

Daring Foods Launches High-Protein Plant-Based Skillet Meals Nationwide at Sprouts Farmers Markets

New Globally Inspired Entrees, is Daring's Newest Expansion Into Quick, Convenient Meals.

LONG BEACH, CA, UNITED STATES, September 1, 2026 /EINPresswire.com/ -- - Daring expands its frozen meal lineup with six new multi-serve Skillet Meals, marking its largest multi-SKU launch ever.

- Five varieties will debut exclusively at [Sprouts](#) stores nationwide this month, with additional retailers to follow later this year.

- Delivering 21–25g of protein and 9–13g of fiber per serving, Skillet Meals bring protein and fiber together in a complete meal ready in about 10 minutes, free, and non-GMO.



Daring introduces six new plant-based Skillet Meals

all while remaining 100% plant-based, gluten-

[Daring Foods](#), the #1 unbreaded plant chicken brand in the U.S., announced today the launch of six new frozen Skillet Meals, expanding its lineup of convenient, complete meals. The new one-pan meals combine Daring's signature plant-based protein with vegetables, legumes, grains and pasta to create complete and balanced meals ready in about 10 minutes.

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Shoppers are increasingly looking for convenient meals that deliver on more than one need, Skillet Meals bring together protein, fiber, convenience, and globally inspired flavors.”

JJ Kass, VP of Sales at Daring

The launch marks Daring's largest multi-SKU product introduction ever and builds on the brand's expansion into convenient, complete meal options. Five of the six varieties will launch exclusively at Sprouts stores nationwide, with additional retailers set to carry the line later this year.

Introducing Daring Skillet Meals

The new Skillet Meals pair Daring Plant Chicken with vegetables, legumes, grains, pasta and more across six flavor-packed varieties.

The six varieties include:

- Mediterranean-Spiced Chickpeas & Veggies – Chickpeas, peppers, red onion, garlic and shawarma-inspired spices.
- Smoky Veggie Chili – Beans and vegetables in a smoky tomato sauce.
- Power Grains & Greens – Quinoa, kale, edamame, red pepper, chili and onion.
- Lemon & Garlic Rotini – Pasta and vegetables in a lemon and garlic sauce.
- Teriyaki Veggie Stir-Fry – Broccoli, peppers, mushrooms, water chestnuts and edamame in teriyaki sauce.
- Penne Pomodoro – Pasta, red peppers, mushrooms and tomatoes in a tomato sauce.

Each Skillet Meal delivers 21-25g of protein and 9-13g of fiber per serving, averaging about 50g of protein and 20g of fiber per bag. As consumer interest in these nutrients grows, Daring's new line delivers meaningful amounts of both in a convenient meal. All varieties are 100% plant-based, gluten-free and non-GMO.

With 2.5 servings per bag, prepared in one pan and ready in about 10 minutes, the Skillet Meals offer an easy complete option for lunch or dinner.

"We believe the foods people love can be better, and Daring Skillet Meals are an important next step," said Chris Coburn, CEO of Daring. "They bring that idea to life - familiar, flavorful meals made with Daring protein, vegetables, grains and simple ingredients. It's another step in expanding what Daring can bring to the table, giving people more convenient ways to eat well without compromising on taste."

More Ways to Enjoy Daring

The Skillet Meals build on Daring's expansion into convenient meal solutions, including its single-serve microwavable entrée bowls and last year's launch of microwavable Original Diced and Shredded Plant Chicken, now available nationwide.

"Shoppers are increasingly looking for convenient meals that deliver on more than one need," said JJ Kass, VP of Sales at Daring. "Skillet Meals bring together protein, fiber, convenience, and globally inspired flavors. We're thrilled to introduce these new items to Sprouts shoppers, who are highly engaged in discovering innovative, better-for-you products that make eating well easier without compromising on taste."

Launching Nationwide at Sprouts

Five Daring Skillet Meal varieties will be available at Sprouts stores nationwide beginning September 1st. The launch gives Sprouts shoppers early access to the new line before Daring expands distribution to additional retailers later this year.

The Skillet Meals join Daring's existing portfolio of unbreaded Plant Chicken, breaded Plant Chicken, microwavable Diced and Shredded Plant Chicken and single-serve entrée bowls.

For more information about Daring Foods, its products and where to buy them, visit [Daring.com](https://daring.com).

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About Daring Foods

Daring Foods is a modern food company making the foods people love better, starting with plants. Daring creates delicious, protein-forward foods made with simple ingredients, from its signature Plant Chicken to complete meals and new protein innovations. Daring is the #1 unbreaded plant chicken brand in the U.S. and is available at retailers nationwide.

For more information, visit [Daring.com](https://daring.com).

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