

Dveen Agazaryan and UFit Inc. Announce Continued Expansion of Inclusive Fitness Programs Across Los Angeles County

UFit Inc. has grown to four locations and 250+ participants, expanding individualized fitness and support for people with special needs.

LOS ANGELES COUNTY, CA, UNITED STATES, September 4, 2026 /EINPresswire.com/ -- UFit Inc., an inclusive fitness and community-based organization founded by Dveen Agazaryan, today announced the continued expansion of its programs across Los Angeles County as the company works toward a broader goal of making individualized fitness and supportive community environments more accessible to individuals with special needs and their families.

In approximately three years, UFit Inc. has expanded to four locations and now serves more than 250 participants. The organization was created around a model that focuses on individualized workouts, personal guidance, social interaction and an environment specifically designed to meet participants at their individual ability and comfort levels.

Founder and CEO Dveen Agazaryan said the company's growth reflects a larger mission that extends beyond traditional ideas of exercise or gym membership.



“UFit was built from a genuine passion for working with individuals with special needs and a belief that fitness should be accessible, individualized and meaningful for everyone,” said Agazaryan. “Our goal has always been to create an environment where individuals feel supported, capable and included, while also creating a community where families know they are understood.”

Rather than adapting a conventional fitness program after the fact, UFit Inc. has developed its environment and approach around the individuals it serves. Participants receive individualized attention based on their abilities, needs, goals and comfort levels.

Programs incorporate structured fitness, movement, sports and social interaction with the goal of supporting development in areas including strength, coordination, balance, endurance, confidence, communication and independence.

For Agazaryan, that individualized approach is central to UFit Inc.’s identity.

The organization began with in-home individualized training before growing into physical locations serving communities throughout Los Angeles County. As participation increased, the company placed additional emphasis on maintaining the personal relationships and individualized attention that defined its original model.

“Growth only matters if we can protect the quality of the experience that made UFit meaningful in the first place,” Agazaryan said. “As we expand, our priority is making sure that every participant and every family continues to receive the attention, support and sense of community they expect from us.”

Building Around the Individual

UFit Inc.’s approach is based on the idea that individuals should not have to fit themselves into a standardized fitness environment.

Instead, programs are designed around each participant.

For some individuals, progress may involve developing physical strength, balance or coordination. For others, it may mean becoming more comfortable in a social environment, building confidence, developing greater independence or achieving a personal milestone that once felt difficult.

That distinction has helped shape the company’s broader philosophy toward fitness.

UFit Inc. views physical activity as one part of a larger system of support that can also encourage confidence, relationships and a sense of belonging.

The company says that its measure of progress is therefore not limited to traditional fitness metrics.

Success may include watching a participant complete a movement they previously struggled with, become more confident interacting with others or develop greater independence over time.

It can also mean providing parents and families with an environment where they feel connected to others who understand their experiences.

Expanding Without Losing the Mission

As UFit Inc. has expanded, one of its primary challenges has been maintaining consistency across multiple locations.

Working with individuals with special needs requires coaches and team members to bring more than technical fitness knowledge to the role. According to the company, patience, compassion, consistency, adaptability and an understanding of each participant are equally important.

Agazaryan said UFit has responded by becoming increasingly intentional about its team, internal systems and organizational culture.

"You cannot build something meaningful alone," Agazaryan said. "The people who believe in the mission and show up every day are ultimately what allow that mission to reach more individuals and more families."

UFit Inc. has also strengthened its connection to the communities it serves through outreach and local relationships.

The organization has participated in community events and developed relationships that include involvement with the Glendale Police Department and Glendale Unified School District. UFit has also previously received coverage from FOX 11 Los Angeles, Armenian Weekly and Armenian Sports News as awareness of its approach has grown.

The company says those relationships support a broader objective: increasing awareness that specialized and inclusive fitness environments are available to families seeking them.

A Broader Vision for Inclusive Fitness in California

The next stage for Dveen Agazaryan and UFit Inc. is focused on expanding the model beyond its current footprint.

Over the next three to five years, UFit aims to expand throughout California and ultimately serve

thousands of individuals and families.

The company's objective is not simply to increase the number of locations under the UFit name. Agazaryan said expansion must remain connected to the standards of care, individualized attention and community that have guided the organization from its earliest days.

The long-term vision is for UFit Inc. to become a recognized name at the intersection of fitness and the special needs community, providing families with places they can turn to for individualized fitness, guidance, social connection and support throughout different stages of their child's journey.

"Opening more locations is not the end goal by itself," Agazaryan said. "The goal is to bring the UFit environment to communities where families may not currently have access to something like it. If we can reach thousands more people while maintaining the heart and quality behind what we do, that is what meaningful growth looks like to us."

For UFit Inc., that mission is rooted in a broader belief about what fitness environments can represent.

A gym can be a place to develop strength and endurance. But the company believes an intentionally designed fitness community can also become a place where participants develop confidence, friendships and independence while families gain a stronger support network.

As UFit Inc. continues its expansion across Los Angeles County and looks toward additional California communities, Agazaryan says the organization intends to remain focused on the principle that originally inspired its creation: every individual deserves the opportunity to grow in an environment built to understand and support them.

About UFit Inc.

UFit Inc. is an inclusive fitness and community-based organization specializing in individualized fitness programs for individuals with special needs. Founded by Dveen Agazaryan, UFit provides structured fitness, movement, sports and social interaction tailored to each participant's abilities, goals, needs and comfort level.

UFit currently operates four locations throughout Los Angeles County and serves more than 250 participants. The organization's long-term mission is to expand throughout California while creating environments where individuals feel accepted and capable, parents feel supported and families become part of a broader community.

For more information, visit <http://www.ufitgyms.com> or follow @ufit.workouts on Instagram.

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