

Nautical Bowls Announces Opening in Mesa, Arizona

Welcome Nautical Bowls to Mesa, Arizona

MESA, NC, UNITED STATES, August 31, 2026 /EINPresswire.com/ -- As [Nautical Bowls](#) continues its rapid expansion across the country, the brand is proud to announce the opening of its newest location in Mesa, Arizona. Founded on the belief that healthy food should be accessible, flavorful, and enjoyable, Nautical Bowls has become a go-to destination for [superfood](#) bowls and smoothies made with clean ingredients and inspired by an active, vibrant lifestyle.

The new restaurant will be locally owned and operated by Vikram and Ajita, who are bringing Nautical Bowls' signature superfood bowls, smoothies, and more to the Mesa community. Nautical Bowls is known for its açai and superfood bowls and smoothies made with thoughtfully sourced, all-natural ingredients that are gluten-free, dairy-free, soy-free, and plant-based.

"We fell in love with Nautical Bowls because it perfectly aligns with our passion for healthy living and our desire to bring something truly beneficial to our neighbors. Mesa is a vibrant, active, health-conscious community, and we are absolutely thrilled to establish a welcoming space where families and fitness enthusiasts alike can fuel their days with clean energy," says Vikram.



Build your own bowl options at Nautical Bowls.



Surfs up at Nautical Bowls!

This opening represents the first Nautical Bowls location in Mesa, but the sixth in Arizona - continuing the brand's nationwide expansion as demand grows for convenient, better-for-you dining options that fit a variety of lifestyles.

"Our goal is to make healthy eating both effortless and delicious for the Mesa community. We can't wait to introduce our nutrient-packed superfood bowls and show our neighbors that eating well can taste enjoyable," says Vikram.

Founded in 2018 by husband and wife duo Bryant and Rachel Amundson, Nautical Bowls was created with a mission to simplify better-for-you eating without sacrificing flavor or experience. Each location delivers an uplifting, community-focused atmosphere paired with nutrient-dense menu options designed to fuel your everyday life.

In addition to serving up superfoods, Nautical Bowls is committed to giving back. Through its partnership with Venture, the brand donates a meal to a child in need for every bowl purchased, extending its mission beyond each store's four walls.

The Mesa Nautical Bowls location will celebrate its opening on September 1, 2026. Guests are encouraged to visit the new location or follow Nautical Bowls Mesa on social media for updates and the official grand opening details.

As Nautical Bowls continues to grow its national footprint, additional locations are planned to open across California, Arizona, North Carolina, Indiana, and Texas, further expanding the brand's presence and bringing its superfood-forward menu to communities nationwide.

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