes the mirror to the invisible energy running our lives.

This invisible energy is the beliefs and programs we carry about ourselves and what is possible. Whether it's the mistaken belief that we are not good enough, not strong enough or not worthy enough, these negative beliefs keep us limited, bound to our history. Brain science shows neuroplasticity, where neural pathways die off and new ones are established. "What was" evaporates – energy moves—negative beliefs and old programs dissolve, and frozen energy is released, allowing people to reinvent themselves.

"It's inspiring to her clients the way the world shifts around them," remarks Neva. We are Essence – and Essence is unblemished. Self-realization, knowing who we truly are, unlimited beings, free to express our full potential, and that Love is our nature -- it's beyond words – it's transformational. It's the language of the Divine."

As things are let go, Essence increasingly shines through. People express feeling lighter... and lighter and lighter. Physical reality shapes and bends itself to match their higher harmonics and balanced energies.



It's Quantum Physics!

Neva faced many battles in her life, including depression, anxiety, and a life-threatening illness. Once she experienced a shift in her emotions, perceptions, and energy, she knew that this would be her future: a dedication to helping others heal and transform their lives. Blending her talents with personal experience, seasoned techniques, compassion, and inspired guidance, Neva gives Source all the credit.

"I'm just a vessel," is her favorite expression.

As Neva listens to people tell their story, a "checklist" emerges from their subconscious. It could even be a single phrase or word that catches her attention. Using the individual's own deepest wisdom as a guide, they muscle test to get answers, follow the dots, and identify the root cause. Theories and methods of energy psychology dissolve issues at the causal level. Gone!

Life is a process. It's transformational. Releasing discordant energy, negative emotional charge, reactivity, triggers, outdated beliefs, old programs and scripts takes a measure of courage, determination and curiosity. Along the way, enthusiasm blossoms -- filtering through every aspect of life.

Our lives become more productive; healthier and peaceful as old habits fall away. We take up new hobbies – because we have the energy to – and we look forward to engaging with the day. Our relationships improve. Prosperity increases.

Neva practices under the name Living Joyously, which is as much a philosophy as a company. Once we release trapped energy, a life of joy and abundance becomes possible. Her integrative methods address wellbeing, focus, stamina, spiritual grounding and the everyday challenges of life.

Neva Rayne meets with clients via phone and Zoom, from her home base in Sarasota, FL. She combines 25 years of training in dozens of modalities to help people reclaim their health, joy and inner peace. Her strong convictions and faith have encouraged her to soar to unusual depths and heights in the healing arts profession."



If you're ready to have a happier more fulfilling life, ready to embrace change and transformation, join us for Neva's return engagement to the Close Up Radio Podcast this August where you can learn more about what Neva does and how she can help you.

Close Up Radio recently featured spiritual healer and guide Neva Rayne in an interview with Jim Masters on Thursday August 27th at 2pm Eastern

[Listen to the Podcast](#)

<https://podcasts.apple.com/us/podcast/close-up-radio-welcomes-back-spiritual-healer-neva/id1785721253?i=1000786871775>

<https://www.iheart.com/podcast/269-close-up-radio-242020413/episode/close-up-radio-welcomes-back-spiritual-healer-neva-rayne-of-living-joyously-342711322>

<https://open.spotify.com/episode/34TNfOrpqfk05NvB4qhpw>

To view all the essays, services, and videos, go to the website: <https://livingjoyously.com>

Lou Ceparano

Close Up Television & Radio

+ +1 631-850-3314

[email us here](#)

Visit us on social media:

[Facebook](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/938416014>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.