

Actxa today unveil Spark Band at IFA Berlin 2026, Combining Everyday Health Insights with Non-Invasive Glucose Awareness

BERLIN, GERMANY, September 3, 2026 /EINPresswire.com/ -- The new screenless smart health band combines sleep, recovery, heart health, activity and fitness insights, alongside [Actxa's](#) 1-minute, non-invasive glucose snapshot, with up to 14 days of battery life and no subscription required.

Actxa today announced Spark Band at IFA Berlin 2026, introducing a new screenless smart health band designed to help people understand what their body is telling them throughout everyday life.

Built for continuous day-and-night wear, Spark Band brings together insights across sleep, recovery, heart health, activity, fitness and glucose awareness in one wrist-worn device.

At its centre is AI Glucose Snapshot, powered by Actxa's proprietary BGEM® technology, introducing a 1-minute, non-invasive way for users to build greater awareness of their glucose patterns alongside the health signals they already track.

"Wearables have made sleep, activity and heart health part of everyday health tracking, but one important signal has largely been missing: glucose. With Spark Band, we are bridging the gap by bringing non-invasive glucose awareness together with the signals people are already familiar with to better understand their health, all in one screenless wearable." – Marcus Soo, Chief Executive Officer of Actxa.

One Quiet Minute to Check In



The Actxa Spark Band

Powered by BGEM®, AI Glucose Snapshot offers a 1-minute, non-invasive check-in that provides an estimated glucose range together with an indicative value within that range for general wellness and awareness purposes.

Users can take snapshots around meals and over time to build greater awareness of their glucose patterns and how these may relate to everyday choices.

Rather than focusing on a single reading, Spark Band encourages users to check in, notice patterns over time and build a better understanding of how their body responds.

No needles. No strips. One quiet minute to check in.

A More Connected View of Your Health

Beyond glucose awareness, Spark Band brings together everyday health and fitness insights to give users a broader understanding of how their body is doing.

- **AI Glucose Snapshot:** One-minute, non-invasive glucose check-ins powered by BGEM®. A Quick Snapshot provides an estimate of where glucose stands at that moment, while Meal Snapshots allow users to take snapshots before and after eating to build a clearer picture of how their glucose patterns may respond to food.
- **Smarter Sleep Tracking:** Track sleep stages, sleep score and overnight signals, with personalised insights that users can act on the following day.
- **Recovery Against Your Own Baseline:** A daily recovery reading based on a seven-day average of sleep HRV, viewed against the user's own baseline, alongside a 30-day trend chart and personalised recovery insights.
- **Activity & Fitness:** Track daily movement and Intensity Minutes, alongside cardio fitness progress through workouts, VO2 Max and Fitness Age.
- **Target Heart Rate Zone:** Gentle LED and vibration cues allow users to train smarter within their target heart-rate zone without needing to look at a screen.
- **Screenless Experience:** Continuous health tracking with useful LED and vibration cues, keeping users informed without adding another screen to their day.
- **Up to 14 Days of Battery Life:** Designed for continuous day-and-night wear, with up to 14 days of battery life.
- **No Subscription:** The full Spark Band experience is available with no monthly subscription or ongoing fees.

Insight Over Information

Spark Band is designed to do more than collect health data.

Through the Actxa App, signals across glucose, sleep, recovery, activity and fitness are brought together into simple, personal insights that help users understand what may matter most that day.

Users who want to explore further can still access their detailed metrics, trends and historical data within the app.

The same philosophy extends to the wrist. Instead of another display filled with notifications and numbers, Spark Band uses subtle LED and vibration cues for useful feedback, including Target Zone Training, move alerts and wake-up alarms.

The idea is simple: Less data to decode, more understanding to act on.

Designed to Stay With You

Spark Band is designed for comfortable day-and-night wear, with zinc alloy casing and soft nylon braided strap that fits naturally into your routine.

It will be available in:

Casing: Titanium Silver with Jet Black accents

Strap: Midnight Black

Sizes: S/M and M/L

At approximately 22g, Spark Band is light enough for continuous wear and is IP68-rated for everyday water resistance, including immersion up to 1.5 metres for 30 minutes. It can store up to seven days of data on the band, allowing information to sync with the Actxa App when the user's phone reconnects. A full charge takes up to 90 minutes.

It connects via Bluetooth Low Energy and is compatible with: Android 8.0 or later and iOS 15.6 or later.

Pricing and Availability

Spark Band will be available to pre-order from 24 September 2026, retailing at SGD 199 / USD 149, ahead of its official launch and fulfilment from 18 November 2026.

The product will launch across selected markets in Asia Pacific, Europe, the Middle East and North America.

A limited early-bird offer of 40% off will be available from 24 September to 31 October 2026, followed by 20% off from 1 to 17 November. From the official launch date, customers can continue to enjoy a 10% launch offer for a limited time.

Pre-orders open on 24 September 2026 and close on 17 November 2026, 23:59, with fulfilment beginning from 18 November 2026 and priority given to earlier orders.

About Actxa Pte. Ltd.

Established in 2015, Actxa is a Singapore-based health and wellness technology company creating smart wearables and proprietary technologies that help people better understand their bodies and build greater awareness of their everyday well-being.

Backed by its own team of researchers and development capabilities, Actxa develops proprietary health technologies including BGEM®, its AI-driven technology designed to support non-invasive glucose awareness for general wellness use.

By translating complex signals into clearer, more meaningful insights, Actxa aims to help people build earlier awareness of their personal patterns and make more informed choices for their everyday well-being.

For more information:

Actxa Pte Ltd

Email: comms@actxa.com

Website: www.actxa.com

Product Notes

Battery life may vary depending on usage, operating mode, enabled features and settings.

IP68 rating applies under specific laboratory conditions. Water resistance may diminish over time through normal wear and use.

AI Glucose Snapshot is intended for general wellness and awareness purposes only. It is not intended for diagnosis, treatment, monitoring or management of diabetes or any other medical condition.

Pricing and availability are subject to change.

Hasyimah AJ

Actxa Pte Ltd

comms@actxa.com

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