



Sterling Staffing Solutions Named #64 on the Houston Business Journal's 2026 List of Family-Owned Businesses

Houston-based home health staffing company recognized among the region's top family-owned companies

HOUSTON, TX, UNITED STATES, August 31, 2026 /EINPresswire.com/ -- Sterling Staffing Solutions (Maceo Carter Investments, LLC), a healthcare staffing company under the Cartera Health umbrella, has been ranked #64 on the Houston Business Journal's 2026 Family-Owned Businesses list, as published in the publication's August 28, 2026 issue.

The Houston Business Journal's Family-Owned Businesses list recognizes locally headquartered companies for their scale, longevity, and impact across the Houston business community.

Sterling Staffing Solutions is co-founded and led by twin brothers Stephen Levi Carter and Dr. Sterling L. Carter, who also lead White Orchid Hospice and Sterling Physical Therapy and Wellness operations. Together, the Cartera Health family of companies serves patients and families across Greater Houston, San Antonio, Corpus Christi, and Oklahoma City.

"This recognition belongs to our clinicians and staff, who show up every day to make sure our patients get the care they deserve," said Stephen Levi Carter, Co-Founder and CEO. "Sterling Staffing Solutions was built as a family business, and this ranking is a testament to the culture



STERLING STAFFING SOLUTIONS

A COMPANY OF CARTERA HEALTH



The Carter Brothers, Dr. Sterling Carter and Stephen Levi Carter, receive the Presidential Lifetime Achievement Award

my brother and I set out to create from day one."

Sterling Staffing Solutions holds SDVOSB, MBE, HUB, and Joint Commission certifications, and continues to grow its home health therapy and nursing staffing operations across Texas and Oklahoma.

About Sterling Staffing Solutions

Sterling Staffing Solutions (Maceo Carter Investments, LLC) is a healthcare staffing company and part of the Cartera Health family of companies, which also includes White Orchid Hospice and Sterling Physical Therapy and Wellness services. Founded by twin brothers Stephen Levi Carter and Dr. Sterling L. Carter, the company serves patients and families across Greater Houston, San Antonio, Corpus Christi, and Oklahoma City.

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