

Movement Is Life Brings 2026 Health Summit to Detroit

National leaders, healthcare professionals and community voices will convene Sept. 24–25 to advance health, mobility and equitable solutions.

DETROIT, MI, UNITED STATES, September 4, 2026 /EINPresswire.com/ -- [Movement Is Life](#), a national nonprofit committed to addressing health disparities through movement, education, community-based programming and advocacy, will host its 2026 Health Summit September 24–25 at the Fort Pontchartrain Detroit.

Under the theme “Strength in Motion: Reimagining Health Through Community, Policy, and Partnership,” the two-day Summit will bring together healthcare professionals, researchers, policymakers, advocates, community leaders and people with lived experience to explore practical approaches to improving health and mobility.

The Summit is designed to connect clinical expertise with community knowledge while creating space for meaningful conversations about women’s health, health disparities and the social and structural factors affecting health outcomes. “Bringing the Movement Is Life Health Summit to Detroit is especially meaningful as we unite national expertise with the strength, innovation and lived experience already present in this community,” said Danielle Hilliker, president and CEO of Movement Is Life. “Sustainable change requires healthcare professionals, policymakers and communities to work together. This Summit creates a space where those perspectives are not only represented, but valued as essential to building solutions that improve health and mobility.”



movement is life
start moving, start living

3 Weeks TO GO!

UNTIL THE 2026 HEALTH SUMMIT

Don't miss Detroit's premier convening advancing equitable change in health through community, policy, and partnership.

SEPTEMBER 24-25, 2026 | DETROIT MICHIGAN

STRENGTH IN MOTION:
Reimagining Health Through Community, Policy, and Partnership

2 DAYS OF IMPACTFUL SESSIONS | **DYNAMIC SPEAKERS & EXPERTS** | **POWERFUL CONNECTIONS & PARTNERSHIPS** | **EARN UP TO 10 CE CREDITS!**

YOUR VOICE. YOUR COMMUNITY. OUR MOVEMENT.

REGISTER TODAY!
<https://reg.eventmobi.com/MIL2026>

Health Summit 2026

[@movementislife](#) | movementislife.org | [#MILHealthSummit2026](#)

Featured speakers include Olympic medalist Kimberly Glass; Renée Roberts, MD, of RMR Ventures, LLC; and Dr. Standifer-Barrett, a board-certified internist and Menopause Society Certified Practitioner. The Summit will offer keynote presentations, interactive workshops, panel discussions and opportunities to build connections across the healthcare, nonprofit, philanthropic and community sectors.

Additional experiences will include the PowHer Pitch Competition, where women innovators will present community-rooted solutions addressing health inequities, and National Poster Presentations featuring research, programs and initiatives from across the country. Attendees will also learn about community-based programs such as Operation Change, Movement Is Life's signature 12-week program designed to help women improve their mobility and overall well-being. Continuing education opportunities will be available for eligible physicians, nurses and physician assistants participating in approved Summit sessions. Final credit totals and eligibility requirements will be provided through the Summit registration platform.



The poster for the 2026 Movement Is Life Health Summit features a large '3 WEEKS TO GO!' graphic. It highlights three keynote speakers: Kimberly Glass (Olympic Medalist), Renée Roberts, MD (RMR Ventures, LLC), and Dr. Standifer-Barrett (Board-Certified Internist, Menopause Society Certified Practitioner). The event is scheduled for Wednesday, September 23, 2026, from 6:30 to 8:00 PM at the Top of the Ponch (Pontchartrain) in Detroit, MI, hosted by the MIL Board of Directors. A VIP Reception is also mentioned, along with the opportunity to earn up to 10 CE credits. A circular badge in the top right corner says 'DON'T MISS THESE DYNAMIC LEADERS!'.

Speakers 2026

The Summit experience will begin Wednesday, September 23, with a VIP Reception hosted by the Movement Is Life Board of Directors from 6:30 to 8 p.m. at the Top of the Ponch inside the Fort Pontchartrain Detroit. The reception will provide an additional opportunity for speakers, sponsors, partners and attendees to connect before the formal Summit begins.

[Registration for the 2026 Movement Is Life Health Summit](https://reg.eventmobi.com/MIL2026) is open at <https://reg.eventmobi.com/MIL2026>. Additional information about [featured speakers](#), [programming and the Summit agenda](#) is also available through the registration website.

About Movement Is Life

Movement Is Life is a national nonprofit organization that empowers underserved women and girls to improve joint health and mobility through community-based programs, education and advocacy. Through partnerships with healthcare professionals, community organizations, researchers and policymakers, Movement Is Life works to address health disparities and ensure that people have the knowledge, resources and support needed to move—and live—more fully.

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