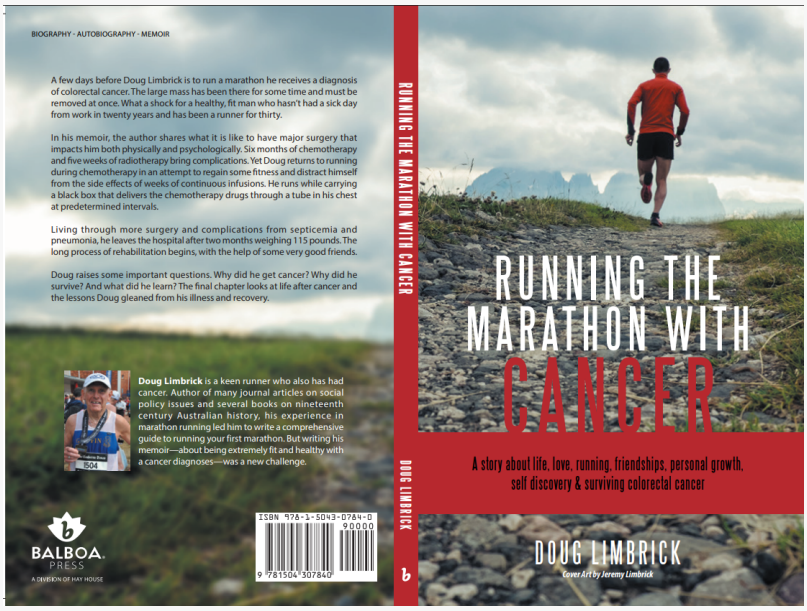
Doug Limbrick’s Memoir Running the Marathon with Cancer Reaches Readers Through Ninex Reading Book Club

Australian author Doug Limbrick’s cancer memoir explores resilience, recovery, self-discovery and the questions that followed his diagnosis.



Running the Marathon with Cancer

CANBERRA, AUSTRALIAN CAPITAL TERRITORY, AUSTRALIA, September 7, 2026 /EINPresswire.com/ -- Doug Limbrick’s memoir, Running the Marathon with Cancer, is receiving renewed attention from readers following its feature through Ninex Reading Book Club. The memoir offers a deeply personal account of cancer, treatment, recovery and the search for meaning that followed one of the most challenging periods of Limbrick’s life.

Rather than presenting cancer recovery as a simple journey from diagnosis to recovery, Running the Marathon with Cancer explores the questions that remained after treatment: why cancer happened, why Limbrick survived, and what he could learn from the experience.

> “I feel rather humble reading the comments about me and my book.”
>
> *Doug Limbrick*

The memoir follows Limbrick through major surgery, chemotherapy, radiotherapy and a prolonged period of illness. Running, which had already been an important part of his life, becomes part of the wider story of perseverance and recovery.

The book also examines the importance of friendship, family, personal reflection and the emotional impact of confronting serious illness. Limbrick's experience demonstrates that recovery is not only about physical healing, but also about understanding how a life-changing

experience can reshape a person's perspective.

Ninex Reading Book Club recently featured Running the Marathon with Cancer through a dedicated reader spotlight and accompanying book trailer. The feature has encouraged readers to share their thoughts about the memoir and its themes, creating an opportunity for further discussion around resilience, hope, survival and life after cancer.

The response has also highlighted the emotional nature of Limbrick's memoir. For the author, writing about his experience involved revisiting memories connected with diagnosis, surgery, treatment and recovery.

The book's central message extends beyond cancer itself. Limbrick's story considers how adversity can lead to self-discovery and how experiences that initially seem overwhelming can eventually influence the way a person understands life.



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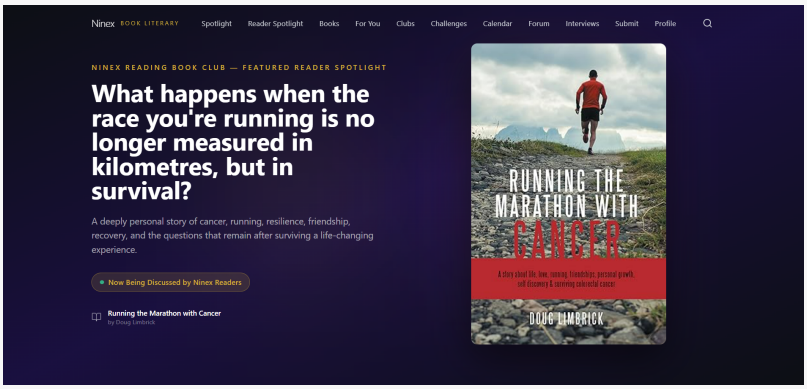

Ninex Reading Book Club — Featured Reader Spotlight

The Ninex Reading Book Club feature also presents Limbrick's work to a wider community of readers interested in memoir, inspirational nonfiction, personal journeys and stories of resilience.

“I feel rather humble reading the comments about me and my book,” Limbrick said in response to reader feedback following the Ninex feature.

Running the Marathon with Cancer is available to readers through major book retailers and online platforms.

About Doug Limbrick

Doug Limbrick is an Australian author whose writing spans multiple books and includes his

memoir Running the Marathon with Cancer. Through his memoir, Limbrick shares a personal account of confronting cancer and the physical and emotional journey that followed.

About Ninex Reading Book Club

Ninex Reading Book Club is a reader-focused platform dedicated to connecting authors and books with readers through literary features, reader spotlights, book discussions and promotional content.

For more information about Doug Limbrick and his books, visit his official website at www.douglimbrick.com

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