

Cama'i CHC Helps Bristol Bay Families Prepare for Back-to-School Vaccinations

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-- As families prepare for a new school year, Cama'i Community Health Center is encouraging parents and caregivers across Naknek and the Bristol Bay region to review their children's vaccination records and make sure [recommended immunizations](#) are up to date. Because vaccine needs can vary by age, health history, previous doses, travel plans, and other risk factors, Cama'i recommends reviewing records with a healthcare provider rather than relying on a general checklist.



Cama'i's new resource, "[What Vaccine Does My Child Need This Year?](#)", walks families through common vaccine milestones from infancy through the teenage years, along with Alaska school and child care requirements, catch-up schedules, vaccine safety, and options for locating missing immunization records. The guide also explains that school requirements and broader health recommendations may not always be identical, making an individual review especially important before classes, sports, travel, or child care begin.

Cama'i CHC can help families:

- Review existing vaccination records
- Identify overdue or missing doses
- Create catch-up schedules when needed
- Discuss vaccine benefits and possible side effects
- Provide documentation for school
- Coordinate immunizations with well-child visits
- Answer insurance and payment questions

Families whose children have fallen behind generally don't need to restart an entire vaccine series. A provider can often continue from the last documented dose and develop a schedule

based on the child's age, prior doses, health needs, and other individual considerations.

Cama'i Community Health Center encourages parents and caregivers to bring any available vaccination records to an appointment, even if they're incomplete. The clinic can help families determine what is needed for the year ahead and create a practical plan for staying on schedule.

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