

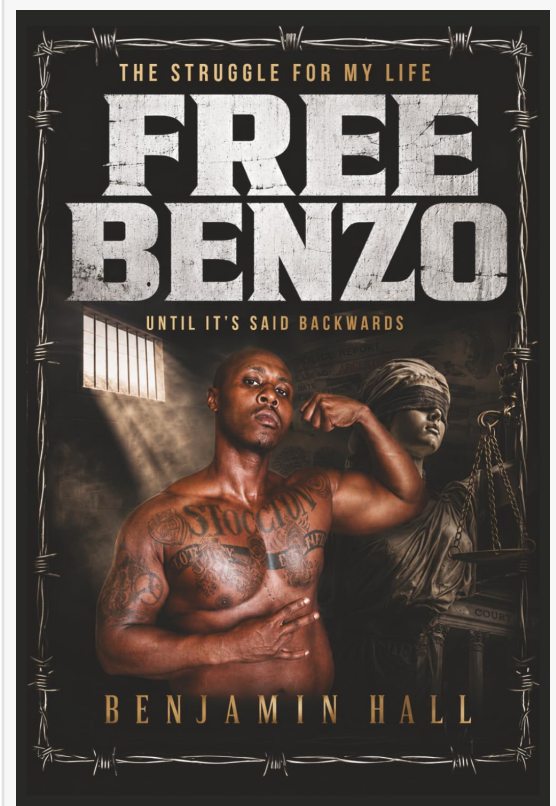
Free Benzo Reveals the Human Cost of Street Life, Prison and the Search for Freedom

Benjamin Hall confronts incarceration and street survival with an unfiltered memoir about consequences, rehabilitation and reclaiming life through writing.

NEW YORK CITY, NY, UNITED STATES, September 3, 2026 /EINPresswire.com/ -- Benjamin Hall confronts the realities of incarceration, street life and survival in *Free Benzo*: Core Message: He hustled to survive but wrote to be free., a memoir shaped by experiences that began with incarceration at age 11 and later included more than 15 years behind bars for bank robbery. Hall recounts navigating maximum-security prison environments and life after release, while examining how choices made for survival can carry lasting consequences for the mind, body, relationships and future.

Inside California's prison system, Hall encountered an environment governed by its own pressures, dangers and expectations. *Free Benzo*: Core Message: He hustled to survive but wrote to be free. explores prison yard politics, searches, transfers, contraband activity and the constant possibility that one decision could extend a sentence or create new consequences. After his release, the challenges did not simply disappear. His experiences across Stockton, Reno and Las Vegas included drug activity, encounters with police, car crashes and unstable relationships, revealing how patterns formed around survival can continue beyond prison walls.

Hall wrote the memoir because he wanted readers to encounter what he describes as the raw truth about prison and street life, particularly the damage that can accumulate beneath images of toughness, money or status. His purpose is not to glamorize the lifestyle he experienced, but to show what can accompany it. Writing also became significant on a personal level. In an environment where conventional opportunities for education were limited, finding his own voice offered Hall another way to understand his experiences and begin redefining what freedom could mean.



Free Benzo: Core Message: He hustled to survive but wrote to be free. by Benjamin Hall

Free Benzo: Core Message: He hustled to survive but wrote to be free. speaks to readers living within street culture, as well as those considering a path they may perceive as exciting or glamorous. Hall presents the consequences he believes people should understand before making those choices. The memoir may also interest readers concerned with mass incarceration, rehabilitation and the challenges people face after lengthy periods in custody. Through its focus on consequences and survival, the book asks readers to consider freedom as something extending beyond simply leaving a prison facility.

Benjamin Hall brings firsthand experience to a memoir that examines both incarceration and the difficult transition back into life outside prison. His story follows a path through confinement, street activity and personal reckoning while emphasizing the physical and psychological costs associated with that world. In *Free Benzo: Core Message: He hustled to survive but wrote to be free.*, Hall uses writing to turn lived experience into a warning, reflection and account of change, presenting his journey as evidence that surviving the game and becoming free from it can be two very different battles.

The book is now available—secure your copy here: <https://a.co/d/06uGZODt>

For review copies, interview requests, or additional information, please contact:

Benjamin Hall
authorbenzo@gmail.com
BrightKey PR

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