

Rise Offers a Purpose Driven Framework for Turning Discouragement Into a Comeback

Kelvin B. Henry draws on leadership, ministry, and personal adversity to help readers confront discouragement, rebuild strength, and move with purpose.

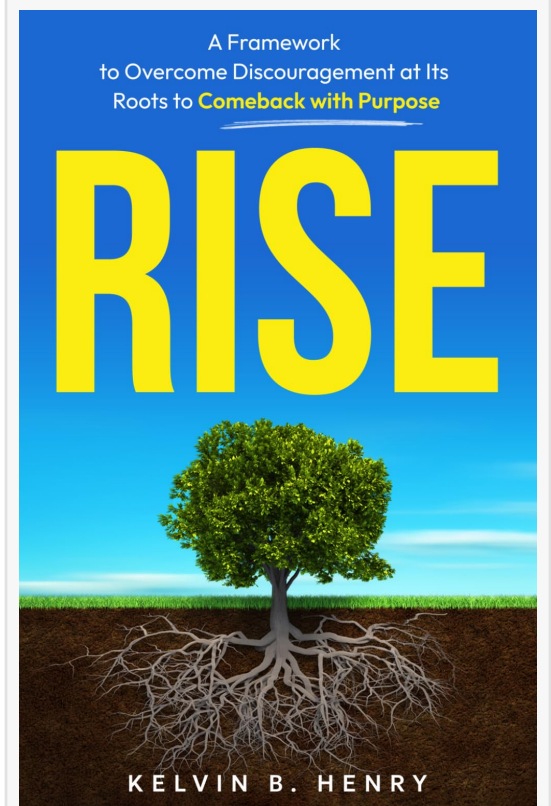
NEW YORK CITY, NY, UNITED STATES, September 1, 2026 /EINPresswire.com/ -- Kelvin B. Henry addresses the difficult space between setback and recovery in *Rise: A Framework to Overcome Discouragement at Its Roots to Comeback with Purpose*, a personal development and faith-centered guide for people determined to move forward after disappointment, loss, or disruption.

Grounded in Henry's leadership experience and encounters with significant adversity, the book presents discouragement not as the conclusion of a person's story, but as a challenge that can be examined, understood, and answered with purposeful action.

Central to the book is Henry's R.I.S.E. Framework, built around four principles: Recognize, Informed, Strength, and Execute. The framework is designed to move readers beyond temporary motivation by helping them identify discouragement, gain perspective, strengthen their internal foundation, and translate renewed understanding into action.

Throughout the book, Henry connects practical guidance with a God-anchored perspective, encouraging readers to confront the roots of what has held them back rather than simply masking the effects.

Henry's message is informed by experiences that tested his own ability to recover and persevere. His personal challenges have included a cancer diagnosis, open-heart surgery, and an accident in which both of his legs were shattered. Combined with decades of leadership and ministry, those experiences shaped his conviction that resilience must function beyond theory, with



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encouragement, faith, strength, and disciplined action becoming practical necessities rather than abstract concepts.

For readers facing failed plans, unexpected transitions, personal disappointment, or seasons when confidence has been shaken, *Rise* offers a structured way to reconsider what comes next. Henry's approach recognizes the emotional weight of discouragement while emphasizing that meaningful recovery requires more than positive thinking. By connecting self-awareness with faith and execution, the book encourages readers to regain direction and pursue a comeback shaped not merely by survival, but by renewed purpose.

Kelvin B. Henry is a seasoned senior manager whose leadership and coaching experience spans Fortune 25 companies, the United States Air Force, ministry, and nonprofit board governance. He is also a certified coach, trainer, and speaker with the Maxwell Leadership Certified Team. In *Rise*, Henry brings those professional perspectives together with lessons forged through personal adversity, emphasizing purposeful resilience: setbacks may alter the journey, but they do not have to determine its destination.

You can contact the author at their website: <https://www.abundantlyaboveconsulting.com>

The book is available at: <https://a.co/d/0eF0a9hN>

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