

Fort Worth Author David Watson Debuts True Redemption Memoir 'Forward Only'

After federal prison, the Bahamas, and a brush with a cartel, David Watson tells the raw true story of his fall and comeback in 'Forward Only,' out Oct. 1.

FORT WORTH, TX, UNITED STATES, September 4, 2026 /EINPresswire.com/ -- Most people know how [David Watson](#)'s story ends: federal prison, the Bahamas, Mexico, and a cartel that nearly killed him. In his new memoir, [Forward Only](#), the Fort Worth author finally tells how it began — and how a man who spent decades running from his own life found his way back.

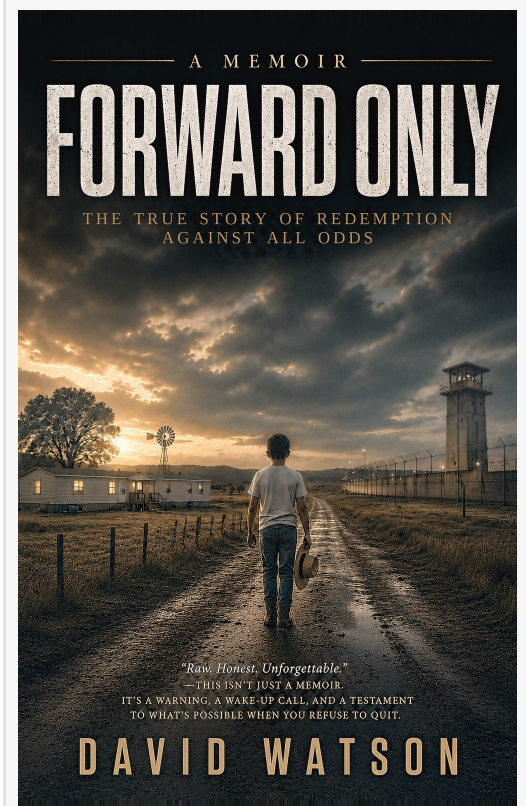
Forward Only (Forward Only Publishing) releases October 1, 2026 in both English and Spanish editions ([Solo Hacia Adelante](#)), and is available now for pre-order through Amazon, Barnes & Noble, and local bookstores.

Set in small-town North Texas, the book traces Watson's journey from a boy raised by his grandparents outside Van Alstyne to a young man who, at fifteen, learned to tell himself a lie that would rule the next thirty years of his life. What follows is an unflinching account of theft, cons, and flight — a run that circled the globe, landed him in a foreign prison and a federal one, and cost him years he can never get back. It is also, ultimately, a story of redemption: of the treatment programs, hard lessons, and the single mentor who helped him finally face the man he'd become and write, on paper, a plan to become someone else.

"This is the most honest thing I've ever done," said Watson. "I wanted anyone who's made a wreck of their life to know the past doesn't have to be the end of the story."

Watson was released on July 9, 2025. Today he earns his living with his hands restoring cars, devotes his time to making up for the years he lost with his family, and leads a second-chances mission through The Redemption Foundation, which he founded.

Momentum around the launch is already building. FOX 4 Dallas is featuring Watson in its "Here & Now" segment ahead of the release, and he will sign copies at Barnes & Noble Fort Worth on



Forward Only by David Watson — available October 1, 2026.



This is the most honest thing I've ever done. I wanted anyone who's made a wreck of their life to know the past doesn't have to be the end of the story"

David Watson

Friday, October 3, 2026 (4801 Overton Ridge Blvd, Ste 100). The screenplay adaptation, written by Watson and registered with the Writers Guild of America, is in active talks with producers as an independent feature to be filmed in Texas.

About David Watson

David Watson is an author, screenwriter, actor, and speaker based in Fort Worth, Texas. Forward Only is his first book. He is the founder of The Redemption

Foundation and is active in his community, where he organizes backpack and school-supply giveaways for children. Learn more at www.iamdavidwatson.com.

Media Contact

David Watson · info@iamdavidwatson.com · www.iamdavidwatson.com

David Watson

Forward Only Publishing

+1 682-493-8962

info@iamdavidwatson.com

Visit us on social media:

[LinkedIn](#)

[Instagram](#)

[Facebook](#)

[YouTube](#)

[TikTok](#)

[X](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/939487757>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2026 Newsmatics Inc. All Right Reserved.