

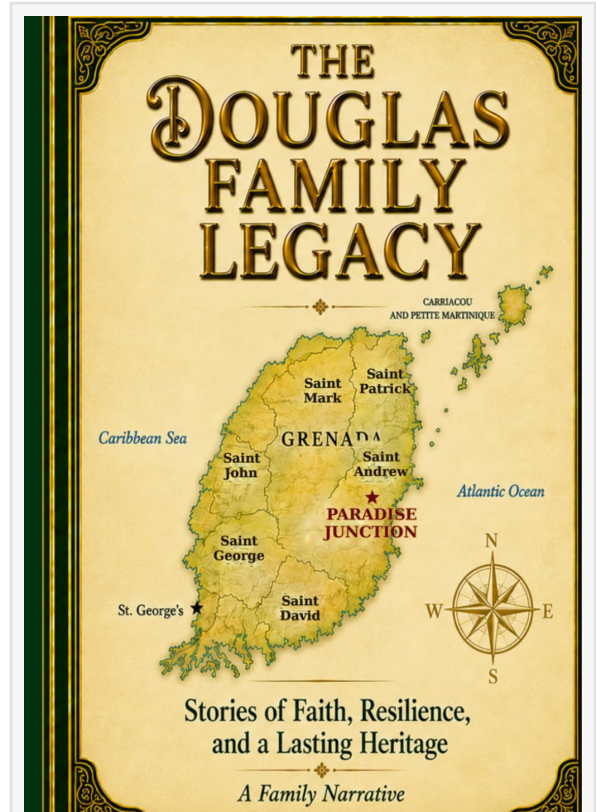
The Douglas Family Legacy Preserves More Than a Century of Faith, Family, and Grenadian Heritage

Dr. Walter O. Simmons chronicles generations of the Douglas and Kingston families, preserving stories of resilience, community, migration, and lasting influence

NEW YORK CITY, NY, UNITED STATES, August 31, 2026 /EINPresswire.com/ -- Dr. Walter O. Simmons brings generations of family and community history together in *The Douglas Family Legacy: Stories of Faith, Resilience, and a Lasting Heritage*, a carefully researched chronicle of the Douglas and Kingston families of Paradise Junction, St. Andrews, Grenada. Built from years of research, interviews, historical documents, genealogical records, photographs, and family collaboration, the book preserves more than a century of experiences while demonstrating how individual lives can collectively shape families, communities, and national heritage.

Centered on Rufus Rougier Douglas and Helena Kingston Douglas and their descendants, *The Douglas Family Legacy: Stories of Faith, Resilience, and a Lasting Heritage* follows a family history deeply connected with the wider story of its community. Simmons documents generations shaped by faith, education, agriculture, entrepreneurship, service, and migration. As descendants moved throughout Grenada and beyond to the wider Caribbean, North America, Europe, and other destinations, they carried traditions and values with them while establishing new lives and contributing to the societies they joined.

The project grew from a commitment to ensure that valuable family stories would not disappear with the passing of generations. Through collaboration with loved ones and the careful gathering of records and memories, Simmons created a permanent account of people whose experiences might otherwise remain only in private recollections. *The Douglas Family Legacy: Stories of Faith, Resilience, and a Lasting Heritage* demonstrates how genealogy becomes more meaningful



The Douglas Family Legacy: Stories of Faith, Resilience, and a Lasting Heritage by Dr. Walter O. Simmons

when names and dates are accompanied by the personal narratives, sacrifices, relationships, beliefs, and circumstances that gave those lives context.

Beyond its significance to one family, the book speaks to readers interested in genealogy, Caribbean history, migration, cultural heritage, and the preservation of family memory. Its stories highlight people who served as educators, leaders, public servants, entrepreneurs, creators, church members, and community builders. Simmons emphasizes that history is not solely the record of celebrated public figures. It is also created through ordinary people whose work, perseverance, faith, and commitment influence children, institutions, neighborhoods, and generations long after their own lives have ended.

Simmons uses *The Douglas Family Legacy: Stories of Faith, Resilience, and a Lasting Heritage* to honor that quieter form of historical influence while creating a resource for descendants who want to understand where they came from. The book recognizes the Douglas and Kingston families not only through individual accomplishments but through the values and connections sustained across generations and geographic boundaries. By preserving photographs, records, memories, and personal histories together, Simmons offers a lasting reminder that documenting family heritage can protect stories that belong not merely to the past but to generations still to come.

The book is now available—secure your copy here: <https://a.co/d/0ifx45Ja>

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