

Advanced Hyperbaric Recovery Inc. Discusses HBOT Access for Veterans

Advanced Hyperbaric Recovery Inc. highlights HBOT access for veterans with TBI & PTSD, emerging research, advocacy, & efforts to expand veteran access to care.

SAN RAFAEL, CA, UNITED STATES, September 3, 2026 /EINPresswire.com/ -- Advanced Hyperbaric Recovery Inc. is highlighting the growing discussion surrounding access to hyperbaric oxygen therapy (HBOT) for veterans with traumatic brain injury (TBI) and post-traumatic stress disorder (PTSD), following continued research and advocacy focused on the potential role of HBOT in veterans with brain-related injuries. The issue has received attention from veteran advocates, researchers, physicians, and veteran service organizations seeking to expand awareness of HBOT and the current evidence surrounding its use for veterans.

Research Continues to Examine HBOT and Veterans With Brain Injuries

Hyperbaric oxygen therapy involves breathing 100% oxygen under pressure inside a hyperbaric chamber. The treatment is already FDA-approved for 14 medical indications, including carbon monoxide poisoning, certain serious infections, wound healing, burns, and post-radiation injuries or effects.



hyperbaric oxygen -therapy



hyperbaric oxygen therapy facility in San Rafael, California

PTSD and TBI, however, are not currently FDA-approved indications for HBOT.

The research and advocacy surrounding veterans focuses in part on whether HBOT may influence biological processes associated with brain injury and treatment-resistant PTSD. Why the discussion? Because HBOT is approved for and works to heal wounds, and many patients see their traumatic brain injury as a brain wound.

A 2023 review published in *Frontiers in Neuroscience* examined proposed mechanisms through which HBOT may support brain repair and reviewed clinical research involving veterans with treatment-resistant PTSD. The review cited 10 clinical trials, including six controlled trials, and reported positive effects on PTSD symptoms across the studies included in its analysis.

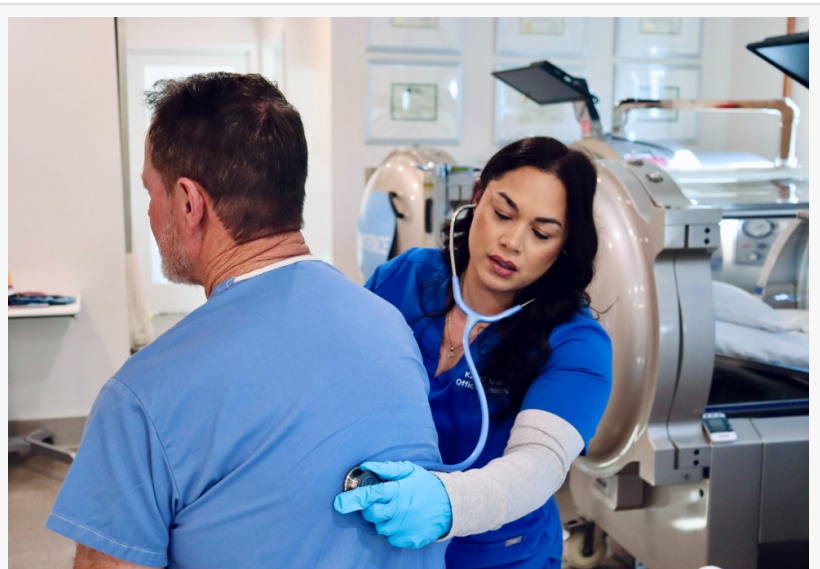
The findings have contributed to continued discussion about the potential role of HBOT in veterans' healthcare, while also highlighting the need to distinguish emerging research from established regulatory indications.

Why Brain Injury Has Become a Focus of HBOT Research

Veterans can experience brain injuries from a range of military-related events, including blast exposure, artillery and rocket back-blasts, improvised explosive devices, accidents, and other traumatic events.

The source material describes these injuries as potentially involving a combination of physiological, behavioral, psychological, and other effects that may affect quality of life.

Researchers and advocates examining HBOT for these populations are particularly interested in the biological effects of increased oxygen availability under pressure and the potential



HBOT as an FDA-approved treatment for -PTSD



medical-grade hyperbaric oxygen -therapy

relationship between those effects and brain function.

The proposed mechanisms being investigated include changes associated with neuroplasticity and brain repair. These areas remain subjects of ongoing research rather than established conclusions for every veteran with PTSD or TBI.

VA Position Reflects the Current Regulatory Status

The Department of Veterans Affairs has also addressed questions surrounding HBOT access for veterans with PTSD and TBI.

According to the source material, a VA spokesperson stated that the FDA has neither approved nor cleared HBOT for the treatment of TBI or PTSD. The VA continues to review emerging research and incorporate new findings into clinical practice guidelines.

This distinction is important for patients and healthcare providers evaluating HBOT. Research findings, clinical experience, FDA-approved indications, and treatment recommendations are not interchangeable.

Legislative Efforts Seek Greater Veteran Access

Access to HBOT for veterans has also become part of a broader legislative discussion.

The source material reports that the Veterans National Traumatic Brain Injury Treatment Act, H.R. 1336, passed the House of Representatives' Veterans Affairs Committee in May 2025. The proposed legislation would require the VA to conduct a five-year pilot program providing veterans with TBI or PTSD access to HBOT if enacted.

The legislation has been supported by physicians and veteran advocates who believe additional evaluation and access are warranted based on emerging research and experiences reported by veterans.

A companion Senate bill has also been identified in the source material.

The legislative effort reflects an ongoing debate about how emerging HBOT research should be evaluated and whether veterans should have broader access to the therapy while additional evidence is developed.

State Programs Have Expanded Access

The source material also describes efforts at the state level to provide veterans with access to HBOT.

Kentucky is cited as one example, with \$1.5 million in state funding reported for veterans with PTSD through 2028. The material also states that 14 states have enacted HBOT-related legislation and that seven of those states have assembled more than \$33 million in funding.

These programs demonstrate the range of approaches being considered outside the federal VA system.

Advocates argue that broader access remains an important issue because the cost of HBOT can create a barrier for veterans seeking treatment. The source material estimates treatment costs at approximately \$230 to \$450 per hour and notes that a typical course may involve 60 to 100 hours in a hyperbaric chamber.

Advanced Hyperbaric Recovery Inc. Provides HBOT Access

Advanced Hyperbaric Recovery Inc. provides [medical-grade hyperbaric oxygen therapy](#) at its outpatient facility in San Rafael, California.

The facility uses hard-shell hyperbaric chambers and 100% medical-grade oxygen. Its hyperbaric program includes physician oversight and Certified Hyperbaric Technicians who are trained to operate and monitor hyperbaric treatments.

The center's staff includes medical professionals and hyperbaric specialists with education and training in emergency medicine and hyperbaric medicine.

For veterans considering HBOT, the facility's role is to provide access to hyperbaric treatment within a medically supervised setting while recognizing the distinction between established FDA-approved indications and conditions that remain under clinical investigation.

Continued Research Is Important for Veterans

The growing interest in HBOT among veterans reflects a larger need to understand how brain injuries affect long-term health and which treatment approaches may benefit individual patients.

Current research provides areas for further investigation, but it does not establish [HBOT as an FDA-approved treatment for PTSD](#) or TBI. Controlled clinical research and continued evaluation are necessary to clarify its potential benefits, identify appropriate patient populations, and determine how HBOT may fit within broader treatment strategies.

Advanced Hyperbaric Recovery Inc. is highlighting this research as part of its effort to provide veterans and their families with information about HBOT access and the continuing scientific discussion surrounding its potential use for brain-related conditions.

About Advanced Hyperbaric Recovery Inc.

Advanced Hyperbaric Recovery Inc. is an award-winning outpatient [hyperbaric oxygen therapy facility in San Rafael, California](#), providing medical-grade HBOT under physician oversight. The facility uses hard-shell hyperbaric chambers and 100% medical-grade oxygen and employs trained hyperbaric professionals to oversee patient treatments. Its program emphasizes proven clinical protocols, patient monitoring, equipment safety, and ongoing education in hyperbaric medicine.

Case Study:

<https://www.gavinpublishers.com/article/view/hyperbaric-oxygen-therapy-for-military-post-traumatic-stress-disorder-in-elderly-veterans-case-studies-literature-review-and-discussion-https://pmc.ncbi.nlm.nih.gov/articles/PMC10630921/>

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