Alliance Orthopedics Welcomes Fellowship-Trained Orthopedic Surgeon Dr. Daniel Arias

Alliance Orthopedics is excited to welcome Dr. Daniel Arias, DO, to its team of distinguished providers



OLD BRIDGE, NJ, NJ, UNITED STATES, September 8, 2026 /EINPresswire.com/ -- Alliance Orthopedics is excited to welcome Daniel Arias, DO, to its team of distinguished providers, expanding its comprehensive orthopedic sports medicine services with specialized care for conditions affecting the shoulder, elbow, and knee.

Dr. Arias provides surgical and nonsurgical orthopedic care, with expertise in arthroscopic procedures, joint replacement, sports medicine, and fracture care. His addition expands Alliance Orthopedics' surgical capabilities and provides patients with greater access to specialized orthopedic care.

> We are proud to welcome Dr. Arias to Alliance Orthopedics as we continue to strengthen the level of orthopedic care we provide across our communities."
>
> *Bryant Acquaro, Chief Operating Officer of Alliance Orthopedics*

Dr. Arias completed an Orthopedic Sports Medicine Fellowship at the Andrews Research and Education Foundation, where he trained with nationally recognized orthopedic and sports medicine specialists. During his fellowship, he cared for athletes across multiple levels of competition and served as an Assistant Team Physician for Auburn University Football. His training also included providing medical coverage for collegiate, high school, and professional athletes across a variety of sports.

Prior to his fellowship, Dr. Arias completed his orthopedic surgery residency at Valley Hospital Medical Center. During his residency, he gained extensive experience in general orthopedics, sports medicine, fracture care, and robotic total knee replacement.

Dr. Arias earned his Doctor of Osteopathic Medicine degree from Nova Southeastern University. He also holds a Master's Degree in Biomedical Sciences from Barry University and a Bachelor of Science in Biochemistry with a minor in Spanish from Auburn University.

“We are proud to welcome Dr. Arias to Alliance Orthopedics as we continue to strengthen the level of orthopedic care we provide across our communities,” said Bryant Acquaro, Chief Operating Officer of Alliance Orthopedics. “His advanced sports medicine training and expertise in shoulder, elbow and knee conditions expand our ability to support patients throughout every stage of recovery.”

Dr. Arias is committed to providing individualized treatment focused on restoring function and helping patients return to their daily activities, work, and athletics. His approach aligns with Alliance Orthopedics' emphasis on personalized, patient-centered care and connecting with the individual needs and goals of each patient.

In addition to his clinical practice, Dr. Arias has an interest in community outreach, patient education, orthopedic research, and advancements in orthopedic care. Outside of medicine, he enjoys spending time with his family, staying active outdoors, traveling, and exploring new foods.

About Alliance Orthopedics

Alliance Orthopedics is New Jersey’s leader in multidisciplinary musculoskeletal care with eight locations across the state. With expertise spanning orthopedic surgery, pain management, physical therapy, occupational therapy, chiropractic care, and sports medicine, Alliance Orthopedics is committed to helping patients live stronger, healthier, and pain-free lives. Our team of board-certified specialists uses cutting-edge treatments and a collaborative approach to deliver personalized care with proven results.

For more information about Alliance Orthopedics and its comprehensive orthopedic services, visit allianceortho.com

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