

Just Mind Counseling Named Best Counseling/Mental Health Center in Austin

Locally owned practice recognized in the 2026 Best of ATX Awards

AUSTIN, TX, UNITED STATES, September 3, 2026 /EINPresswire.com/ -- [Just Mind Counseling](#) has been named Best Counseling/Mental Health Center in the [2026 Best of ATX Awards](#), presented jointly for the first time by the Austin American-Statesman and Austin Monthly. The community-voted award recognizes the Austin businesses and organizations that residents value most.



About Just Mind Counseling

Founded in 2007 by husband-and-wife team Teri Schroeder, LCSW, and William Schroeder, LPC, Just Mind Counseling has grown to include more than 50 licensed clinicians. The locally owned practice provides in-person care at offices in North Austin/Spicewood Springs and South Austin/Westlake and via telehealth throughout Texas, helping adults, teens, children, couples and families access compassionate, evidence-based mental health support.

"When we founded Just Mind, our goal was to create a stigma-free environment where people throughout Austin could find a therapist they trust and feel comfortable asking for help. Receiving this recognition from our community is incredibly meaningful because it reflects the relationships our team has built through nearly two decades of caring for Austin."

— Teri Schroeder, co-owner of Just Mind Counseling

Just Mind's clinicians bring diverse backgrounds, perspectives and areas of expertise to their work. The practice offers support for concerns including trauma, anxiety, depression, ADHD and neurodivergence, grief and loss, relationships and family challenges. Its therapists draw from evidence-based approaches such as [EMDR therapy](#), CBT, DBT, Somatic Experiencing, IFS, EFT and the Gottman Method.

"This honor belongs to our entire team. Our clinicians bring tremendous skill and dedication to

their clients, and our administrative team makes that care possible by welcoming people, matching clients with the right therapist and supporting the practice every day. Teri and I are deeply grateful to them and to everyone who voted for us."

— William Schroeder, co-owner of Just Mind Counseling

Beyond the therapy room, Just Mind supports Austin through educational programs, nonprofit initiatives, arts organizations and advocacy focused on healthcare and mental well-being.

To learn more about Just Mind Counseling or request an appointment, visit justmind.org.

William Andrew Schroeder

Just Mind Counseling

+1 512-524-7172

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