

Paramus Dental Arts Responds to New Jersey's Widening Gap in Adult Dental Care Access

Bergen County practice points to state health data showing uneven dental visit rates and rising deferred treatment as gum disease and tooth loss concerns grow

PARAMUS, NJ, UNITED STATES, September 3, 2026 /EINPresswire.com/ -- Paramus Dental Arts, a family, cosmetic, and implant dentistry practice in Bergen County, is drawing attention to a growing divide in oral health care across New Jersey, where state data shows sharp county-by-county differences in how often adults see a dentist.



Dr. Olga Degtyareva of Paramus Dental Arts is urging New Jersey adults to seek preventive dental care before symptoms appear.

According to the New Jersey Department of Health, the share of adults reporting a dental visit in the past year ranges from roughly 59 percent in some counties to over 76 percent in others. The disparity was significant enough that the Department sponsored the state's first-ever Oral Health Conference, themed "Advancing Well-Being Through Oral Health," to address access gaps and the connection between oral disease and overall health.

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Dr. Olga Degtyareva, Paramus Dental Arts

Public health agencies have repeatedly linked untreated oral disease to systemic conditions including diabetes and heart disease. Nationally, roughly one in four adults over 65 has lost all of their natural teeth, and untreated cavities remain the most common chronic disease among both children and adults. HPV-related oropharyngeal cancers are also on the rise, making routine oral cancer screenings during dental exams increasingly important.

Paramus Dental Arts has identified three areas the practice believes deserve the most attention from North Jersey residents in the year ahead:

Deferred care driven by cost and anxiety. Many adults postpone treatment until pain forces a visit, at which point conservative options are often no longer available. The practice offers [sedation dentistry](#) and financing guidance specifically to lower those barriers, and encourages residents to schedule a preventive exam before symptoms appear.

Untreated gum disease. Periodontal disease remains one of the most underdiagnosed conditions in adult patients and a leading cause of tooth loss. Paramus Dental Arts provides minimally invasive [laser periodontal treatment](#), including LANAP therapy for gum disease and LAPIP treatment for failing [dental implants](#), allowing many patients to avoid traditional gum surgery.

Tooth loss among older adults. With a quarter of seniors nationally having lost all their teeth, the practice notes growing demand for dental implants and same-day full-arch restoration, which can replace a full row of teeth in a single visit and restore normal eating and speech.

"Oral health is not separate from overall health, and the data makes clear that too many New Jersey adults are waiting until something hurts," said Dr. Olga Degtyareva of Paramus Dental Arts. "The goal in Bergen County should be catching gum disease, decay, and oral cancer early, when treatment is simpler, less invasive, and far more affordable." [QUOTE MUST BE APPROVED OR REVISED BY DR. DEGTYAREVA BEFORE SUBMISSION]

The practice serves patients of all ages from its office at 27 Madison Ave, Suite 110, in Paramus, and offers comprehensive exams, periodontics, cosmetic dentistry, dental implants, TMJ treatment, and sleep apnea therapy. More information on services and scheduling is available at <https://www.paramusdentalarts.com/>.

About Paramus Dental Arts

Paramus Dental Arts is a comprehensive dental practice located in Paramus, New Jersey, led by Dr. Olga Degtyareva and Dr. Margarita Degtyareva. The practice provides general, cosmetic, periodontal, and implant dentistry for families across Bergen County and North Jersey, with a focus on individualized treatment planning and patient comfort, including sedation options for anxious patients.

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