

Advantage Healthcare & Physiotherapy, Marks 22 Years Providing Physiotherapy in Wynnum

Wynnum physio clinic reflects on more than two decades of supporting the Brisbane Bayside community through experienced allied health care.

QLD, AUSTRALIA, September 3, 2026 /EINPresswire.com/ -- Established in Wynnum in 2004, the clinic now brings together 11 physiotherapists, three massage therapists and an exercise physiologist.

[Advantage Healthcare & Physiotherapy](#) is marking 22 years of providing physiotherapy and allied health care to Wynnum and the surrounding Brisbane Bayside community.

Established in Wynnum in 2004, the clinic has grown from a local physiotherapy practice into a multidisciplinary allied health clinic with 11 physiotherapists, three massage therapists and an exercise physiologist.

Its services include musculoskeletal physiotherapy and management of persistent or complex conditions, along with pelvic floor, paediatric, vestibular, neurological and occupational health physiotherapy. The clinic also provides exercise physiology, remedial massage and coordinated rehabilitation.

"Reaching 22 years gives us an opportunity to recognise the trust that local patients, families and health professionals have placed in the clinic," said Calum Fraser, Director at Advantage Healthcare & Physiotherapy.

"Healthcare has changed considerably since 2004, but patients still want clear explanations, experienced clinical care and a practical plan for improving their movement and function. Those principles continue to guide how we work."

All physiotherapists at Advantage Healthcare & Physiotherapy have at least 10 years of clinical experience, with several bringing more than 20 years of experience to their work.

This depth of experience supports the clinic's work with musculoskeletal injuries, persistent pain, pelvic health concerns, balance and dizziness disorders, childhood developmental concerns, neurological conditions and post-surgical rehabilitation.

Where a patient's needs extend across different areas of care, practitioners can coordinate physiotherapy with exercise physiology and remedial massage within the same clinic. Treatment may include clinical assessment, hands-on treatment where appropriate, patient education, prescribed exercise and progressive rehabilitation.

Over the past 22 years, Advantage Healthcare & Physiotherapy has treated people from Wynnum, Manly, Lota, Tingalpa and the broader Brisbane Bayside region. Many patients return to the clinic at different stages of life, while others attend following recommendations from family members, local doctors and other health professionals.

The clinic says its services have continued to develop in response to community needs, including the expansion of [pelvic floor physiotherapy](#), vestibular rehabilitation and [paediatric physiotherapy](#).

"Our aim is not simply to provide short-term symptom relief," Fraser said. "We want patients to understand what may be contributing to their problem and what they can do to improve or manage it over the longer term."

As Advantage Healthcare & Physiotherapy enters its 23rd year, the clinic plans to continue investing in professional development, clinical education and coordinated rehabilitation services for the Wynnum and Brisbane Bayside community.

More information about Advantage Healthcare & Physiotherapy is available at <https://advantagehealth.net.au/>.

About Advantage Healthcare & Physiotherapy

Advantage Healthcare & Physiotherapy is a multidisciplinary allied health clinic established in Wynnum, Queensland, in 2004. Its team provides physiotherapy, pelvic floor physiotherapy, paediatric physiotherapy, vestibular rehabilitation, exercise physiology, remedial massage and clinical rehabilitation. The clinic serves Wynnum and surrounding Brisbane Bayside communities.

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